

The Voice of Kibabii

THE PINTER Magazine

Vol 2

www.kibabiiUniversity.ac.ke

Ksh 200/=

2014-2015 Edition



Academics
Technology Education
Science

Leadership

Student Council-KIBUCOSO

Social Life

Relationship FAQs
Fun

Health Issues

Common STI's

Crazy Thoughts

Drugs & Substance Abuse

#10 to 10 Rule!!!



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Healthy



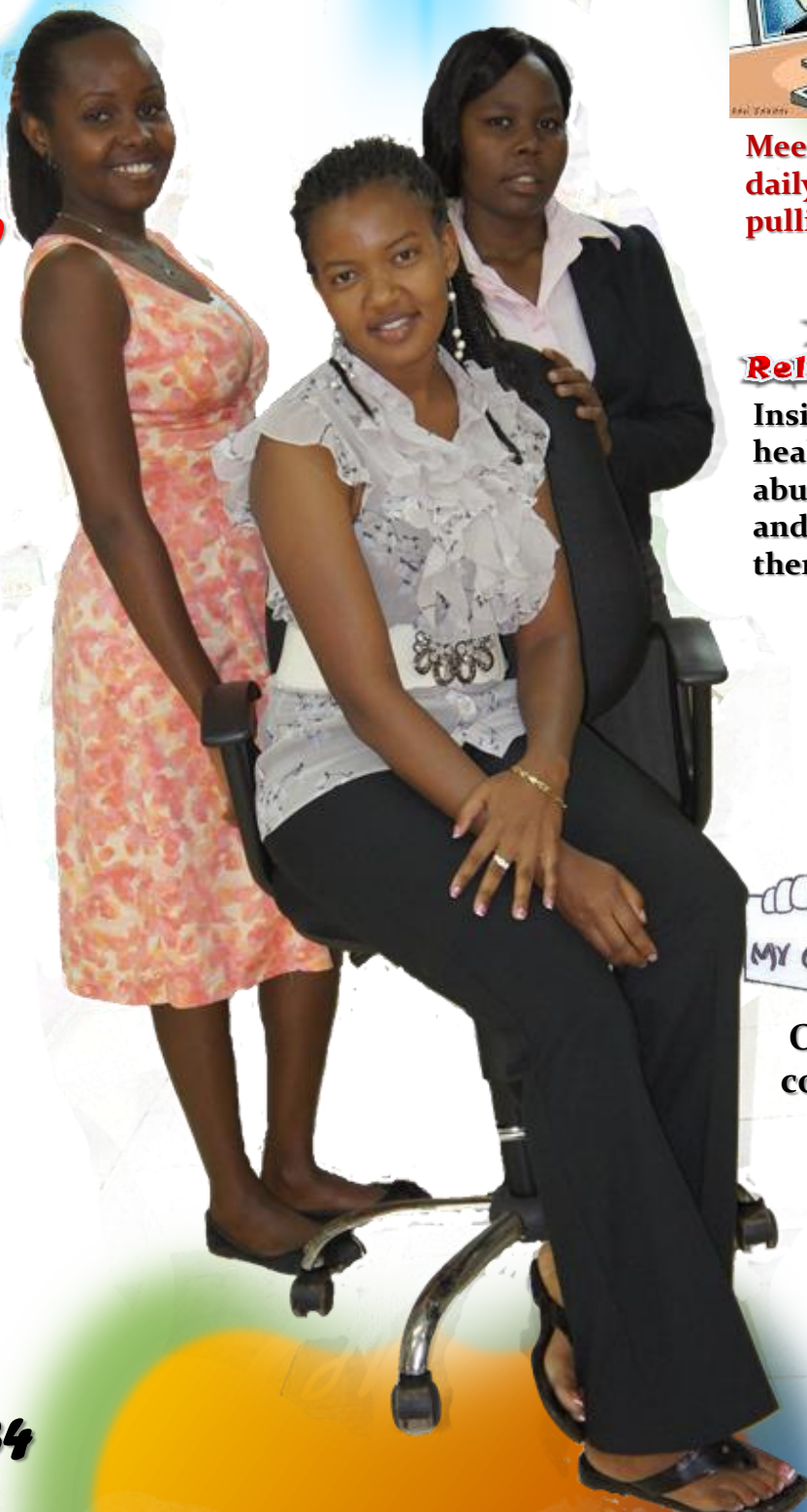
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seems to be a thing
many enjoy in
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Editor's Note

The Pointer~2014-2015



It is indeed a singular honor to bring to the notice of our readers this entertaining yet thought-provoking second issue of THE POINTER. It carries in it the unprecedented capacity to address challenging issues with freshness and rigor, and interacting with minds represented herein will surely be a plus! It will be a fleeting, adventurous journey across the vast

land of reality whose destiny will be a mere introduction to an ideal society, giving you a devastatingly broader horizon and greater insights that make heroes and heroines out of a population. It will essentially imbue you with the courage of facing challenges not with the fear that weakens your strongest ambitions but with the courage that strengthens your weakest aspirations. Welcome all!

The production of this treatise was not exactly a bed of roses; it actually took the sacrifice of obliging persons and willing groups, institutions and companies who defied all odds in the name of exigencies associated with the painstaking publication process. I earnestly wish to appreciate the administration for unconditionally giving us the green light to produce and willingly offering financial aid, our esteemed sponsors who readily made up a significant difference. I will be quite inconsiderate not to mention my team of editors who gamely networked to concretize our abstract ideas into a 60-page tangible magazine as this, and fundamentally, the minds and souls that saw it wise to scratch their itchy fingers with a pen on paper to give the publication a remarkable sense of freshness. I also want to specially laud Nyawara Calvin, Secretary General KIBUCOSO. His time, commitment and dedication to see us through was especially compelling and this tempts me to say 'THANK YOU'.

The POINTER is a state-of-the-art issue that casts considerable light on issues ranging from the salient and attention-deserving departmental reports to the seemingly subtle but highly invaluable topics touching on social spheres. It is a magazine loaded with symbolic significance of excellence embodied in Kibabii University College. It is a magic bullet that addresses an array of topics and churning ideas that seek the attention of concerned audience as you! Dear readers, we welcome your comments, suggestions that will go a long way in helping us come up with more breath-taking publications in the near future. Kindly get in touch with us through:
editorialboard@student.kibabiiUniversity.ac.ke

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The Voice of Kibabii



The Pointer Magazine is a publication of KIBUCO students organisation.



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Scaling the heights of Technology



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Leader
in Me

Leadership

If you're walking down the right path and you're willing to keep walking, eventually you'll make progress.

Barack Obama

"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek."

Barack Obama



Leaders become great, not because of their power, but because of their ability to empower others.

~John Maxwell

LEADERSHIP

IS THE CHALLENGE

to be something more than average.



KIBABII UNIVERSITY BOSS SPEAKS.

With an array of activities awaiting his absolute attention, Professor Ipara Isaac gives us a fleeting visit to his amazing and partly shocking experiences that characterize his typical day in and out of office, bringing to surface imperceptible yet exciting details that can hardly escape a sane man's attention...

A number of people get amused, even surprised when they see me "hustling" as it were. According to them, with a Doctor of Philosophy tucked under my armpit, accompanied by the title professor, and lately that of principal as icing, then I have "arrived".

The picture of reclining on a chair instead of "struggling" would be more acceptable to them. That is far from the truth. My typical day starts at 6:45 in the morning. After freshening up and a cup of sugarless black tea to wash down breakfast, usually made of boiled mixture of cauliflower, capsicum, broccoli, tomato and carrots, I set off for the office where I start work at 8:15 morning. After a brief update on the nature of the day from the Secretary, I embark on clearing pending files followed by attention to urgent issues. Then I make sure I have read crucial official electronic mail, dictate a few critical official letters then attend to appointments. All this has to be done before ten o'clock when meetings start. On Tuesdays, this is likely to be Academic Board, then Senate at MMUST in Kakamega on Wednesdays, Academic Board Committee meetings on Thursdays and Council meetings on Fridays. Most afternoons except Mondays when there is University College Management Board, are spend meeting staff and visitors. In between, time is spend on official business within the County or even in Nairobi. I leave the office for the house at 5pm. After the evening walk, I settle at 6pm to do my personal work. This will range from reading and examining theses, writing research reports and articles. In the last few months, this time has been used to write manuscripts for publication. It is during this time that I do consultancy work like reviewing programs, manuscripts and also make preparation for instruction or mark examination scripts. I also dedicate a lot of this time to reading. Currently, I am reading *Mbali na Nyumbani*, the latest novel by Adam Shafi, the author of *Haini*, a highly acclaimed novel. After dinner cooked by 8 pm, I sit down for another round of work. This ends at 10:30, with 30 minutes spared for reading the day's papers before I sleep at 11pm. At 2 or 3 am, I wake up for more work. The outcome of this Spartan lifestyle has been that I never failed to accomplish what I set out to do. These academic achievements have been most humbling. It is the arsenal of knowledge acquired from reading that I apply to solve societal challenges.

Each time people, and especially my students acknowledge my contribution, I feel rewarded. I always look at this as the reason for my sound sleep. The ingredient of any creative mind is good sleep.



My measure of success is therefore very simple. It is a tangible output in terms of publications, policies drafted, reports filed, students graduated and problems and conflicts solved. It is however never easy to accomplish this. Some of the difficulties I face at KIBUCO are shortage of policies, reading materials, and lack of funds at personal and institutional level to facilitate the various projects. But I have learnt one lesson though. There is never enough cash. The trick is to utilize all that is available before lamenting. Amidst all these challenges abound opportunities. In my case, this has been manifested in terms of the wide network of friends. There is also plenty of human resource waiting to be tapped. A few days ago, I emailed Lodhi, a co-author of *Kamusi ya Shule za Msingi* requesting for donation to the Library. The professor Emeritus at Uppsala University in Sweden send 10 articles. How am I able to be on top of things? One is through teamwork. When one utilizes ideas and hands of many people, things get done faster and better. Secondly, is never wasting time to pretend to rediscover the wheel. What is needed is consultation and building on the foundation laid by others.

One of my best pastimes is listening to music. I am currently infatuated with a collection of the late Collela Mazee and Musa Juma. Their hard steel and wandering lead guitars are just intoxicating. From this, one can easily appreciate how teamwork and creativity can blend to produce a scintillating piece of music. This calls for testimony as to whether I have a rule of the thumb about life. Yes I do and it is that we must always take a practical approach to life, be cautious and do things in moderation. Radicalism and extremism is risky and never provides escape for remedy. In this regard, I wish to conclude with the following words to students even if it is at the risk of repeating what others have said before: Life is not a rehearsal. Live it as if all your life depends on it.

**Prof Odeo Ipara,
Principal.**

*Success comes in cans
not in cannots*



Leader
in Me

Leadership

WHAT
EXACTLY
DOES
LEADERSHIP
ENTAIL?

LEADERSHIP
TAKES
SHAPE

Who exactly is a leader? What is leadership all about? Are leaders born or made as some people argue?. The concept of leadership has invariably been looked at from various angles of vision and some of the answers to this begging question could lie within the varied standpoints of who a leader actually is. Leadership is tentatively an act of giving guidance or direction to oneself or a

group of people or even animals! It is an innate provision that all and sundry possess, whether consciously or subconsciously. The moment we see the sense in what the environment offers; the life, the people, the activities and varied encounters, we become leaders of our own! Beyond this, there could still be an array of equally sound standpoints by a number of people and this could just be insightful about what leadership is.....

"A leader is best when people barely know he exists, when work is done, his aim fulfilled, they will say; we did it ourselves" – Lao Tzu

"The first responsibility of a leader is to define reality. The last is to say thank you. In between, the leader is a servant" – Max De Pree

"Speak softly and carry a big stick, you will go far" – West African proverb.

"Before you are a leader, success is all about growing yourself, when you become a leader, success is all about growing others" – Jack Welch

"You don't need a title to be a leader" – Multiple Attributions.

"A leader is one who knows the way, goes the way and shows the way" – John Maxwell

"The most dangerous leadership myth is that leaders are born – that there is a genetic factor to leadership.

That's nonsense; in fact the opposite is true. Leaders are made, rather than born" – John Maxwell

"He who has never learned to obey cannot be a good commander" – Aristotle.

"He who thinks is heading and has no one following him is only taking a walk" – Malawian proverb.

"An army of sheep led by a lion can defeat an army of lions led by a sheep" – Ghanaian proverb.

"He who is destined for power does not have to fight for it" – Ugandan proverb.

"Do not forget what is to be a sailor because of being a captain yourself". – Tanzanian proverb.

"If the cockroach wants to rule over the chicken, then it must hire the fox as a bodyguard". Sierra Leone.

Congress Speaker

Am honored ,humbled and privileged to be the 1st speaker of the Congress in KIBUCO. Comrades, am in KIBUCO because you are in KIBUCO and since we are in KIBUCO, therefore am implying that we have a collective responsibility of taking it to the next level and this can only be done through discovering and embellishing the strengths of the students, recognizing their inherent spirit of potential change and growth. The strengths can only be realized through a robust, effective, efficient and vibrant constitution since it is the epicenter of our business in campus. Lastly comrades, As you reach for the goals you would like to achieve, May you find all the strength u will need, To meet every challenge one step at a time, till the day you proudly succeed. God bless!;!!

Titus Lagat



OFFICE OF THE DEPUTY PRINCIPAL (PAF)

Kibabii University College has grown tremendously since its inception in 2012. The office of the Deputy Principal (Planning, Administration and Finance) was created in June 2013. It is situated on the first floor of the Administration building. Currently Prof. Shem Aywa is the Deputy Principal (PAF).

Mandate:

Our mandate includes the following:-

To enhance equity and accessibility of Kibabii University College Services.

To promote inclusive, efficient and transparent governance systems in Kibabii University College.

To ensure use of the best practices in management of Kibabii University College.

To be fair and non-discriminatory in all process and activities of the University College.

Activities:-

Staff:

The division of D.P (PAF) has recruited one hundred and fifty-two members of staff. We are in the process of preparing an advertisement for more staff in critical areas. For example, the teaching staff.

Infrastructure:

The University College has forwarded tenders for construction of the following:

Academia Complex. For construction of classes, laboratories and offices.

Oxidation ponds. For sewage processing.

Underground water storage. To support the supply of clean water for use in the University College..

Kitchen equipment. To provide quality food and services to students..

Furniture for use in classes and laboratories.

Health Services

The staff has been increased to ten (10) people. This has improved the delivery of health services to students and staff. We are also building a structure that will house the medical officers and laboratories.

Hostel Services

The University College has maintained clean environment at the hostels. We have put up pit latrines outside the female hostels to be used in case there is no water. Dust bins have been put at strategic positions to keep the compound clean.

Finance Services

The department of finance has ensured efficient recovery of fees arrears. During the 2014/2015 financial year, we shall adhere to the zero balance policy. All students are encouraged to clear all fees at the opening of the semester.

I welcome all stakeholders to support Kibabii University College to be a fully-fledged University. This will improve the educational standards of the region. Thank you and welcome to Kibabii University College.

**Prof. Shem Aywa,
DP (PAF)**



"Time is the coin of your life, it's the only coin you have and only you can determine how it will be spent. Be careful lest you let other people spend it for you" (Carl Sandburg)

The Pointer~2014-2015

Faculty of Education and Social Sciences (FESS)

The Kibabii University College Faculty of Education and Social Sciences started its operations in March 2011 in accordance with the legal notice no.115 of August 2011.

The Faculty has twelve [12] departments which for the time being have been amalgamated into three [3] departments each run and coordinated by a chairperson. The departments are as follows; Department of Curriculum, Instruction & Technology and Science & Mathematics Education [CIT/SME] chaired by **Dr. Edwin Masibo**; Department of Education, Psychology, social work & Criminology chaired by **Mr. Injendi Juma**; Department of Social Sciences chaired by **Mr. Rop Naaman Kipsigei**.

The Faculty runs five [5] programmes, namely; Bachelor of Education [Arts]; Bachelor of Education [Science]; Bachelor of Education [Early childhood]; Bachelor of Social work [BSW]; Bachelor of Criminology [BCR]. Two programmes commence this academic year 2014/2015; they are Bachelor of Journalism and Mass Communication [JMC] and Bachelor of Education [French].

The Faculty aims at producing world class graduates who are able to transform the society with the acquired



skills. Hence the overall teaching and learning strategies have been put in place to encourage students acquire an integrated and holistic body of knowledge and skills that enable them change the world around them and make the society a better place to live in. This is achievable given the fact that the Faculty has qualified, experienced and committed staff who are better placed to impart the relevant knowledge and skills.

As the DEAN and true to our motto **DIVERSITY for INNOVATION**, I take this opportunity to welcome each one of you to the Faculty of **PURPOSE** and let us all work as a team to make our Faculty a world class for others to emulate.

Thank you.

Dr. Rispa Namasaka Wepukhulu
Dean

LITTLE BIRD

A little bird was flying during winter It was so cold that it froze and fell to the ground
While lying there, a cow came and dropped some dung on it; the dung was thawing it out
The bird felt warm and happy It began to sing out of joy
A cat that was passing by heard the bird singing and went to investigate
The cat discovered the bird under a pile of dung
It promptly dug the bird out and ate it!

MORAL

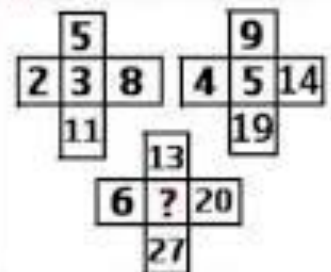
Not everyone who shits on you is your enemy
Not everyone who gets you out of shit is your friend
When you are in deep shit, it is best to keep your mouth shut.

By: Agwa Lavender



Puzzle

Which number replaces the question mark ?



**“Do not forget what is
to be a sailor because
of being a captain
yourself.” ~
Tanzanian proverb**



The Voice of Kibabii



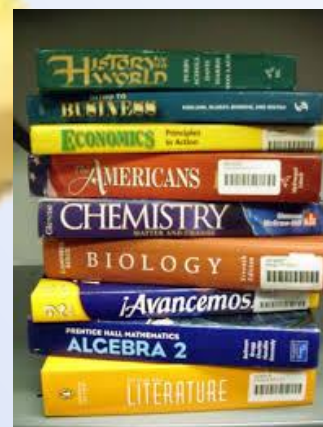
Academics

A WORD FROM THE PRESIDENT

"SCIENCE"

It is my sincere gratitude to salute the entire Kibabii University fraternity; staff and students for the commendable progress achieved up to date. Much appreciation goes to the students for having participated and overwhelmingly elected leaders of their choice. I appreciate our pioneers together with the administration for what they achieved during their time despite the challenges and stumbling block to progress. However as we continue from where they left, we are committed to continue pushing and diplomatically negotiating for the better. I welcome you all to share the great minds and ideas you might have for the betterment of Kibabii only that I will stand by you if you stand right and disagree if you stand wrong. To my comrades in the faculty of science, I am so grateful for the trust you had in me by giving me the opportunity to represent you in the Congress. We still have a long way to go as a faculty in achieving our success academically. I will always play my part accordingly but remember to cooperate and play your part too. Let me conclude by urging all of us and those to join us later, to embrace the spirit of togetherness and unity despite of our cultural background. Enjoy your moment in Kibabii, May God bless Kibabii University. Thank you. ..

Renson Shihaji



Technology & Learning





Kibabii University Library started in 2012 when the University College was established through the legal notice no.115. The University library is housed in an Ultra modern building of three floors which is very attractive. It has a sitting capacity of 2000 students. Initially the library had no books and any other resources but since the seconded staff had a lot of experience in setting up libraries even across the borders of the country, it was a matter of time. We immediately embarked on networking with other libraries in the country. We brought in books on inter- library loan services from other institutions of higher learning to address the gap

in reading resource materials. After three months, the Administration facilitated us to purchase our own books for the library. Besides this, we got a lot of support from Professor Isaac O. Ipara who donated quite a number of Kiswahili titles. Other University staff joined in the efforts to stock our library by donating several books. We also got several cartons of books from Kenya National Archives, UNEP among others. Through the University



administrations' efforts and library management the library services started taking shape and from that time we have forged ahead. The future of our University library is brilliant. Our relentless initiatives have made a great difference to the University community and the County at large. Currently the library is connected to internet services. It can also be found on the University Library website. The library can be reached through this e-mail address:

library@kibabiiUniversity.ac.ke We have had challenges because of budget allocation and limited number of staff but the University administration has already put into consideration the issue of budget and staff. The student reading culture at the University is somehow poor and to eliminate this, the University curriculum needs to be evaluated to include general paper for the first years which involves wide reading. The library has modern reading carrels. Several services are offered to students such as, reference services, reprographic services, referral services and inter – library loan services. The library has several sections which include; special collection section, Post graduate library for mature students, children's library to cater for the gap in the reading culture at an early age. It also houses materials on KASNEB, H I V and AIDS pandemic. The library has been innovative in hard times of financial constraints and as such we empower youth by transferring skills in information services and this has helped give prompt services and access to information. Transfer of skills is also given to youth on internship programs in the library. The library respects the Constitution of Kenya and as such the needs of people with special needs have been put into consideration in our library rules and regulations. The working and reading environment is very conducive for any student/staff who wants to join Kibabii University College. The University community i.e. both students and staff have been very supportive to the library department.

By: Management

Identity

To whom it may concern:

Though you know who you are,
I never meant for us to stray this way,
We are a distant now,
As the most elusive star.

Dressed up in heels you go;
Though you know yours isn't the type,
Living someone you isn't,
Leaving me for the dead,
Yours is a misery ahead I warn.

Inside I was so frightened,
That one day you would leave me,
So through my paranoia,
I sabotaged this,
All out of fear I perceived

Reclaim me back I beseech,
I am the true you,
Nobody has got your fingerprints,
Pile up pride in your modesty,
Come lets be friends,

Yours faithfully,
IDENTITY.
By Ian Mc Mur Murithi

**'Unless we
base our sense
of identity upon
the truth of
who we are, it
is impossible to
attain true
happiness'**

A BRIEF FROM FACULTY OF SCIENCE

1.0 Introduction

Warm welcome to the Faculty of Science. This is one of the most vibrant faculties at Kibabii University College. We are at the forefront toward the realization of our vision- To be a global and dynamic University of excellence in Science, Technology and Innovation. Currently, the faculty has departments of Mathematics, Physics, Chemistry and Biological Sciences offering Bachelors programmes in Mathematics, MSc in Physics and MSc in Statistics. We also work jointly with the Faculty of Education in the training of innovative Science teachers taking courses in Mathematics, Physics, Chemistry and Biology. Students' enrollment in the faculty of Science in the 2013/2014 academic year stands at 154 undergraduates and 11 postgraduate students and we expect this number to grow significantly every subsequent academic year.

2.0 Staffing

The current staff establishment in the faculty is as follows:

Prof. S. Aywa – Deputy Principal (PAF) & Professor of Pure Mathematics

Prof. S. Shibairo – Deputy Principal (ARE) & Associate Professor of Horticulture

Dr. Y.K.Ayodo - Dean & Senior Lecturer in Physics

Dr. L.Chikamai – CoD & Lecturer in Pure Mathematics

Mr. V. Magero – Lecturer in Statistics

Mr. N. Mulati – Lecturer in Statistics

Dr. O. Kwach – Lecturer in Applied Mathematics

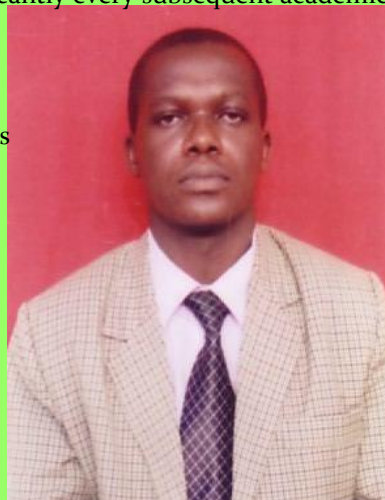
Mr. J. Oloo – Lecturer in Physics

Mr. E. Kataka – Senior Technician in Physics

Ms. Sophie Waliaula – Administrative Assistant

Ms. E. Ogada – Office Administrator

Ms. Immerqulate Wanjala – Office Clerk



Dr. Y.K.Ayodo

*Dip.Ed (Sc) (KSTC), B.Ed (Sc) Hons, M.Phil,
D.Phil., (Moi)*

Dean, Faculty of Science

3.0 Upcoming Programmes

Beginning September this year, we envisage to offer new undergraduate programmes in the following areas:-

BSc (Chemistry)

BSc (Biology)

BSc (Biochemistry)

BSc (Actuarial Sciences)

BSc (Nursing)

BSc (Physics)

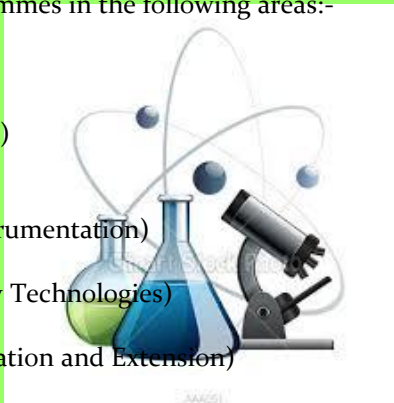
BSc (Electronics & Instrumentation)

BSc (Applied Statistics)

BSc (Renewable Energy Technologies)

BSc (Agriculture)

BSc (Agricultural Education and Extension)



We welcome all Kenyans and International students to make applications or enquiries to join our academic programmes.

4.0 Teaching and Learning Resources

The faculty has made great strides to acquire scientific literature in terms of books and e-learning materials as well as having in place a physics laboratory. Most of our students have personal laptops and can access e-books and other on-line academic information. With subsequent improvement in our internet connectivity, we envisage to cut a niche as a centre for information technology with high integration of the same in our science courses. Our approach to teaching and learning is student-centred and there is adequate accessibility to lecturers, chairpersons of departments and dean by the students. It is a classic case of student-mentor relationship.

5.0 Conferences and Workshops

Some of our staff have been able to attend high level international workshops. Dr.Ayodo attended a workshop on Coherent Phenomena in Disordered Optical Systems held in Italy from 26th May to 1st June, 2014. Also Dr. Otieno Kwach attended an International Mathematics Symposium held in Baltimore, USA from 15th to 18th January, 2014.

**“Science isn't about why,
It's about why not.”**



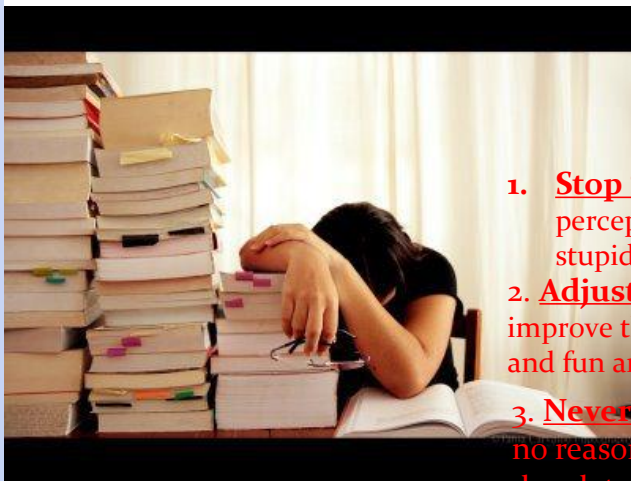
The Pointer~2014-2015 *ACADEMIC AFFAIRS DIRECTOR REMARKS*

Firstly, I candidly and especially laud the 2013 / 2014 KIBUCORIANS who out rightly defied flagrant tribal hegemony and cronyism – and in lieu unpretentiously and persistently – awoke, tendered and hailed the bestowal of leadership they had envisaged in me. By voting me, they lend credence to my noble quest to shape the conquest of elitism. So far so good, a handful of praiseworthy milestones have materialized during my incumbency. In mean to say that library inefficiencies, lecture hall inconveniences and superb infrastructure deficit – to mention just the tip of the iceberg – are a thing of the past. Frankly, if we were to relive our squalid academic ideal of yesteryears, life would be unbearable. Very ghastly. And destitute. Actually – and I'm not adding zest to this – surmounting a myriad of divergent student demands – within so short a timeline – hasn't been a walk in the park. Nonetheless, much has been accomplished. If I acclaim that the fast soaring student enrollment is premised on this , I would not be wide of the mark. In my personal capacity, I'm pretty appreciative to the few radical agents of change who – appropriately and indefatigably – advised, admonished and goaded me on to engender amidst the face of adversity. God Bless Ye – you made it efficacious for me – and for us all – to tread the right path intellectually. My parting short is: "Let's remain united. And pull together. Till graduation do us part". For me and my battalion, I always shall keep my bargain.



ERASTUS MASINDE,

Surviving Academically



How to Get Good Grades in University

1. **Stop Skipping Lectures**, they are important and your perception that missing a class or two is not a big deal is just plain stupidity.
2. **Adjust your Attitude**: if you intend to get good grades, or to improve the ones you have, work your head off and realize that study and fun are not a 50-50 concept. Sorry to disappoint you!
3. **Never Hand Something In Late**: you lose marks for absolutely no reason other than you can't afford a calendar to mark a correct due date.

4. **Get the Readings Done on Time**: This is an obvious options and it really helps evade last minute rush

5. **Consider a Study Group**: study groups helps to better critically analyze ideas.

What Else???.....Be SMART



*"THE FUTURE
BELONGS TO
THOSE WHO
BELIEVE IN THE
BEAUTY OF
THEIR DREAMS"*

LIZZ ATIENO.

THE DREAMER'S CREED

We all have dreams Some to fly high
Others to crawl below Some to be someone
Others to be no one Others to go everywhere
Others to go nowhere Some to fight bravely
Others to lose cowardly Dreams to prosper
And dreams to fail But in the end we all have
Dreams The difference is What we do to achieve this dreams.

/// The Voice of Kibabii

How can a dancer recreate except by dancing, and how can a fighter relax except by fighting. As linguists we have to recreate and relax too, for the sake of coping up with the elusive linguistic norms which is full of fleeting moments and has remained a mystery to poets and philosophers too. Never mind that latter-day laughing philosophers who spend much of their time corrupting the English language in order to laugh uproariously at their own exaggerations of its undeniable violation of logic. The poet Okot p'Bitek would have sworn by his authentic literacy that he arrived in Kenya not on foot, but "by leg". The point is this. Ever since mankind's evolutionary birth, we have devised means of "Arriving" other than "slogging". These include modern "Rockets" in reference to the wright brothers

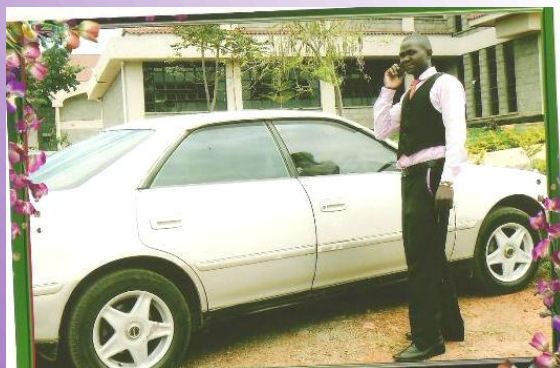


"Birds". In memory of the ancient times, where many fellows walked all the way from Mombasa to Elureko, the present day Mumias. But to insist on it is to split hairs. For what is to walk? But as- the oxford learner's dictionary says-"to move

along or to travel on foot in such a manner that one foot is always on the ground..." it subsists in ambiguity, because we know that even a somersault is a walk. As linguist critics we will not let our sword to rust in the scabbard. As a noun the word "walk" -derived from the English "Wealkan" -may also refer to the distance covered by, for instance the enterprising merchants, during the trans-Saharan trade, used to cover mind boggling distance with caravan camels. What about pedestrians? However a pedestrian is called so because *pedester* is what he uses to move from place to place. And a *pedester* from *pes* - is only a Latin word for foot. If I must spoon feed you, a pedestrian is a person who moves on foot. That is why pedestrians now looks about as nippy as 100-metre dash by snails and slugs. *Nasiuma* could win the race. That then, is why the word pedestrian now refers to anything which because it seems to trundle like Mr. Tortoise, is a humdrum and tedious. To settle at home on this, much of our competence in language, is pedestrian because it slogs on foot or by leg, rather than a board any of the scholarly vehicular inventions of language like imagery, idiom and other turns of phrase. It trundles quite like the astronomy scholar that once bored the poet into as tar gazing. In aspiration to see the invisible and do the impossible, on my lane I walk and at my own passé too.

BY : CALLEB JORAMS BARASA

Message from Congress Fess Male Representative.....



friendly institution. Since its inauguration on 1ST March 2012, the Faculty has grown in programs from Bachelor of Education (Arts), Bachelor in Business Management (BBM), Bachelor in Criminology (BCR) and Bachelor in Social Work (BSW) to include Bachelor of Commerce (BCOM), Bachelor of Education Science and Bachelor in Early Childhood Education (ECE). Guided by its motto "**Learn To Live**", The Faculty focuses on quality and relevant education; and to realize this, as the Congress Fess Male Representative, I am going to start an ambitious program to include more **Departments** in the Faculty to accommodate all the students' desires. For instance **Department of Criminology and Criminal Justice, Department of Sociology and Social Work, Department of Business Management and Economics** etc. and also to ensure that courses that

I thank the Editorial Board and all those who contributed articles for a job well done in coming up with this publication. Through this publication, we can share and pass information to the University community and beyond, to enable us be understood by all stakeholders. It gives me a great pleasure to report that we have had excellent growth with increased consultation amongst members of the administration and the Faculty through workshops that are aimed at making us a power house for academic excellence and provide a scholarly,

are not education related like criminology and social work, are separated from the Faculty so that the involved scholars can feel a sense of belonging in the University. As Congress Fess Male Representative, am truly committed to support the students' academic activities and their wellbeing so as to realize the University dream "**To be a global and dynamic University of excellence in Science, Technology and Innovation**". For the "**freshers**", feel welcome at the center of excellence and have guts to venture into different fields both academic wise and in co-curricula activities to realize your potentials. Thank you very much as I send my great appreciation to the entire KIBUCO fraternity as God blesses you abundantly.

OGONDA STEPHEN KIDIGA



**Talk Technology
Go Technology**

Twajivunia



Pulling Cables



Message From The Congress Representative SCAI.



Being the first ever elected member of congress to represent the School of Computing and Informatics(SCAI), I would like to give you some insights into this faculty. SCAI is among the three faculties in the College. Others include The faculty of Science and The Faculty of Education and Social Sciences. Our faculty has among the highly disciplined students. They are the people with a high sense of time management. Students are so united towards the achievement of their goals in academic excellence and being ahead in terms of technological advancement. SCAI was formed in October 2013. It is under the leadership of Dr. Franklin Wabwoba as the dean, Mr. Anselmo Peters as the Chairman of department. The faculty has got two departments currently, which are The department of Computer Science and The department of Information Technology. A computer lab is also in place to add Practical skills on what they learn in class. Wireless Fidelity (WIFI) network has been put in place and.

students have proved to make good usage of it especially those in our faculty. This has really assisted in carrying out research and also staying abreast in terms of technological advancements. In the course of my performance, I have met quite a number of setbacks. There had been a lot of suspicion between the students and the members of academic staff. This was my first hill that I had to climb and finally managed. Currently the rapport has been created and the lecturers-student relationship has soared. Another challenge has been vandalism. This has been done mainly by the students who are so cheap and money oriented. They have a lot of suffering to other students. It is the Computer lab that has suffered greatly. A lot of attention has been put in curbing this and a great milestone has been made. This has seen the rate of vandalism reduce greatly and stern action being taken on those found guilty. A new dawn is being seen and it's only those sleeping that are not able to marvel at the beauty of the sunrise.

COLLINS ODUOR OTIENO

The Pointer~2014-2015

New Programmes in English and Literature Are Underway

The Department of Linguistics and Literature is part and parcel of the Faculty of Education and Social Sciences (FESS) of Kibabii University College and it seeks to train would-be-scholars in varied areas of English language and Literature. At the moment, the



department offers a Bachelor of Education in English and Literature and an MA in Comparative Literature though plans are underway to introduce some additional programmes so as to cater for the widening demand for the English

related courses.

The Bachelor of Education programme is designed to produce professionally qualified teachers who are competent in teaching English and Literature though graduates can resolve to venture into some other lucrative careers found in the mass media, administration, publishing, banking and entertainment industries as well as undertaking graduate courses. On the other hand, the MA in Comparative Literature exposes graduate students to literatures from all over the world as a way of learning the societies that produce such literatures, hence the comparative component in the course title. By focusing on the correlations between experiences from different parts of the world, and the way these experiences have been captured in the respective literatures, graduates of this

programme will have a clearer view of the common aspects of humanity that link societies all over the world. However, due to the ever increasing demands for programmes, the Department of Linguistics and Literature has developed a Bachelor of Arts and Master of Arts in Literature and Creative Writing though pending approval by the University senate. Other new programmes in the pipeline include: Bachelor of Arts (Language and Communication), Bachelor of Arts (Literature, Film and Theatre Studies), PhD (Literature), Graduate Diploma in Creative Writing, MA and PhD in English. These diversified programmes will attract escalating numbers of both students and academic staff and thus rebranding the Department of Linguistics and Literature as a centre of academic excellence not only in Kenya but in the entire East African region. Lastly, the department will soon be looking into ways of partnering with other well-established departments of Linguistics and Literature from other universities across the globe for the common good. We are also strategizing on how to put in place an international journal of English and Literature to act as a platform in which scholars can share and publish their research works. In addition, this department will take some leading role in the organization of educational seminars and conferences for students, lecturers and other interested parties.

Department of Linguistics and Literature

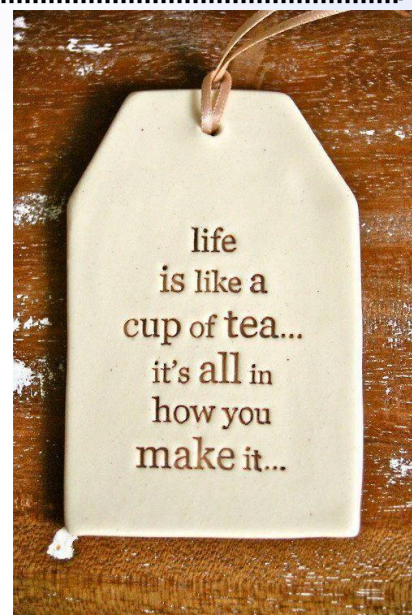
“You can never cross the ocean unless you have the courage to lose sight of the ocean” (Christopher Columbus)

VOICE

Did you hear it?
That voice
Voice of someone calling
Calling to the world
It's neither weeping nor
mourning
Some elements of happiness within
Deep within the unsure, trembling
voice
Yet it's happy to call out
Happy to be heard by the world
Though unsure, it has a destiny
It knows what it wants
And that is what its holding onto
right now

Praying God to give it
strength
Strength to move on,
to keep up with the
fight
Fight to be sure of
itself
So that next time, it'll
be a steady voice
A voice calling out to
the world
To tell it thank you

By: Yvonne Kariuki



The Pointer~2014-2015

MEET THE OTHER SIDE OF THE COIN OF PROFESSOR IPARA ISAAC.

INTERVIEW

At precisely 12:33pm, I enter the office of the Kibabii University College Principal with unmatched enthusiasm to partake in a one and a half hour exciting adventure into Prof. Ipara's scintillating world of writing. I am warmly greeted with a glossy floor and lustrous sets of furniture; fluffy cozy chairs and glistening table with office alias, excellently arranged to fit neatly in the definition of a modern office and its seriousness but the man in spectacles in this magnificent, futuristic office smiles assuringly and his hospitability neutralizes the rather tense atmosphere.

Tp: It is now a fairly old rumour that writing at times form your part of stock in trade, could you please shade some light on the genesis of your writing career?

A : My writing career dates back to 1978, when I was posted to teach Kiswahili at Nyaroha Girls' Secondary School in Kuria District. When I got there, I discovered that my students were more proficient in spoken Kiswahili than I was, yet I thought I had a good mastery of the language. That made me to work extra hard to prove my mastery of Kiswahili. In the process, I started writing, making contributions to 'Je Huu ni Ungwana' Programme and I was rewarded each time a script was aired.

TP: An encounter with 'Je Huu ni Ungwana' programme shaped your writing career to amazing depths, do you agree?

A: Yes, quite. I was really encouraged and having discovered that I could do some creative work, I started writing Ninava Guides for Fasihi setbooks. I would write, then the secretary would type them for me and I would give them to students to use. I was really encouraged, particularly in 1980 when one of my students, Elizabeth Gati emerged the best in Kiswahili Fasihi at O-level in South Nyanza District.

TP: Such a sterling performance gladdens any man's heart. How did it feel like to be the man behind a performance that came second after none?

A: That compelled me considerably. I thought that I should have polished my skills much earlier because when I was doing my A-level at Chesamis High School, I made regular contributions to the Students' Magazine. One of the best pieces I did was a story entitled 'THE SEVEN BELLS', about a student who stole dormitory bells and hid them in his box, forgetting that they all had an alarm to go on at the same time. In the morning, they all sprang to life... (Chuckles), so you can imagine the kind of fuss and drama that rented the scene.

TP: That was undeniably a captivating piece; rib-cracking I mean. What shape did your writing take thereafter?

A: From Nyaroha Girls, I enrolled for a Masters Degree, taking some time off creative writing. I then joined Siriba TTC then Moi University in 1988, where I did more scholarly writing than creative. For instance, I had one of my papers entitled 'Historia ya Kiswahili katika Elimu Nchini Kenya' qualify for publication in a journal called Mshindo, commissioned by the University. I then actively contributed in journals, book chapters and Miongozo for Kiswahili Setbooks notably Shamba la Wanyama and Mashetani, a play by Ibrahim Hussein.

TP: A steady rise in prominence in Fasihi was evidently apparent, a progress you had to defend and support. What events made most contribution to keep your writing ball rolling?

A: In 2002, I was invited for a workshop on Curriculum Development by the Kenya Institute of Education. Immediately after the syllabus was released to the public and Schools in 2002, I was approached by Oxford University Press and commissioned to do a course book for them. The course book was Kiswahili Fasaha, Form One. The editors strangely identified that of the three of us who contributed, some desirable features were present in my pieces, which were conspicuously missing in the others' so they commissioned me to do all the four course books.



TP: Apart from the Course books, in what fashions did the new syllabus impact on the course of your writing career?

A: The syllabus gave a lot of prominence to literature (both oral and written). There was a great demand for *Miongozo*, so I then signed a contract with Western Education Publishers and I did *Miongozo* for *Walenisi* (a complex work), *Kitumbua Kimeingia Mchanga* and *Mayai Waziri wa Maradhi*. I also did a Revision book entitled *Jaribu na Uikarabati*. I have revised it three times and the most recent edition was out in May, 2014. I also did a book on *Isimu jamii* (social linguistics). On top of that, I have been contributing almost every year to Kiswahili Publications particularly those by Chama cha Kiswahili cha Kitaifa (CHAKITA). In 2010, I did some two course books for Oxford University Press.

TP: Fine, what do you have for your readers in the pipeline at the moment?

A: Am currently working on a text book on Kiswahili Education at the University level. Am about to finalise that.

TP: Your online profile reveals your unrivalled love for Lingala and Teso music. How did you come to love this and does it in any way have a bearing on your writing career?

A: Yes, I love music because it gives me company, relaxes my mind and as a writer, you need tranquility of mind and peace to bring out your ideas. It works best for me between 2am and 6am where I find myself at the peak of creativity. I don't however understand lingala apart from just a few words *bolingo* means love, *tobina* – to dance, *masanga* – beer, *ndoka* – nyumbani, *ndoki* – a witch...but I especially love the beats and vocals, they are just good.

TP: Your writing encounters speak more eloquently of your unprecedented creativity. How can you say you evolved creatively?

A : I must say I was lucky to have come from a family which had storytellers. I spent a lot of time with my grandfathers and my maternal mother. My mother too is a remarkable storyteller. I had experiences to draw from. That really impacted on my creativity. I also have an aptitude for language. I speak a number of languages and do so eloquently, this is key and it works in partnership with language to make a writer enviable because as a writer, your tool of trade is words.

TP: Drawing from your vast experience, what exactly can you tell budding writers?

A : First, he or she must possess a stock of words. Without language, you can't write. Then secondly, is the ability to use common words to in a way that impacts on your audience specially, thirdly, you should be a good listener, observer and researcher. A good listener to capture the way other people use words artistically, particularly figurative language. To be an observer; to observe the details to be able to see and explain what a normal person may not see without a sharp eye for detail.

An encounter with Editor-in-chief

"A writer without interest or sympathy for the foibles of his fellow man is not conceivable as a writer."

- Joseph Conrad

I KNOW YOU REAL

Please don't get me wrong, am not in anyway trying to say you are fake. Everyday you put on your skimpy clothing with inside nothing, hoping you would meet a real man. Well listen, you are hoping for nothing because we, 'real men' also want real ladies.

Now please.....am not in any way saying you are fake. Am just wondering, two days ago your hair was quite short but now it is so long, am not saying it is not really yours, am just wondering what type of manure you used...am just trying to be sure before I get lured only to find out your hair isn't so 'pure'. Please....don't get me wrong. Am not saying you are fake, but what's with the accent? I didn't know you flew to the states, or ain't that the case? Maybe you don't want people to know you are from this place, or maybe you are targeting a different race. Anyway, increase your pace, keep up the chase. I know by now you really believe am calling you fake, well that's not the case. You look different each day, there's something with your face. Oooh, its make-up. Sorry, my bad....but am wondering what you are really making up for? I believe you are beautiful even without it. All this make-up make you look.....different. Now now.....wait! I know you were thinking I was going to say fake. For Christ's sake, you are real.....so real! In fact I even believe that that shapely body is really yours...those long well-polished nails, all yours. That 'swag' you got.....so natural and real. Your crew loves you coz of your 'so real' personality!

Am just wondering.....when this ends, when all these 'realness' fade away.....how many friends will you be left with? That doesn't mean I think you are fake.....we all know you are real. What I wanted to know was, just how real are you?.....

Kamesa



Managing Your Finances

Alcohol
Leisure
?



Facts About
Campus
Life!!!

Fees
Upkeep



School's back in session, and with it comes life-lessons in money management for students. But personal finance can be easy, even if you're just starting out. You just have to know how it works. Now that you're on your own, you might be tempted to spend money on all the things your parents wouldn't let you have before. Go slow. If you play it smart, you can avoid the sort of money troubles that plague many young adults

These are the tips

Avoid non-academic debt

Track your spending.

Buy used textbooks. You're just going to sell them back at the end of the semester. (Or end up wishing you had done so five years from now.) You don't need new textbooks.

Forget the long road trips. You can have a lot of fun for cheap close to campus(e.g hikes)

Take advantage of campus activities. There's always something to do. Get the most from your student ID!

Go to class. You're in COLLEGE to learn. Everyone skips now and then, but don't make it a habit. What you learn and do now will have a profound impact on the rest of your life.

Get involved. Staying busy staves off boredom. It also helps you build skills and form social networks that will last a lifetime. Try going out to the field. Join the drama club. Write for the school magazine. Find something that sounds fun to you and do it. **Take risks!**

Stay active. A healthy body costs far less to maintain than an unhealthy body. You don't have to do much to avoid gaining weight in COLLEGE. A walk around campus each day will probably do it.

Eat healthy. It's possible to eat well on a small budget if you know what you're doing.

Limit vices. Beer, cigarettes, and pot are expensive. They also screw with your body and mind. Take it easy on the vices. There's nothing wrong with a drink or two on Friday night, but don't go overboard.

Learn the art of the Cheap Date.

Take advantage of mother nature

Go for coffee

track down cheap food and activities

Attend campus events

Have fun. Your COLLEGE years will be some of the best in your life. It's trite, but true. Make the most of them.



DIRECTOR OF FINANCE.

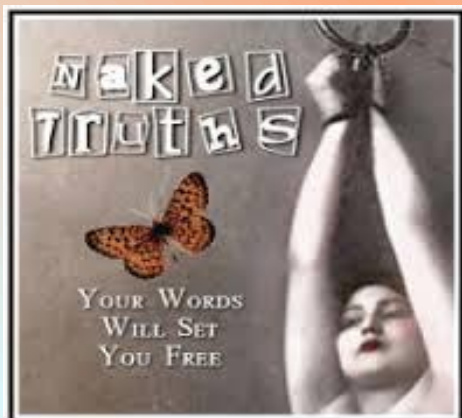
DISCOVERING THE POWER IN YOUR MONEY.

First of all, I'd like to take this opportunity to thank everyone who made my dream to serve you as your director of finance a success. Those who saw the potential in me even before I did. Those who facilitated and organized for everything with nothing in return. Those who sacrificed their ambitions because of my candidature. Those who gave me monetary support. The ones who prayed for me. The lads who shouted my name from dawn to dusk. The lasses who screamed in support of me. Those who provided emotional support. Everybody who voted. Somebody even went against her religious beliefs to vote me in. She knows herself. I can not be thankful enough. I owe you. I owe everybody in KIBUCO. The only way I can repay your utmost faith in me is by staying true to my manifesto and character, which I want to believe was what made you vote for me. We live in a society where campaign periods are essentially "lying period". We are treated to politician feeding us with lies, which we so often love, to get elected only for them to turn their backs on the people when they are finally in office. If I told you the current student leadership - SGC & Congress - is not of that type, you would probably dismiss that as just another PR stunt. But, believe you me fellow comrades that we are committed to deliver on our mandate without fear or any favor whatsoever. We are working as a team to serve you. On the campaign trail, I promised to bring accountability to my office. I also promised you that we'll discover the power in our money. Those will be my pillars during my tenure. Now more than ever, I want to make true my promises. I urge comrades with business ideas to come to us with business plans so that we can see how we can make your plans a reality. Be aggressive and show initiative. If you do that I believe you will have a pretty much decent chance of making it as an entrepreneur. Transparency will be of paramount importance to bring accountability. I will make all our financial dealings public to allow public scrutiny. That said, I believe actions speak louder than words. I have to live to my words. I have to live up to the expectations and hope-fully exceed them. Finally fellow comrades, I would like to ask each one of you constitution. It will help you know what we owe you. Your rights. When you are armed with this information, I'm sure no student leader, present or future, will rest in his or her laurels. God bless you all.

Kirimi Wilfred Muthomi - Xomi.



NAKED TRUTHS 101



Okay, okay. There are numerous annoying things common amongst us comrades that are rather so outdated. Many a times we are left perplexed because of what we see or hear here in KIBUCO, so let me settle some beef here. Depending on your point of view and opinion depth, you'll find some of these issues affecting you or someone you know directly: I'M SINGLE AND SEARCHING: This is the most common lie in campus and very prevalent among us gentlemen, sorry to say. You'll always hear it in group and association meetings, especially during introductions. Turns out that every campus dude is single, ladies beware. Unless you've known a guy's relationship history, I find ladies who fall for this cliché so naïve and cheap. Depending on when one commenced studies, the modal age bracket for joining campus is 19-20. Now, at this age comrades, unless one has an ambition of becoming a nun or brother, do you think a relationship status of "Single" applies? No, sir! WEEKEND "UNCLES: " Gentlemen, keep your eyes open on Friday evenings and Saturday mornings to see the number of dressed-to-kill ladies in handbags and cars cruising along not so good academic highway or outside the gate;

then compare the figures you get with workday figures. Very few principled ladies will shamelessly disclose their relationship statuses as "In a relationship" and I really give maximum respect to such. Most of them will always reminisce about their heartbreaks, how men are the same all over and go to the extent of calling us 'dogs' but during weekends, they visit their "Uncles" outside campus. Woe unto you who has such a comrade as a sweetheart here and boast to us of how her love is agape, you know, she even has to visit her only uncle every weekend while you're left jerking off in your room. SWAG : Changes are constant and will always remain that way, I don't dispute that fact and I also appreciate fashion to the maximum, but what's with dudes wearing Timberland boots with official outfits, exposed G-string briefs due to short tops and exposed dirty boxers because of sagging jeans along our Kibabii streets? I won't point any fingers, but some dudes are exact replicas of Homo habilis in the name of swag. Swag is not for every Tom, Dick and Harry. If you can't do it right, leave it to the pros. Don't show us the village in you by putting on 5kg baggy jeans, an Arsenal jersey plus a "Ng'ombe" cap on a hot afternoon and to add salt to injury, bouncing. On the same note, some ladies resemble sand tippers in certain hair styles. They wonder why, despite possessing perfect model bodies, their weight constantly reads 1050 Newtons. It never occurs to them that the only thing they need to shed off that weight is to get rid of the bulky hair on their head. This is my opinion: Swag is for boys and girls; class is for real ladies and gentlemen. Simple and crystal clear.

By Danstric Mogash

REPORT FROM FINANCE DEPARTMENT



THE VISION OF FINANCE DEPARTMENT

To be appreciated and recognized as the most efficient and professional department in the University.

THE MISSION OF FINANCE DEPARTMENT

Finance department will strive to provide financial services at the highest professional level to both academic and administrative staff of the University and all our business partners at the most effective cost. We shall, in discharging our responsibilities, observe professional standards and practices established by local, regional and international accounting regulators.

OBJECTIVES OF FINANCE DEPARTMENT

- 1) To provide financial services of the highest quality in all the activities of the department.
- 2) To provide timely, accurate and relevant reports to management and council.
- 3) To enhance the budgetary control procedures and encourage cost reduction measures.
- 4) To computerize all the accounting processes in the department to enhance efficiency and accuracy.
- 5) To procure highest quality goods and services for the University at the most effective cost.
- 6) To produce timely and accurate quarterly and annual reports and accounts.

ROLE OF FINANCE

Custodian of University finances. The Finance department receives funds from various bodies e.g. Government, HELB, Ministry of Education, Students etc, on behave of the University, hence ensures that they are kept in safe custody and paid out as need arises in line with the financial regulations and guidelines. Finance plans on the income and expenditure on annual basis through the budgetary process. The annual budget acts as a guide to the financial activities of the University, hence ensures that all the expenditure are the once which are planned for with the financial year.

Finance department facilitates payments on behave of the University. All payments are supposed to be with the activities budgeted for and paid in line with the financial guidelines and regulations.

SOURCES OF UNIVERSITY FINANCES

The University finance mostly comes from the following sources: -

- i) Government – This is through monthly capitation. These are used to pay capital expenditure, service providers etc.
- ii) Fees – This is paid by students. The fees collection is utilized in payment of water, electricity, creditors etc.

CHALLENGES FACING FINANCE DEPARTMENT

1. In adequate human resource

The department is under staffed due to inadequate funding by the Government and failure by students to pay fees in good time as required. This hampers service provision to stakeholders.

2. Lack of a reliable computerized system

This is a shortcoming since it hinders efficient and effective delivery of services to stakeholder.

3. Forgery of bank pay-in-slip

This is an issue that has been initiated by some students. It is an issue that we advice students to avoid since its consequences are punitive. We encourage honest leaving on campus.

4. Lack of understanding of financial procedures, rules and regulation by other University College staff has always strained working relationship.

5. Ignorance of students and staff on policies governing utilization of funds has been a setback on effective service delivery.

6. Space has also been a hindrance in putting up of relevant sections of finance department e.g. cash office, students finance, salaries office, examination office etc.

Deputy Finance Officer-DFO
Kibabii University College



He has had his fair share of stalkers: Here is a little story, some girl used to stalk him on Facebook /Twitter, she would update weird things on his page and inbox him all the time. She was so obsessed that she would go to all his DJ-ing gigs including those that were out of town (Psycho!!) Now you know. You're welcome.

A relationship is never a waste of time. If it didn't bring you what you wanted, at least it taught what you need.

perfect is not when two
people are together.
It's when you're both
opposite but in that way
you complete each other.





If you have had sexual intercourse and you've missed your period, especially if your breasts are tender or swollen or you feel tired or sick to your stomach, you may be pregnant. If you think you might be pregnant, you need to get a pregnancy test right away to find out for sure. You can arrange an appointment to see your health care provider, or buy a home pregnancy test at a drugstore, supermarket. Home pregnancy tests are fairly accurate if you follow instructions carefully, but you should have a test done at a health clinic to confirm your results. Many Planned Parenthood and health department clinics provide pregnancy testing for free or at reduced cost. If you experience any of the following, you should call your provider or clinic, or go to a hospital emergency room right away. These may be signs of a problem such as a tubal (ectopic) pregnancy or miscarriage:

- Sudden, intense pain, persistent pain or cramping in the lower abdomen, especially if it's on one side
- Irregular bleeding or spotting with abdominal pain, especially after a light or late period
- Fainting or dizziness that lasts more than a few seconds
- Sudden heavy bleeding with clots or clumps of tissue after a late period
- Abdominal pain and a fever



I AM PREGNANT...

When you find out you are pregnant, you essentially have three options to consider: to continue the pregnancy and keep the baby, to have the baby and put it up for adoption, or to have an abortion. This is a big decision; take your time and talk with your partner, your family and other trusted advisers. Keep in mind abortion can ruin your life, most of them don't end well!!!!

WHAT IF I THINK I WANT TO GET PREGNANT AND HAVE A BABY?

Remember, it's all about timing: preventing pregnancy now can help you be the best parent you can be later in life, when you're emotionally and financially ready. Most teen moms say they love their children but wish they'd waited 10 years. Babies are wonderful. They give a lot of love back, but they depend on you for everything. Having a baby often leads to a lot of problems in a relationship, it usually won't strengthen a relationship or necessarily lead to marriage. In fact, 8 out of 10 fathers never marry the teen mothers of their babies. Raising a child is hard. Raising a child alone is even harder. Being a teenager is a great time for growing up, getting an education, meeting new people and having fun, pregnancy and parenthood make that all very hard to do.

The Pointer~2014-2015 Students Affairs Desk



Once again, here comes THE POINTER! What a joy to have an addition to my library a year later. The set record goes unbroken! It has been published for the second year running. The Editorial Board, Kudos for the immense effort you put into making this magazine become a reality and not just a mere reality but a publication of quality. I feel so proud and elated to be associated with you. Working with you has been an honor. The pioneer Editorial Board, my thoughts are with you, indeed you set the pace and I believe you feel a sense of accomplishment when your successors keep this light burning. In the previous publication, the Student Affairs caption in this magazine informed on the functions of the Department. I will not delve into that this time. I urge you to go to the University COLLEGE website and come to our offices to learn more about what we do. All I will say is "QUALITY HOLISTIC DEVELOPMENT OF KIBABII UNIVERSITY COLLEGE STUDENTS" is our aspiration and inspiration. The students' welfare is our business and we endeavour to achieve this mostly through dialogue, consultation and tailoring intervention to students' needs. We encourage a bottoms up approach to coming up with interventions that work for the students, however, this can only be possible when we

engage with each other and appreciate our strengths and limitations as a family. I would like to congratulate all the students because you had the academic qualification to join this institution. However, having the potential for academic excellence becomes a mirage if you do not exploit it. During your stay here I urge you to use your potential maximally and positively to achieve your aspirations. The path to your success will not be smooth but do not give up when you trip and or fall; learn to stand upright and move on! However, always avoid the tripping and or falling if you can because there is a cost to it. Excel academically! It is important to have impeccable hard skills that come from your academic qualifications, but, remember your soft skills also play a major role towards who you become because how you interact in and with society is the hall mark to your character. Please do not let your previous efforts come to nought during your stay here at the University College.

Fourth year students "thumbs up". In retrospect it has not been easy getting to your final year, the challenges have been immense. I want to thank you for your perseverance and tenacity. You have fought a good fight and the end is nigh. Please do not miss the target you are almost there. There will not be any other space in the POINTER to appreciate you and wish you well before you leave - I have done just that. First year students "Karibu Sana" you have began again! The entire students fraternity I urge you to put in your best and as you do so at the back of your mind know that your choices will determine your destiny.

On behalf of the Student Affairs Department I would like to wish our client, the students, success in your endeavours. Please feel free to visit our office when in need - we operate on an open door policy. Enjoy your youth and stay in Kibabii University College but when all is said and done do not lose sight of the core business academics.

Senior Assistant Dean of Students
Noel M. Malanda

Congress representative for the differently abled

People with SPECIAL NEEDS have for long been ignored and despised in the society. But a number of the famous persons in the world have proved that disability is not inability just like Louis Braille, Galileo Galilei, Hellen Keller, John Milton, Franklin Roosevelt and many others. Disability is on the body and sense not on the mind nor the soul. Its therefore a high time we give them a sense of belonging and acceptance as this is what they need most. We should at all costs focus on their abilities and not disabilities as well as empower them not pity. Given a chance people with special needs can perform as well as any "normal" person. KIBUCO fraternity, let us all do our part to empower them and help eradicate the stigma that is associated with them. When we encounter people with impairments, we must always remember that DISABILITY IS NOT INABILITY. Finally, I would like to appreciate all KIBUCO fraternity for accepting, supporting and loving these people. Keep up and may God bless you abundantly. Thanks

By: NAIKUMI MARTHA NANEKOI

There is a reason why God gave us two ears and one mouth.

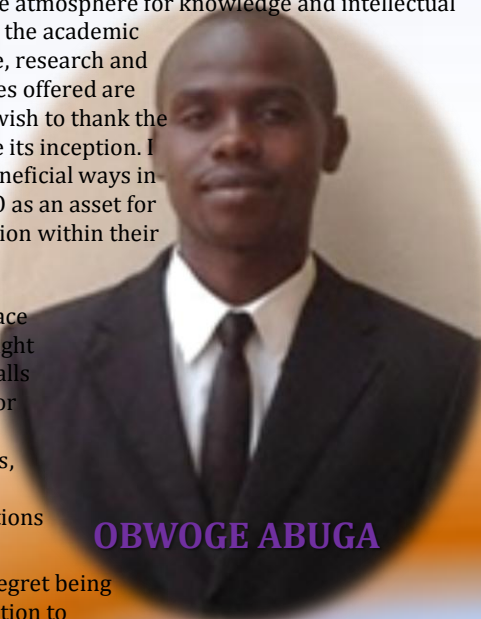
Before you speak, let your words pass through three gates .At the first gate,ask yourself,"is it true" At the second ask,"is it necessary?" At the third gate ask"is it kind" sufi saying

The Voice of Kibabii



KIBUCO PRESIDENT'S DESK

I salute you all members of Kibabii University College. Am much overwhelmed with joy and I appreciate the trust you bestowed on me as the first SGC Chairman. During the last campaigns I accept most of our supporters might have conflicted and my role is to see Kibabii with the spirit of brotherhood. Let us forget the past, set aside our differences and look at our challenges as we hold hands with energy and share ideologies for the betterment of KIBUCO. Our University has a conducive atmosphere for knowledge and intellectual growth. The campus takes pride in its devotion to the pursuit of equity and excellence in the academic programmes therefore let us be determined to create impact through academic excellence, research and outreach. Our administration so far had taken deliberate steps to ensure that programmes offered are market driven and geared towards tackling the social economic challenges in the society. I wish to thank the community for the generosity and good will that it has shown towards the University since its inception. I thus urge the University management to continue engaging the community in mutually beneficial ways in order to realize the desired goals. We urge the community to embrace and nurture KIBUCO as an asset for Spurring socio-economic growth as it is a major gain for local people, beside having education within their reach, the community is realizing direct benefit from the fast growing population of staff and students who need food, accommodation and other social amenities. For the first years, I congratulate you for joining the University. Be confident that you are at the best place ever. We all understand that our University is young and many challenges are before us, right from the catering unit to the library, from our fields to the halls of residents, our lecture halls and not to forget the water issue. The leadership team is however committed in pushing for the changes. Only I urge you to accept the rate of change. We know our rights and we are therefore fighting for them and it is our responsibility to take part by putting aside conflicts, individualism, tribalism that may take our growth sluggishly. I am confident that our management has what it takes to make this institution a beacon of knowledge and innovations at this level of education in



OBWOYE ABUGA

Kenya and beyond. Understand the University motto, vision and mission and you won't regret being in KIBUCO. I wish you success in your endeavors and please feel free in your communication to KIBUCO SGC. God bless you all

About the Sec. Gen.

How does it feel to be the first duly elected secretary general in office?

It feels wonderful. I liken it to a father begetting his very first child, you know what it means to be first; it is amazingly refreshing...besides this I can't forget to applaud the whole student body for their support and the maturity they showed during electioneering period.

What do you think is most thrilling in the sense of being a leader?

Am particularly elated by the aspect of leadership. Am one guy who is altruistic and impacting positively in people's lives gives me pleasure beyond heavens.

If you were to appear in one of the local dailies with regard to leadership what do you think the heading would read?

Mmh...that's circumstantial; but I think the heading would shade light on my philanthropic commitment; let's say "RELENTLESS NYAWARA FLAVOURS LIVES"

Most people have different opinions about leadership. What is your standpoint?

Tentatively, leadership, according to me is all about being a servant and allowing people to speak through you.

What would you especially term as your phenomenal achievement in office so far and why?

My greatest achievement is my selfless service to the people; having interest in other people's interest. It was out of this that I conceived the idea of ELIMISHA MWENZAKO kitty that will go a long way in educating the financially incapacitated but potentially educable students

What do you find compelling about your presence in Kibabii?

Its rate of growth. The University is growing rapidly and am happy that we are growing with it holistically. This keeps me alert to see the very latest growth.

Parting shot:::

"Time is the coin of your life, it's the only coin you have and only you can determine how it will be spent. Be careful lest you let other people spend it for you." Carl Sandburg



Name:Nyawara Calvince
Football Club: Arsenal
Course:Bsc.Info Tech
Position:Sec Gen

Relationship FAQs

It's YOUR Sex Life, which means you have the power to take control and make decisions for yourself. But sometimes relationships bring out complicated emotions and it can be hard to sort through what we want and feel. Get answers to some of the most frequently asked questions about sexuality, confidence, relationships and making decisions about sex including deciding if you want to wait or are ready below.



What is a healthy relationship?

Healthy relationships have a few things in common: respect, trust and communication. In healthy relationships, people spend time together, but they make their own decisions and have their own lives too. They build each other up, support each other and they trust each other.

In a healthy relationship, you can talk about any issue even if it's awkward or hard, like talking about your limits when it comes to sex – what you are ready to do or not do, talking about protection, and bringing up getting tested for STDs. It's all about listening to the other person and respecting their point of view!

What is an abusive relationship?

Abuse can be physical, like pushing or hitting. It can also be sexual, like if one person pressures or forces another person to do more than they want to. Abuse can be emotional too. Constant insults and put downs, making someone feel bad about themselves or humiliating them in front of their friends is abusive. Abuse doesn't usually happen right away. These dynamics take time to build up in a relationship, and there are warning signs, like super controlling behavior, extreme jealousy or possessiveness.



Sometimes my relationship makes me feel worthless, is it normal?

No, and it's not ok either. The next time this person says something mean or degrading, tell them how it makes you feel and ask them to stop. If they don't take it seriously and they don't stop, then it's time to consider ending the relationship. It might be hard to do, but you deserve to feel good about yourself, and your relationship should make you feel good about yourself too.

If I have a friend in an abusive relationship, what should I do?

Every year, almost 1.5 million high school students nationwide experience physical abuse in a relationship. In COLLEGE, more than half of the women say they know someone who has experienced physical, verbal or sexual abuse.

If you have a friend experiencing very controlling behavior in their relationship, being pressured into sex or hurt with words or violence, there is help available but they may need someone to help encourage them. To start, you can listen in a non-judgmental way. Then offer to go with them to talk to a trusted adult.

MR. KIBUCO'S MESSAGE

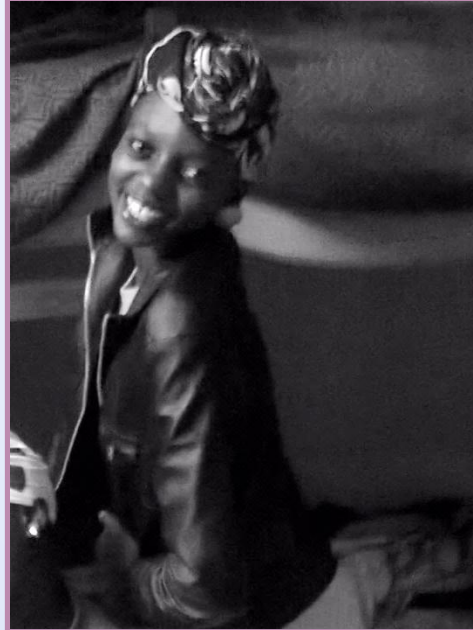


It is truly a great honor and privilege to contribute to this second publication of the Students Magazine. It is a golden chance of its kind and, this, I attribute to the seemingly endless favors of the lord that have seen us distinguish a day from another in increasingly unique ways for all and sundry. I must say am happy for what nature offers to me; a day in modelling (which I quite fancy) is like a second in heaven. It has taken me places not just to fun. It has been about establishing connections, rapport, and relations that just beside serving its prime function has seen me grow holistically, making me a better person every day. I have had the rare privilege, along with Val, of attending and

officiating at Manor Club. Apart from modelling, I remain super-vigilant on the ground to give desirable attention to the social issues giving considerable emphasis on the most critical yet often overlooked aspect of security and mutual understanding. Part of my conscious efforts to achieve unity and social cohesiveness was especially realized in the Peace Campaigns during the last elections. A peaceful institution harbors a peaceful mind that is a recipe to any unprecedented success. God bless as we keep the ball rolling.

Edwin Wafula,

A word from MS. KIBUCO



"It is only where women rule that we have streams running uphill". This is an African proverb which blatantly demeans the priceless but quite frequently undermined attributes in a woman. This is an old false truth

that no longer holds water in a modern world. It is no longer a rumour that a woman, just like a man, is undeniably capable of creating a lasting, desirable impact that can very successfully survive the test of time years afterwards. I believe in a woman in ways that drive me crazy. She embodies ideals that quite surpasses any man's expectations out of a woman. What you possess is pretty essential and unfailingly timeless! My one humble request to the KIBUCO fraternity is for everybody to embrace unity of purpose at all levels of concern. With unity comes great results that gladden any persons heart. Ladies, our integrity is of great importance and keeping oneself intact and grounded is just inevitable. Let's get it right from Maya Angelou, the celebrated US poet that: "Learn not to make someone a priority when you are only an option to them." God bless KIBUCO.

Valerie Anyango



#lets not waste our energy on sadness...laughter makes us feel good and having a purpose for life...:-D:-D#YOLO#

Liz Otieno



I wish to thank the editor of The Pointer Magazine for extending this opportunity to me on behalf of the Hostels Department to participate in writing in this column. It is an opportunity I cannot take for granted. Hostels Department has a total of 10 members of staff. It is headed by an Ag. Hostels officer. It has three house keepers and six janitors. Our mandate as a department is to provide clean, safe and comfortable accommodation to our students. The entire team is committed and it endeavors to achieve this. Hostels department is operational 24 hours and students are encouraged to feel free to visit our offices any time for assistance. I wish to take this opportunity to call upon the entire hostel fraternity to work together to ensure that our hostels are clean, safe and comfortable for our own good and for the good of others. This can be realized by appreciating the fact that it is not the responsibility of one person or a few people to participate to achieve this and by joining hands and working together as a team, we make our hostels better. Let's observe simple rules that we sometimes neglect or take for granted like disposing refuse in trash bins, avoid pouring water through the windows, observing 10 to 10 rule, keeping our music systems sounds low, proper use of washrooms, realizing that our freedom ends when the other persons freedom starts and generally leaving a place better than we found it. If we observe this simple rules with due diligence I am positive that our hostels will be a haven where safety and comfort is enjoyed by all. We are privileged to have very beautiful hostels with necessary fittings and fixtures to make our stay in the hostels comfortable, let's take care of them so that they can be of use to us and the generation to come. Thank you.



By Margaret Waithaka

**“if you want to rule by religion,
you have to rule by peace not by
gun”**

We are at a time when security is of great concern both at national level and local level in our country. It is our wish (security department) that your time at Kibabii University is safe and productive. In pursuit of our mandate; we are cognizant to the fact that security, within the Kibabii community, requires the input of all stakeholders hence as a department we are committed to community policing and collaborative problem solving approach to place the entire Kibabii fraternity in a safer environment. The department is the University's law enforcement division and is committed to work with other departments to ensure uniform application and clear understanding of the University rules and regulations. The department handles all cases of crimes, insecurity and rules and regulations violations. Students are encouraged to always report any form of insecurity to the office at any time, we are and will always be at your service. Crime prevention is everyone's responsibility. Your safety starts with you as individual. As much as our office is the primary agency responsible for creating a safe and secure environment, I encourage all staff and students to work together to share this responsibility. Many incidents of insecurity can be avoided if people take precautions to prevent their own victimization. Let us join hands to promote security at our campus. It is our express goal as a department to make Kibabii University a safe place for working and learning. Welcome!



Joseph Shilasi

Assistant Security Officer

The Pointer~2014-2015

security and accomodation (non-resident.)

Even though time for politics is long gone, I would just like to take all of you back memory lane and thank all of you for your support that time and promises of cooperation. If we all show the devotion we exhibited during the 'Pamoja' - 'Umoja' campaigns, we will take Kibabii to the next level. We will make this place an epitome of success and performance, an envy of many who regard us as underdogs. We have already started making a mark on the East African map in many different fields such as sports and the like and if we continue with the same spirit, Kibabii will be the talk of town on the positive side. Security is a major problem to us even as a nation. First of my agenda in office is to ensure adequate security for all KIBUCORIANS, the non-residence in particular. One way of ensuring this is through embracing the Nyumba kumi initiative. Many detest to this but it has proven to work applied. We should know how our neighbors and be our brothers/sisters keeper. By so doing we will move a step closer to better security. Even though I have a different political affiliation, I concur with the president on the saying that security starts with you and I. We sang the gospel of comrade power back then, let us all embrace it in our day to day life and bring that change that we all require around this place. Rent issue is another item that this office promised and is actually working on. One way to

ensure that landlords do not take advantage of us and hike rent whenever they feel like is through signing of tenancy agreements. Such contracts spell out the standard rent and all the situations that may lead to an increase in rent and the procedure for the same. We are working hand in hand with the school administration to protect our students from abuse by landlords. Rent should and will be standardized as per the house situation and location. Inspected rentals will be communicated to the students wishing to be non-residents and tenancy agreements drafted and signed after occupancy of the said rentals. We also brought up the idea of an organization for non-residents. Such will bring us closer together. We will, with your support, move the idea a step further and make it a Sacco of some kind in which members will benefit financially. We will do away with the hand-to-mouth tradition in KIBUCO. By empowering students financially and encouraging entrepreneurship, life will be smoother for us and studies simpler as we will then concentrate on books. With your support, we will deliver the above and many other things and services to you. We will all work towards making Kibabii the talk of the day. Security should not be a problem to our students, no landlord will abuse students on matters of rent, houses will be up to the required standard and the hand to mouth tradition we have adopted will be a thing of the past. Kibabii is still very young and we are the ones to determine and shape the present and the future of our University. As a parting shot, I would



like to urge all of you to embrace positivism in life. Let us be radical thinkers but radicals with brains. We should only embrace traits that are positive and that will help us to achieve our life goals. Forget about what cannot help you in life. Lead your life positively and to the fullest so that even if you were to exit the world, you would have left a legacy. Mark your place in history like the likes of Gandhi, Mandela, Luther Jr. and Lincoln. Nothing is impossible as long as you have set your mind on it and work tirelessly to make it a reality. Obama believed and he is now the president of the most powerful nation on Earth. You can also make it to the table where the national cake is shared and dine with the kings and queens of the land.

'Support us to give you what you deserve. Your problem, our obligation'

Lionel Mutua

Top 5 Tips to Find a Job

Congrats, you are finally graduated from your University. The only snag is where and how to find a new job corresponding to your studies? Here are some tips for you.

Well-presented and coherent resume and cover letter: First of all, make sure to have a correct and coherent resume and cover letter. State explicitly there why you are the best candidate for a given job offer. In other words, "be clear". Ask an advice from an expert if needed be to correct some mistakes there in. Information has to be coherent in the resume and the cover letter. Before writing them down, read the job description and carefully target it to your desire to work in the company. Go online or on TV and try to discover what is the job seeker searching for as well as key elements that can be discussed during a probable interview.

Searching scrupulously: Depending on studies you have followed, you can start researches. Job application may not be directly answered a few days after the deposit. Nevertheless, you will need to be patient and keep on searching. There are hundreds of websites on the Internet that can provide you with job offers that can meet your needs and requirements. Search on newspapers, keep connected with friends and ask them if there is an offer somewhere that may be interesting for you.

Use social networks: Social networks can work for both personal and professional use. Get involved in professional social networks, participate in forums and do not hesitate to show your degree and competences off. Networking is considered to be the number one in networking strategy. Sooner or later, you will receive an answer from a recruiter. You can also use options such as online notification to remind and alert you of a job offer.

Do what it takes to stand out among the crowd: Human resources boards receive and have to read about hundreds of resumes per day. They do not have enough time to read them carefully. Due to this situation then, you have to find ways to make your resume stands out from others. Copy paste from the Internet can be a real danger. Online models are quite the same and using them is giving HR chances not to read yours. Moreover, target your documents (letter of application and cover letter) to the special job you are applying for. Make sure it does not contain error. You can also call the employer and share your excitement and enthusiasm concerning the job offer.

Be confident and don't give up:

Take this last tip in your heart. You may have tried everything but the future still remains unopened. Getting discouraged can happen to everyone and especially to students searching for their first or their new job. Looking for a job is a competitive market. If you give up too early, you are losing the trade. Even if many people are lacking of motivation and initiate, let it be not you. Perseverance is important in any field of life.

Non-resident congress Representative

Be positive to yourself .Have principles that you abide by. Don't follow the crowd .If you disagree about something, say it and stand by it .It is better to be wrong about your views than to be right about other people's views. Learn to manage time, value your time and other people's time. Better late than never. Learn to give yourself time, money, resources etc. Remember all you are, all you have is because of God. Trust God from the bottom of your heart; don't try to figure out everything on your own. Listen to Gods voice in everything you do, everywhere you go.



By Emmanuel Simiyu

CONGRESS HB1

I take this juncture to give my sincere thanks to all the Kibabii community , for the support you gave me during the time of campaigns and election. May I take this opportunity to acknowledge the presence of first years of 2014 for joining us. To commence with, I need to make it clear to Kibabii University students that its alright to live by Godly principles loving our partners, caring for them and living a life of service by developing our God-given talents to exhaustion. We need to remind each other that there is nothing judgmental about having values and principles and there is nothing wrong with standing firm with your decisions if we apply all these in our daily lives, then inculcate it in the next generation. As a matter of fact in life, men occasionally stumble over the truth , but most of them pick themselves up, hurry off as if nothing ever happened in life, knowing others is intelligence, knowing yourself is true wisdom, mastering others is strength, mastering yourself is true power, I urge you to be generous as somewhere along the way, we must learn that there's nothing greater than doing something for others as depending on one another in order to fully fulfill our destinies and dreams. One man's selfishness can negatively affect the destinies of millions of other individuals. I urge you to work hard in your field of specialization and you share for, blessed is the hand that gives than that which receives. A free advice for KIBUCORIANS: Life is too short for grievance torment agony disappointment, disapproval, malice and tragic moments as time elapses. Living our spirit low, and low and psyche in folks fading everything remains superstitious. In every incident there stands a ghost. leaving our living in suspense. A great puzzlement and fix there is no sure way nor destiny whence cometh my savior? The supreme being beyond the sun answer our supplications.

Raphael Getenga



Director of Internal Security

Fellow KIBUCORIANS it has come a time for us to review what we have achieved. Congratulations for bestowing me with the responsibility of handling the student security apparatus. As we stand together to enhance the most conducive environment for performance of our main agenda which is gaining of skills that will help us fit perfectly in the society. Our security is our first option . Let's get to know each other enhance cohesiveness within and out of the University so that we may be able to safeguard our property and lives. In our University let's take care of each other's welfare . Our lives depend on one another. Our goals need not be shifted by unnecessary talks that bring no change to our problems . The rate of criminal activities within the University ranging from affray, theft and other misdemeanours. This type of behaviours tends to ruin our daily Interactions and castigate a lot of problems such as

mob injustices. We need to be vigilant in our undertakings and those of our friends so that there can be harmonious coexistence between ourselves.

Mathenge Benson

**PATA LOAN
HAPO TU KWA
SIMU YAKO.**

JIBENKIE!

Funqua akaunti ya **KCB M-Benki** sasa. Piga *522#

HOW TO OPEN A KCB M-Benki ACCOUNT

- 1** Dial *522#
- 2** Confirm that you would like to open a KCB M-Benki account.
- 3** Enter your details as per the instructions.
- 4**
- 5**
- 6**
- 7** Confirm that your details are correctly entered.
- 8** After your account is activated, you will receive 2 SMS. One with your KCB M-Benki account number and the other with your PIN number.
- 9** To access your KCB M-Benki account dial *522#.

Image courtesy of KCB

Healthy

STD's

Living

Drugs

SEX or **CONDOM**

HEALTH SERVICES DEPARTMENT



Kibabii Health Services is a department within Kibabii University College offering preventive, promotive and curative health services to bonafide staff, their dependants and registered students.

Under preventive and promotive services, the clinic has a VCT unit offering HIV Testing and Counseling Services from Monday – Friday from 8am – 4pm. Health education, staff and students peer educators, condom distribution infection prevention and environmental sanitation services.

Curative services to include nursing care 24hrs daily for referral, ambulance services are available 24hrs for both staff and students.

Medical Records Section

This is a section within the Health Services Department run by a qualified health records and information officer.

The core mandate of the section is to:

- registration of new patients
- filing and retrieval of medical records
- editing of patients records.
- compiling of daily, monthly and yearly outpatient morbidity reports.
- disposal of medical records according to laid down procedures.

Pharmacy

Pharmacy is a department offering wide range of services:

- 1, Drug dispensation on prescription
- 2, counseling on proper rational drug use.
- 3, procurement procedure i.e. ordering, procuring receiving and issuing





Drugs



Did You Know?

Alcohol is a poison

Agatha Christie doesn't write about it as a murder weapon and it doesn't feature in Cluedo. But alcohol is a poison and can sometimes have lethal consequences.

Your body can only process one unit of alcohol an hour. Drink a lot in a short space of time and the amount of alcohol in the blood can stop the body from working properly.

It can:

- ✓ *slow down your brain functions so you lose your sense of balance.*
- ✓ *irritate the stomach which causes vomiting and it stops your gag reflex from working properly – you can choke on, or inhale, your own vomit into your lungs.*
- ✓ *affect the nerves that control your breathing and heartbeat, it can stop both.*
- ✓ *dehydrate you, which can cause permanent brain damage.*
- ✓ *lower the body's temperature, which can lead to hypothermia.*
- ✓ *lower your blood sugar levels, so you could suffer seizures.*

Catering Department

It is common wisdom that Catering, though not universally realized, is a very key sector in any institution whose score-board is just too nice to look at. It is actually the throbbing heart of any institution ever and perhaps this is explained in more candid terms by the prominence given to the department in Kibabii University College. It is a giant department comprising of 26 members with the principal at the apex and the kitchen attendants at the lowest. The seriousness given to the sector has made it acquire ultra-modern equipment which are in place this semester, and will go a long way in addressing perennial menu restriction problem. Among many other achievements, the department boasts of having successfully expanded and aptly maintained



catering services to the staff. Plans of opening up a bakery are afoot and something worthwhile both for the University fraternity and the immediate community folks is in the pipeline. The department has amazingly soul-cooling schemes like establishing coffee shops as a bid to realize immediacy to customers, indeed precious! The department, however, faces a number of problems, central among them being understaffing on the ground and limited operation space. There is hope that the workforce will be beefed up in this financial year 2014/2015.

Elfrida Ngerechi,
Catering Officer.

Common STI's

Know your
ABC's about
STD's



DIRECTORATE OF CATERING AND HEALTH

Comrades' bravo! For having exercised your democratic rights by installing leaders of your choice in various positions in accordance to MMUSO constitution. My hope and believe is that we leaders will live up to our constitutional mandate in line with our pre-election pledges. It is commonly said that opportunities are only seen when they are going but I think KIBUCO scholars will seize them as they appear Dear KIBUCORIANS let us generate creative and innovative ideas that will help set very high health and catering service standards. My duty and mandate is to ensure that these standards are upheld and maintained and am committed to this cause. Comrades let us not only think about what KIBUCO has failed to provide but also what we can do to see KIBUCO improve. The legacy we are going to leave behind is a corporate responsibility.

By : LOTINYANG NOAH
DIRECTOR.



HEALTHY TIP

Health is a large word. It embraces not the body only, but the mind and spirit as well;...and not today's pain or pleasure alone, but the whole being and outlook of a man.~James H. West



"Every human being is the author of his own health or disease."

ETIQUETTE AND THE YOUTHS

It is not uncommon to hear guys shout vulgar and abusive words in public indiscriminately. It is more than obvious that this never sounds sweet especially in the presence of adults. Use of euphemism and etiquette can take you farther than just sounding good; it can actually praise you much more eloquently than your egocentric utterance. Get to know a few things that can make you a sound human.

Learning to say thank you, sorry, excuse me, pardon please can make a different you. It may appear 'unyouthful' but the respect it earns you and the image it paints of you is timeless, it lives beyond your earthly life.

Euphemistic expressions too help you put across rather harsh words in an acceptable way and here are some euphemisms matched with their harsh words oftenly used, some are not harsh though, but have their euphemistic equivalents

Vertically challenged - short

Differently abled - crippled

Still wet behind the ears - a virgin

Put one in the family way - impregnate

Financially embarrassed - poor

One has strong financial muscles - one is rich

One smiles all the way to the bank - one earns handsomely

An inventory leakage - robbery

Correctional/ internment facility - prison

Domestic engineer - maid

Surveillance officer - watchman

Adult beverage - beer

To pee/ take a leak/ drain the lizard - urinate

Restroom/ outhouse/ backhouse - toilet

Fun bags/ tits/ headlights/ sweater puppets - breasts

Bum/ fundaments/ backside / behinds - buttocks

Executive action - assassination

Budget surplus - profit

Public donations/ shared sacrifices - taxes

Fines on the spot - bribes taken during traffic stops

Motivationally challenged - lazy

N/B : These ones are from the lake, I guess they will be ready for use in the country soon;

Luos don't get bankrupt - they experience financial off-peaks.

Luos don't copy exams - they only confirm answers.

Luos don't fail exams - they differ with examiners.

Kennedy Barasa

"The eagle has no fear of adversity. We need to be like the eagle and have a fearless spirit of a conqueror"



"DEEP FRIEZ",



WHY GREAT
AMOUNTS OF IT
CAN BE DETRIMENTAL
TO YOUR HEALTH!

In a world replete with sweeping technological changes and far-reaching digital waves, a lot-good and bad-has consequently evolved, especially among the youths who have a remarkable mastery of the ABCs that are invariably flown along in the massive digital winds. The youth in their bloom have adopted trendy, 'cool' lifestyles that, unfortunately threaten to foreclose possibilities of a 'livable life' in the near future; the kind of fried foodstuffs they deem essentially preferable to other traditional stuffs. It is not exactly bad to use such foodstuffs but the genesis of controversy here actually stems from the frequency in which they are consumed, and that forms my talking point. Most youths, especially ladies fancy and use plenty of not only deep fries but also, am sorry, sugary foods. These stuffs constitute part of their daily diets, which is an uncomfortable truth to the ears. A lady in her youthful bloom will feel quite at home with a gentleman who takes her out for a date and orders kuku fry, chips, picana, Afia or soda among other foods that count. You all must agree with me that a cup of *uji* with a *kangumu* at 110 HOTEL to a little precious Njeri, or that submissive breath-taking Nanjala will definitely not be a smooth flow for the so-called man-in-charge. The result could be anything from a simple frown to a blood-curdling pesky voice in protest and an almost immediate jilting! That denotes a blatant abuse that needs to be met with a backlash in a similar fashion. Fried foods can be a typical green snake in green grass in a sense that it agonizingly corrupts our health in ways that further compromises it well throughout our lives. Deep fried stuffs like chips which, unfortunately, a modern lady wants them crispy-fried, contains a compound - acrylamide(largely formed in starchy foods that are baked or fried) which has an ability to initiate cancer development, and the compound is highest when the chips are extremely fried to meet the taste of a modern lady. You definitely know what this communicates now. "*Chips za huyu mmathe ni viazi boil tu, tukende kule juu kuna chips mkauko*". This was

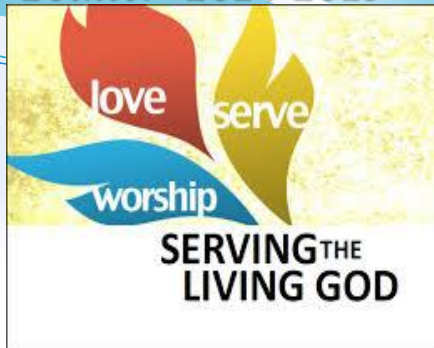
a modern girl requesting a committed boyfie to take her to the Chips Point that appeals to her rather fussy appetite. I was personally an inveterate addict of sausages but some constant nagging from my dad who would not let me stumble, even health-wise worked miracles. Those fleeting, sausage-motivated journeys to town came to a grinding halt, a blessing in disguise, I must admit. Apart from the deep fries, other sugary consumables like fudge, chocolate, soda which are popular among the youth also to some degree have the ability to initiate gross health complications among them bowel cancer for both genders and breast cancer risks for ladies who capitalize on them at youthful ages. In Kenya, 82000 cases of cancer are reported annually and 60% of those who die are youths, at the threshold of productivity. Globally, 14.1 M people were diagnosed with the disease in 2012, out of which 8.1 M succumbed. I lost a friend in High School as a result of Cancer, who had a bright future like anyone of us and it really pricked my mind. I buried a loving relative hardly three years down the line and this - a result of cancer, arrested and mutilated my mind and I have come to learn that though the disease could have some genetic bearings, our lifestyle can too contribute significantly in initiating it. About drinks, let's minimize the use of sugary stuffs. Ladies who take soda for lunch should get it plain. Regular consumption of red meat like pork, beef, mutton etc. is detrimental to our health. White meat like chicken and fish can be a great substitute. Concerning the excessively fried stuffs, avoid them like a plague! Let's be conscious and mindful of our diet to achieve a sound productive life, to realize dreams, to effect changes, to live lives, let's not simply talk a talk on this, let's walk a walk on this one; prevention is better than cure!

BY Barasa Kennedy

Liz



... Be friendly and always there to listen to what others have because very few guys possess this trait



Seventh Day Adventist (SDA) church is the remnant church that keeps the God's Sabbath with a membership of over 17million world wide. SDA is governed with a well defined structure as follows:

- 1.General conference(GC)
- 2.Union-following national boundaries
- 3.Conference or mission-sub divisions of unions
- 4.Local church congregation

The mission of SDA church is "To make disciples of all people, communicating the everlasting gospel in the context of the three angels' messages of Revelation 14:6-12,leading them to accept Jesus as personal savior and unite with His remnant church, discipling them to serve Him as lord and preparing them for His soon return(John 14:3,Acts1:11,Revelation 22:12)"The church is determined to this mission under the guidance and through empowerment of the Holy Spirit by: Preaching(Matthew 28:18-20),teaching, healing and discipling. This remnant church also has a vision which is to envision a warm and loving congregation of Christians whose lives and ministries are Christ centered(John 15:1-5),Holy Spirit controlled(Galatians5;22-26)and ready for the second coming of our lord savior Jesus Christ. Kibabii University being a public University in Kenya has brought students from all corners of Kenya and abroad and through God's grace it has brought together Adventists students to form KIBABII UNIVERSITY SEVENTH DAY ADVENTIST(KISDA).KISDA began in 2012 with a population of about 25 dedicated members who were the pioneers led by the Able Chairman Bro.Dan Chambe whose leadership ensured peaceful coexistence in all members of the church. In deed God has really been merciful to His servants by keeping His promises and surely we can see God's hands through the mighty things and that the lord has done to his servants. Throughout the 3 years of KISDA'S existence we have managed to pass through difficult and challenging situations which to us were temptations brought to us by the deceiver-satan ,but thanks to Almighty who has been our stronghold and deliverer resulting to our tremendous victory in all circumstances. Currently KISDA has grown big with a population of 164 members with 22 leaders who are constantly being led by Holy spirit to carry out their divine duties amidst numerous challenges that they encounter in the narrow path. All members are determined to ensure that the entire Kibabii community receive the Bible truths and accept Jesus Christ the author and finisher of our faith.

We intend to do this by studying and teaching God's people the seven pillars or doctrines that the remnant church is founded upon. These principles are:

- 1)Second coming of Jesus Christ
- 2)Health message
- 3)The sanctuary message
- 4)Spirit of prophecy
- 5)Faith of Jesus Christ
- 6)State of the dead
- 7)The Sabbath of the lord

We therefore welcome all people to come and we share God's grace as we prepare for the second coming of our savior Isaiah1:18.AMEN



**BY: Edwin Yoga
Chairman KISDA**



Assalam Aleikum (Peace be upon you),

Dear brothers and sisters, MSAKIBUCO is an association of Muslim students, staff, non-staff and the Kibabii University College alumni. It has three types of memberships: full membership, associate membership and honorary membership (refer MSAKIBUCO constitution page 2). MSAKIBUCO was formed in the first semester of the 2012/2013 academic year and was under the leadership of the able hands of the then Chairman brother Khamis Mwandia. It draws its motto from the Hadith of the prophet "Enjoining all that is Al-Ma'aruf (i.e. Islamic Monotheism and all that Islam orders one to do (sahih Bukhari 8:53-O.B))" Our main goal is being a frontier in coming up with initiatives to assist our community and lead by example. The Association has a patron, Mr. Faraj Anduku, and an Imam, Sheikh Mohammed Assam, who is a religious counselor to the Association. Among the association's objectives are: To play an active and collective role by and through any means deemed appropriate for the interest and general welfare of the Muslims within and outside the University campus. The association visited schools for talks with the students to inspire them and motivate them to work hard for their success. This was deemed to be important due to the low numbers of students transition from the primary to secondary school and from secondary school to the higher institutions of learning. These talks were done at Bungoma Muslim Secondary school and primary school. Planting of trees. This was done prior to the talks we had with the students in the various schools.



MSAKIBUCO members participating in Meeting of minds

The National School. Here, members attended different lectures by different scholars to build on their spiritual and social life. The association organized a meeting themed "Meeting of minds" which was open to all members of public. The meeting touched on crucial issues concerning Islam and misconceptions about Islam. We thank the Almighty for accomplishing all this, despite the financial challenges we've been facing. We also thank the Kadhi's office Bungoma, the Bungoma Muslim community, Zakat foundation America, not forgetting the greater support from the Kibabii University College's administration under the leadership of prof. Isaac Ipara. We are looking forward to achieving more in the next academic year. To plan, establish, run and maintain funds generating projects which are compatible with Islamic teachings for the running of MSAKIBUCO activities. To reaffirm and uphold faith in the fundamental teachings of the Holy Quran and promote better understanding of the teaching of Islam found therein. To establish friendly relationship and foster mutual understanding between MSAKIBUCO and other bodies. (please refer MSAKIBUCO constitution page 1) Among the activities MSAKIBUCO has engaged in the past academic year are:-

**By ALI SHOGHOSHO ,
CHAIRPERSON,MSAKIBUCO.**

APPETITE OF A LAYMAN

Occasionally in life there are moments which cannot be completely explained by words. Their meaning can only be articulated by the inaudible language of the heart. I hold this truth to be self-evident that I honour and respect the voting rights of my fellow KIBUCORIANS who entrusted us to be their student leaders. I thank you for consideration and opportunity to serve you. For sure you didn't fail in voting us in but it was evidently clear that in your needs you have registered a mandate that you want to direct a new endeavour; KIBUCO of law, where the strong are just and the weak secure, and peace preserved. Though problems are the cutting hedge that distinguishes between success and failure our first and fundamental challenge as Kibabii University is STUDENT'S WELFARE of which I would like us, as student body, together with administration to announce another important plank plan to address this problem. My dear friends, happiness begins by confronting that which is haunting us in our subconscious. Also fingers and thumb work best in union. I therefore urge all of us to work together in unison. **God bless you all.**

Letting Kiprop-KIBUCOSO Vice Chairperson

Islam and non-Muslims

A lot has been said about Islam and how Muslims should coexist with non-Muslims. Often do contentions arise which sometimes come with retorts and cries from different corners of our communities. The following writing will give a brief but fundamental understanding of Islam and the coexistence between Muslims and non-Muslims.

What is Islam?

The term **Islam** is derived from the Arabic root word **silm** which means total submission to the will of the architect of all creation, God. Islam is realized by obedience to His commands and refraining from His prohibitions. It is not just an ideal for adoration nor a bunch of Do's and Don'ts, but rather a complete practical code of conduct manifested through deeds in every aspect of human life. It touches on the individual's relationship with Creator, self, kin, community and entire environment. The word further denotes the religion in which submission to the will of the Creator is applied. The individual is the most irreducible basic unit of a society and a launching instrument on which Islam or any other system revolves. More reason why Islam always begins with an individual in addressing an issue is that it invariably prefers quality over quantity.

The internal and the external natures

Man is defined as having two complementary natures that intimately interrelate and forever interact with each other, the internal and the external natures. Internal nature of man refers to the soul and mind which we shall be referring to as the moral aspect and intellectual aspect. The rest of man's activities are the external outer nature. This concludes that man does not live on bread alone. Islam prescribes man with a moral life that provides spiritual nourishment needed for piety, righteousness and ultimately peace. The fundamentals of this prescription are: Prayers-the five daily prayers performed on the specified times. Alms giving-These are donated by the rich in the society to the poor to alleviate poverty and suffering by the poor. Fasting Love of the creator and His plans and abilities Sacrifice for the sake of the creator The intellectual nature of man is made up of reasoning power that is granted to assist man differentiate and choose between right and wrong. He shall later be made to account for his deeds on earth (as he chooses his destiny)

How should Muslims coexist with non-Muslims?

Answering this question requires answering these questions: Who are non-Muslims? Does Islam teach on how Muslims should live with non-Muslims? And if yes, what does it say?

Islam gives a complete way of life and organizes all the affairs and aspects of it. Having said this, Islam never left out any aspect of life. A Muslim is a person who abides to the Islamic way of life therefore all those who do not abide to the Islamic way of life qualify to be non-Muslims. Islam has laid standards on how Muslims should peacefully coexist with non-Muslims. The prophet of Islam (May peace be upon him) said: "The Most Merciful will have mercy on those who are merciful; be merciful with those on earth (i.e., the people) and God (the **SUPREME** and **ONLY**) will be merciful to you."

This brings us to the general etiquettes of a Muslim with the non-Muslims which are: Never oppress a non-Muslim; on the contrary, be just with them and never harm their wealth, blood or honor as long as they are not fighting against you. Treat them mercifully It is allowed to give or accept theirs as well as eating their food as long as they are from halal sources and that whoever gives you believes in God. Before concluding this, **abode** comes as an issue of concern. Quoting Shaykh Abdullah bin Bayyah's speech when he visited the Santa Clara Convention Center in Santa Clara, California in July 31,1999. He says that many of us think of the world as divided into two abodes, the abode of peace and the abode of war. So, the central aspect of relationships with the Muslims is aggression. This idea is wrong. . There are three abodes: there is the **abode of peace**, the **abode of war** and then there is the **abode of treaty** where there is a contractual agreement between two abodes. The third abode is the best of all for Muslim/non-Muslim relationship and involves a relationship of dialogue, of peace and of give and take. In addition we have to recognize that the creation itself is diversity. It is a creation in which you see variation of colors and languages and the Creator did all this for wisdom. Not only that, He made us on different religions intentionally because He said in the Quran, "If your Lord had so willed He would have made humanity one people, but they will not cease to disagree, except those on whom your Lord has bestowed His mercy." (Quran 11:118-119)



Ali Moyo-Muslim Student(KIBUCO)



To this far we have had help from the Lord our God, and so on behalf of KUCSA I stand here testifying to both small and great the love God has shown for Kibabii University. For every worse moment we have been in, there has always been something positive. Let us stay positive for God knows what is best for your today and forever more. Consequently, never close the book of your life when God has not finished writing your story. **ARISE AND EVANGELIZE TO THE PEOPLE OF ALL NATIONS**.....that we are truly one as members of Christ's family and indeed we are one as the united family of KIBUCO in faith and in deeds. We therefore rejoice when things go wrong and with the solemn heart of mercy we light up the world, give it a better taste and healing of wounded souls. Our life is like a ship that we steer through rough seas and calm waters. We can't control



the ocean but we learn to navigate better. It's always not possible to change the weather but we can adjust our self to fit comfortably no matter how unfriendly situations may seem to be. Always aspire to acquire your desire which you admire. Do not retire even when people conspire because you have a messiah who will make the evil plans expire and backfire. The almighty will inspire you to have the desire never to retire doing good to the entire people until they admire your goodness. For the blessed are those who believed without seeing, so are you today. Last, Remember, "the reluctant stride of a chameleon is not a symbol of cowardice,". The rent we pay for staying in this world is the service

we offer to others and the only way to reach the throne is through the servant squatters. I am proud as we feel humbled and proud to serve and help our friends and brothers in KIBUCO for our common good. Let us support and celebrate our unity and prosperity in KIBUCO because today's seeds will produce tomorrows' harvests. Friends, There is no future in looking at the past. May we all focus our eyes towards the success of this great people of KIBUCO and the achievement of our common goals. May the good lord BLESS KIBUCO and especially the fourth years who are soon out to commence life outside school. Regards:

*Magaro Vincent Oloth, Chairperson KUCSA
(Read Matthew 5:1-17)*

A CREED FOR THOSE WHO HAVE SUFFERED

I asked God for strength, that I might achieve.
I was made weak, that I might learn humbly to obey ... I asked for health, that I might do greater things.
I was given infirmity, that I might do better things ...
I asked for riches, that I might be happy.
I was given poverty, that I might be wise ...
I asked for power, that I might have the praise of men. I was given weakness, that I might feel the need of God ... I asked for all things, that I might enjoy life.
I was given life, that I might enjoy all things ...
I got nothing I asked for--but everything I had hoped for. Almost despite myself, my unspoken prayers were answered. I, among all men, am most richly blessed!

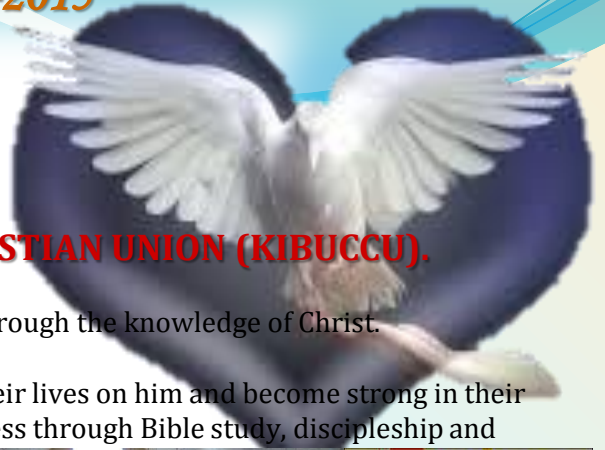
#teamMasufferer

WHAT MAKES A BIG DIFFERENCE

There was a man taking a morning walk at the beach. He saw that along with the morning tide came hundreds of starfish and when the tide receded, they were left behind and with the morning sun rays, they would die. The tide was fresh and the starfish were alive. The man took a few steps, picked one and threw it into the water. He did that repeatedly. Right behind him there was another person who couldn't understand what this man was doing. He caught up with him and asked, "What are you doing? There are hundreds of starfish. How many can you help? What difference does it make?" This man did not reply, took two more steps, picked up another one, threw it into the water, and said, "It makes a difference to this one."

Erick Aketch

Spiritualism



KIBABII UNIVERSITY COLLEGE CHRISTIAN UNION (KIBUCCU).

VISION:

To transform, develop and empower for life and godliness through the knowledge of Christ.

MISSION:

To help members keep their roots deep in the Lord, build their lives on him and become strong in their faith by his word and be filled with thanks giving as his witness through Bible study, discipleship and evangelism.



AIMS OF THE SOCIETY:

CU Choir

Discipleship.

To deepen and strengthen the spiritual life of its members by the study of the bible, prayer and fellowship. Evangelism.

To witness the Lord Jesus as God incarnates and seek to lead others to a personal faith in Him.

BRIEF HISTORY

KIBUCCU started on the second week of first semester in the our first year of study here in Kibabii University College(march 2012) as a prayer meeting that was started by four brothers i.e Charles Otieno, Noah Wafula, Patrick Chukunzira and Alex Okang'a in hb2 room95. By God's grace the brothers' prayer meeting expanded and led to the birth of this c.u that we have today. The first executive committee came into office in 1st April, 2012.they served faithfully till 30th March, 2014 when we had our first transition.

We welcome all kibabii University COLLEGE community to our fellowships and activities which include:

Sunday services

Friday fellowships

Bible study

Sunday school classes

(for staff children)



Sunday service



Sunday School



Mission to Kitale



praise and worship

GOD IS ABLE
TO DO ABOVE
OUR
EXPECTATIONS



The Pointer~2014-2015 Congratulations SGC

One reason for the sluggish progress of Kenyan development is its political instability. Correct me if I am wrong but I am almost certain that it's the root cause of corruption and insecurity, which hold the biggest percentage as to why we cannot move forward as a country. Political instability leads to poor leadership, which means that we cannot fight

against corruption and neither can we tackle the insecurity issue which has brought in a lot of tension and is very rampant in Kenya. I know you've heard this more than enough times but seriously, it's surprising how fast we can forget what happened during the post election violence yet some fellow citizens are still suffering from its consequences. It's quite perplexing that after all we went through, some of us are still willing to go through thick and thin shouting support to our political sides forgetting that 'fahari wanapopigana.....' We must look beyond political fighting, which will definitely not take the country an inch forward. It is very unfortunate



that our youth are slowly taking after our leaders' steps and others have already jumped into the fray which, sorry to say but is not commendable because they spend time politicking around instead of acting. Where are we heading to if our future leaders, at the University level post hate

speech in the social media? What will become of us if we follow the trend of choosing leaders based on our tribes yet everyone is preaching against tribalism? We had KIBUCO elections a few months ago and I just cannot forget to congratulate the newly elected SGC leaders, who we all trust to have the ambition to lead our institution to a higher level. I congratulate all of you for having the elections peaceful as well.

Mmmh during our campaigns, I disliked to see some not very interesting posts though I could not help but go through them. Come on guys we are at the University level and we do not have to go on commenting and arguing on a post just because it has annoyed us, his will mean using

degrading language to intimidate the opponent. I understand its politics but *ah-ah* it may reach a point you will have to ignore or withhold comments on some posts to portray yourself as a learned being.

I am on attachment at the ministry, under a very busy department so I got to go, but for now, forget about degrading language especially when it comes to politics, whether or not you want to be a future leader.

KIKUYU MONEY IN DIASPORA

I heard them saying all crafts are crafts be it aircrafts or be it witchcrafts but what differs is the landing point that differs. You may not know what that means until you know what I witnessed in Arusha Tanzania. The president of republic of Kenya- UHURU KENYATTA (BABA) was invited to an occasion in Tanzania by the president of Tanzania. The occasion was to take place on a weekend. When the invitation came BABA was still in his presidential campaigns to prepare for 2013 March Elections. BABA is a UKUYU he is of the clay that believes in making money and investing. President of TZ send him some KSH 200,000 as the AIR ticket to city Arusha, BABA decided to use this money for campaign and also as fueling money. He started his campaign in Nairobi and headed with the campaign following the route that would lead Him to TZ. On reaching the border he was air lifted to the city in a TNA helicopter and people kept wondering. In TZ we were welcomed by two MCs namely YOHANA

KAPOMBE JAMBAZI and DAUDI MLEVI KADOGO. In fact this MCs were so charming but had one problem, they were not eloquent in the Swahili language that made me suggest they are not pure Swahili people. They at a point told BABA "*karibu sana mtumshi wa wananchi. Hapa ni Tanzania mahali pa utulivu. Rais kula zetu wawili ni zako na twajua zitakufanya ushinde hizi chaguzi. Twaoba kukuona kando kidogo kabra ya uende Kenya*". I told BABA meet them and listen to them and this is what they told us" *Rais tumekuona tukafurahi sana tukajua bado unatukumbuka. Majina yetu yangu ni JOHN WANJOHI MUKORA na mwenzangu hapa DAVID MURIU KANINI*". We all busted in laughter to realize that they were kikuyus in TZ who translated their names to Swahili for them to make money. Mkikuyu ni mkikuyu hata iwe aje lazima pesa kutafuta.

BY MAINA MUIGA

Where do broken hearts go?



Heart broken? Do not fret; it is necessary, how absolutely agonizing it is to have a heart break . How many of us will be willing to cut off precious hair if It could help mend a broken heart ? How Many of us wish for a magic pill that would selectively erase the memories of those who break our hearts ,memories of the moments we realize that one person we thought we could trust with our very existence did not even share our feelings? And how do we mend a broken heart? Would we all not want to know ? Unfortunately , the heart is like a mirror ; once broken, even the glass experts of all glass experts could never give the mirror its original smooth look back . He can put back all the delicate pieces if they are available but there will always be evidence of what the mirror has been through .It is the same with our hearts We only love completely and utterly once .After that, even if we become operational like a once broken mirror can become ,those to handle us will have to deal with “funny images” .But that is the spice of life and no wonder we are a cynical people ,it is not our fault ;we are innocent

Fortunately ,time is a great healer and no matter how badly we are slighted ,all the pain disappears with time ,unless of course there is something absolutely wrong with the wiring in your brain disabling you from moving on after a broken heart .In that case you may need to be slapped, kicked and detained .If you just had your heart broken you are lucky because you have us stopped thinking with your mind (good thing it was not designed for such a task) and switched to thinking with your heart as was intended . Once time has done its job and healed, you should be able to call the person who broke your heart and thank them for profoundly changing your life for the better. They say every dark cloud has a silver lining ;those words could not be truer when it comes to broken hearts having your heart broken is not the end of the world unless you top yourself but of course it could be the beginning of another exiting world. **BY GENERAL GILBERT ORODI**
Cheers to the broken hearted!



products of experiences beyond our control ,experiences usually thrashed down our throats by people we once loved and trusted .We are molded by how we feel the people we loved

treated us . Any grown up worth his or her salt has had their hearts broken by that one person they completely and utterly loved and trusted . No one has bragging rights on life matters unless they have heard their heart broken . Having your heart broken is a rite of passage . You become a an official adult not by the number of years under your belt but by having your pumper crashed and shuttered ,it is a KEBS stamp's budge of honor that should be worn with pride because it serves a warning to jokers that they will not be tolerated. We are no longer willing to accept things at face value because having our heart broken teaches us to ask tough questions of those who wants access to our hearts .If you have just had your heart broken ,stop wishing for a magic cure instead treat it like lemon-bitter yes, but you could make some mad lemonade out of it .

VIEWING LIFE POSITIVELY

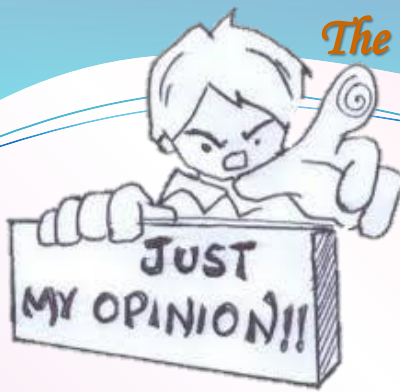
Obviously people view life differently; some positively, others negatively. The way a person's life is, is determined by his/her attitude towards various aspects of life. Those who view life positively overcome challenges more easily hence achieve their goal in life. On the other hand; those who view life negatively face challenges, and even though some can easily be overcome, they often fail to do so. We should give these people advice and care so that we can impact positive thinking in them.

Life is best to those who appreciate it; it is difficult to those who analyze it. It is worse to those who criticize it for their failure of achievements. You should not let circumstances define who you are. Your attitude defines you. Let's have positive attitude towards life. Find a reason to smile each day so that even sorrows smile back at you. Live so well that even DEATH wants to see you ALIVE.

To the first years (FRESHERS), “Do not be boastful about tomorrow for you do not know what a day may bring forth”, don't boast of getting a first class honor but work hard to get it with humility. Avoid bad company so as to achieve your goal.

“IF YOUR GOAL IS TO FLY WITH EAGLES, WHY WASTE YOUR TIME WITH CHICKEN?”

**By Mwaura Elizabeth Gati
BED (ARTS); ENG 'N' LIT.**



The curtains are never washed.

Anonymous

You complain of class attendance yet timetable inachukua a whole month of a semester kufika final draft!!! let the timetable be consistent...alafu short loan books kwa lybo ziongezwe.

Valentine.

More dundas shud be thrown within the campus, rave inasotesha.

3rd yr flani

We are tired of borrowing uniform from high schools during sports tournament, please do something.

Student leader

1. Tyz cul only that the harassment goes beyond hell even to a guy who exceeds by hardly 3mins. I think they should constructively engage the Director of Internal Security if they have to administer punishment.
2. The rules enforcement is not consistent. I think this considerably compromises its effectiveness.
3. Rule generally good coz it guards against misconduct.
4. There is absolutely no beauty in the presence of male janitors in the ladies hostels at odd hours in the name of kulinda. These guys should find their rightful working places.
4. The rule infringes on the rights of peoples cardinal social events like birthdays. They must create room for such happenings.
5. Ni nini hiyo nawezafanya saa nne ucku yenye cwezi fanya mchana,



- Funny Thoughts To Ponder**
1. What do people in China call their good plates?
 2. If a bouncer at a bar gets drunk and unruly, who throws him out?
 3. Do bald-headed people get dandruff?
 4. If a deaf person has to go to court, is it still called a hearing?
 5. Why is a carrot more orange than an orange?
 6. If a criminal turns himself in, shouldn't he get the reward money?
 7. Do coffins have lifetime guarantees?
 8. Do you yawn in your sleep?
 9. If Mars had earthquakes would they be called marsquakes?
 10. Why does grass only smell when you cut it?



This is how crazy people can be when unprepared for a photo session

41 The Voice of Kibabii

"People focus on role models; it is more effective to find antimodels – people you don't want to resemble when you grow up"



The Pointer~2014-2015



**That's Embarrassing!
An un-suspectable thief**

At a recent wedding which I attended, the father of the bride was out on the dance floor slightly drunk and dancing like a madman when he discovered that his wallet, which contained about Sh160,000 to pay for the catering and a cheque for his daughter and son-in-law had fallen out of his jacket. A frantic search by everyone failed to find it, which distressed the father and the family. At the end of the night, everybody put in some money to pay for the reception and the wedding party left for their honey moon a little depressed and sad that someone had stolen the wallet, which could have been any of their friends. The next day the cleaners found the wallet under some rubbish, in a fake pot plant with all the money missing. Two weeks later, on the return of the couple from their honey moon, they went to their parent's house to watch the wedding video with all their family. When they were watching the video part of the reception, the bride saw the wallet lying on the edge of the dance floor, and someone picked it up, moved to the side, removed and hid it under

the plant. It was then, when on closer inspection that the person who had stolen the money was no other than the groom!

This was a very short wedding!!!

Omondi David

TIP!

Be open-minded about what your talent might be. It may not be quite what you expect.

While in Bungoma, Kitale, Eldoret & Mumias shop at Khetias Supermarket



TIP!

Never give up, even if you fail! Take a "Chance" to bring a "Change" in your life.



Join Thousands of our always

Satisfied Customers

@ Khetia's, we are always there for you when you need us!



Tasty like no other!

Delicious Softer Khetia's Oven Fresh Bread, a Superb quality!



When only the best will do!

The Voice of Kibabii



HINIVUU

Kibabii red cross chapter was established on 9th October 2012 by a group of criminology and social worker class 2016 who after being admitted in this campus realized that they was need to establish a club which would mobilize University student to help in alleviating poverty and offering humanity services to Kibabii community. Among the leaders were Simon N. Kamau- chairperson, Augustine Njeri- v-chair, Editat Muthoni- sec, Benson Mathenge- organizing sec, Walter Roro- treasurer, and Faith Mutali- ex-official and Moreen Kerubo- ex-official member. The club has a population of 120 registered members and more volunteers within the school. Major activity include community hygienic, anti- jigger campaign, peace walks, medical camps, disaster management, first aid, food donation to children's home and peer education among others. The following are some of the activities that clubs members participated in during 2013/14



.Through the above effort, the club has assisted in enhancing peace in the area mostly by educating locals on civil matters pertaining our country and the importance of maintaining peace in the modern society.



Poverty has dominated the society at large more so, orphaned children, disadvantaged members of the society and unemployed population. For instance, the above picture shows efforts made by Kibabii Red-cross Club to alleviate poverty by donating food and other material items at Siritanyi Children Home in Bungoma county. All these items are obtained from the student at Kibabii University through the skip lunch program.



Kibabii University has been of benefit to Bungoma health facilities such as hospital in blood donation. Many students volunteer to assist fellow Kenyans through blood donation more so during national disasters.



The club always support all society project aimed at eliminating suffering to people. On March 2014. The club members joined hands with effort made by the country's first lady to campaign against mother child death at birth. This activity was taking place all over the country and therefore, students of Kibabii led by Red Cross club were not left behind.

By: Simon, Chairperson.



Skip lunch Programme Turns to a Skip Lunch Foundation

The skip Lunch programme was launched by the Kibabii Redcross Chapter to raise funds for the less fortunate, and later adopted by the First Lady Bungoma county and transformed to form Skip Lunch Foundation

Don't just be in campus, live it

Clubs and societies should be a major part of our campus lives, but is it? This is where we should be aiming to take our attention after studies. We are all diverse and proud of it. Not all of us can play handball, volleyball, soccer, hockey and all the other games but that doesn't mean we become the idlers of Kibabii. By the end of our academic journey, wouldn't we all like to have acquired other skills apart from academic glory? Haven't clubs and societies changed other peoples' lives positively? We accommodate both outdoors and indoors clubs. To those who are charitable and love helping the society, those who love wildlife, debating, improving their handiwork and skills you are part of this institution and you should feel acknowledged because this time, it's different. You are being given the opportunity to make a difference, for you and those who are not able to fight for themselves. I believe we can change the world; we can change Kibabii if we just care enough. We cannot be able to have a social life with everybody in campus but in the clubs, it's nice to be able to meet people who are likeminded as we. It helps us grow, love, care for and appreciate others. Let's all avoid wondering how much difference we would have made had we taken this chance. And if your favorite club isn't there, create it.

*Deputy Secretary General
Yvonne Kariuki*

**KUDOS RED
CROSS FOR
BEING THE
MOST ACTIVE
AND
INNOVATIVE
CLUB**



Red Cross members after a workshop in Bungoma Branch



**SYMON KAMAU- CONGRESS
PERSON, CLUBS AND ASSOC,**

Clubs and association play a major role in upholding our welfare as students and therefore we need to prioritize

them. This is where student talents and abilities can be realized. Am grateful that within Kibabii we have more than 18 Clubs and Associations and my gratitude goes to those who took up the obligation of initiating them but, we still need more to create room for new talents hidden among ourselves. Spotting opportunities in a new environment one finds in is crucial, I encourage new students admitted in Kibabii University to be innovative by introducing more ideas that would help in growth of existing Clubs and Associations and also initiate more others. We hope to work together with student affairs office to try and reduce various procedures followed in establishing new Clubs and Associations. Secondly, we need to address all problems challenging our department especially financing. According to current MMUSO constitution, clubs and association are not entitled to any financial assistance and are required to come up with income generating projects but as we are in the process of amending it, it's my great hope to address that issue properly. We hope to work hand in hand with Finance Director to ensure that a certain amount is allocated to finance various activities of clubs and association. Finally, cooperation is key to development, so let's all work together especially chairpersons to ensure that grievances of those you represent are well presented to me and channeled to the right office for solution.

LONG LIVE CL'ASS (clubs and association)

Today, upon a bus, I saw a very handsome man,
And wished I were as beautiful.
When suddenly he rose to leave,
I saw his hobble down the aisle.
He had one leg and wore a crutch.
But as he passed, he passed a smile.
Oh, God, forgive me when I whine.
I have two legs; the world is mine.
I stopped to buy some candy,
The lad who sold it had such charm,
I talked with him, he seemed so glad,
If I were late, it'd do no harm.
And as I left, he said to me,
"I thank you, you've been so kind.
It's nice to talk with folks like you.
You see," he said, "I'm blind."
Oh, God, forgive me when I whine.
I have two eyes; the world is mine.

Later while walking down the street,
I saw a child I knew.
He stood and watched the others play,
but he did not know what to do.
I stopped a moment and then I said,
"Why don't you join them dear?"
He looked ahead without a word,
I forgot, he couldn't hear.
Oh, God, forgive me when I whine,
I have two ears; the world is mine.
With feet to take me where I'd go,
With eyes to see the sunset's glow,
With ears to hear what I'd know.
With loving family friends to enjoy life
Oh, God, forgive me when I whine,
I've been blessed indeed, the world is mine

.....by: Theodore Ndunda

THE UGLY TRUTH

You are that beautiful unique flower,
That stands somewhere in a garden of flowers,
We were once close,
Then you wanted to be closer,
You stepped up and it rested upon me to decide your fate,
Truth is I want the best for you,
And everything I do,
I have you in mind.
I would love to see you blossom in season,
See you give rise to many more of your kind,
See you develop strong branches,
Watch as your roots spread all over,
And get firmly embedded in the ground,
I would like to see you prosper and flourish,
Both in season and out of season,
I am not that perfect gardener,
Who would prune you in time,
Water you when you are dry,
Shelter you when need be,
And protect you from weeds and other harm,
In short I cannot take good care of you,
If I pick you up you will die,
That kept in mind,
No matter how hard this is,
I choose not to pick you up.

Always know that,
I will water you when the gardener forgets to,
Prune you when I can,
Shelter you from excess sunlight,
And check on you once in a while,
I will walk for miles,
Just to stand at a distance,
And stare at your broad, beautiful, smooth petals,
Marvel at your strong branches,
Admire your perfect posture,
And imagine the shade your broad, green, smooth leaves,
Could have offered me.
All this I will do from wherever you are,
The garden,
Because there you are safe,
With me you will wither and then you will die,
I cannot dare to pick you up.
You can hate me,
I will understand,
You will curse yourself for ever stepping up,
You should note I am actually happy you did,
I like you a lot,
That you should know and keep in mind,
With you it is not about what I want,
But it is all about what you need,
I would have loved it if you could see this,
But then you will not!

UNIVERSITY LIFE STYLE

I am Victor Odongo...now a 2nd year student. To my fellow 1st year students, I know you have excitement to come to this place called University, for i also had the same feelings at first. but now things have changed. I wonder what parents think when their sons and daughters are in the University. I think they don't know what we undergo through. Yes there is freedom...and it is in excess, it needs self control. For my case I was almost being introduced to drug and alcohol abuse but thanks to the Almighty God! It never turned to be that way. Our girls turned into something else and only wore provocative attires, so be brave and face this music alone...its a matter of having faith in GOD and may the Almighty God be with you all as we welcome you into this life.

PENDO LANGU

Sipendi tena jamani, shajaza pengo rohani,
Namdhamini moyoni, wengine siwatamani,
Ningependa maishani, tuoane humu nchini,
Waambao na waambe, hatimaye watachoka.

Wenzangu hunishangaa, kila siku sina raha,
Nimejizi wanasema, kumuwaza bila raha,
Sijali wanayosema, kwangu ye nyota ya jaha
Mjulize anitesa, kuwa mbali maozini.

Mwambie asinitenge, ninataka niwe wake,
Mikononi nipokee, niuridhi mwili wake,
penzi lake anilishe, niamini siko peke,
ubweke niuzikeni, kaburini la saha.

Nafsi yangu yateseka, kujao namuwazia,
Ako mbali nateseka, ubweke wanitishia,
Ila kando sitamweka, penzile najisifia,
Kamwe asitie wasi, penzi sitalisaliti.

Mpe wazo la upendo, nina roho ya upendo,
Penzi lake liwe pando, linawiri kwa kishindo,
Ndoa isiwe uhondo, uoga aweke kando,
Mwambieni nina pete, nasubiri siku bivu.

Sura yake macho yake, yanifanya mnyonge sana,
Nasihi sidanganyike, nitalia kinikana,
Mjuze nimefia kwake, mie nampenda sana,
Mpango wa kando sina, aniamini ka nuru.

Natamani siku moja, awe wangu maishani,
Siku sitakaokuja, nifurahini rohani,
Tuishi wote pamoja, tupate wana ndoani,
Rohoni nifungulie, niishi moyoni mwake.

Tuende mwetu maskani, awaone ndugu zangu,
Tuende pia kwa dini, baraka atupe Mungu,
Tung'ae zote gizani, sawa na nyota za mbingu,
Dunia ishuhudie, kila kiapo wawili.

Tisa nimetamatia, kitini najiketia,
Barua nakupatia, mikononiye tia,
Langoni natazamia, jibule uje nambia,
Rafikiyo sina hari, hati takaporejea.

MALENGA: MSANIEU
OMBASA OCHARI
GEOFFREY



Brainy Quotes

If you don't like someones story, write your own - Chinua Achebe.

Stories may well be lies, but they are good lies that say true things and which can sometimes pay the rent. -J.P Donleavy

The pen is the tongue of the mind. - Buddha.

Aftermath no no no after budget

Jamaneni tunaomba sirkal ingilie kati
Tafadhali tunaomba Serikali....

1. Aromat ipeanwe bure,ndio tumwagie masafara wakue masoss..
2. Sukuma wiki iongezwe isukume mwezi ama hata mwaka.
3. Mandazi ipikwe ya rectangle ya kawaida, triangle huwa wanaibia kona kubwa sana!
4. Tortoise ikizeeka iitwe babuoise au nyanyoise iache ku confuse watu.
5. Watu wakikosa tumaini, wanunue tumatumbo.
6. Fare ya kuenda S.Africa ipunguzwe juu nimteremko.
7. National Anthem...Ikuwe na Effects!!! {Ikibamba sana wapi....Duru...weweeeee}
8. Tv zenye zinatumia ariel zitolewe ziletwe zenye zinatumia omo.
9. Road to success ipanuliwe tufike haraka.
10. Walio na majina mengi kama Miguna Miguna wagawie kina Nameless!
11. Okoa jahazi ya ffty ifike ikiwa fifty c 45, hiyo kobole wanatunyayasa.
12. Watu walipe matatu kulingana na weight yao.
13. Aromat ipeanwe bure,ndio tumwagie probox ikue rangerover...
14. Unbeliavable! Light at the end of the tunnel izimwe! inakula stima sana.
15. Siku Za Mwizi Ziwekwe Atleast Seventy ju Ya Vile Economy Imepanda.
16. Airtime tupewe free coz air and time are natural.

Source:Masufferer



Poetry

NALIKA

And she really knows the art. It is sacred carving,
She does very well. When she passes by men,
Especially in her eighth of the skirt,
She bends to adjust the pin
Of her thirty centimeters high heels,
Not necessarily do they need this,
But for me to recognize
The power of her supporting documents-the CV,
Her customers call them,
The BOTTOM POWERS.

In the campus there, My sister Naliaka
Has provided another curriculum
In private rooms, She teaches them all,
Simple to complex fashions of facing the sky.

And she really adores her career, It is highly
'lucrative' Well above 15k per month,
Having got wind of her private and confidential
conversation

Out of all this, Naliaka is still a monkey
She has not evolved! Mummy, let's call for
HARAMBEE, My sister has nothing,
To support her 'morphology'

But 'mummy', She uses only *khayula*-like
cloth, And the Whiteman's spongy-like bra,
To reinforce her avocado-like breasts.
Having felt the effect, Stimulating effect,
Of her randy customers.

In their flock, Mama! I lack the words, To
paint the whole picture! In their flock mama!
They move in a twisted manner,
From which their bottoms vibrate,
rhythmically.. Making their minis to move in
a zigzag manner, Exposing their almost
nothing pants, In a show-like manner,
As they approach Ndukayi, The he-goats are
impressed by the vicinity,

They jump out of trucks, Caught unawares,
My sisters have been injured severally.
Mama, call for 'BARAZA LA WAZEE'
This is beyond your wisdom, To reclaim Naliaka,
Call for Wazee To hit sense into her, Civilization
is no longer civilized!!

Situma Livingstone

MY FORBIDDEN FRUIT

That which its taste I am not
supposed to know,
That which its smell is a
mystery,
That which its juice is
poisonous to me,
That is the fruit my heart keeps
yearning for.

I keep my distance for a while,
But all of a sudden my hand
stretches for
the second bite,
My brain is telling me
otherwise,
But what can I do the forces
driving me
are too strong to resist.

It's not the only fruit,
There is a variety to choose
from,
I keep on trying the others but
none has
given me the satisfaction,
If I should die with curiosity,
God knows I tried.

I do not taste it for the
first time,
Last time it was too
bitter had to spit it out,
But maybe it wasn't ripe
or worse of immature,
If I could just get it
when it's mature and
ripe,
Maybe just maybe it will
be sweeter.

Though I know it's
forbidden,
I keep on trying it again
and again,
If I should get a
punishment for this,
Please God forgive me
ask Solomon,
I really did try!

BY: JUDDY



Theory of could be

Everyday I sit and wonder I think and ponder
If I wasn't here today In this time or place
Where then would i be? If I wasn't able
To be truly capable To quench my thirst
For the knowledge I have Where then would I
be? If all this wasn't in place For to me to
positively embrace A center of quality
education To shape me beautifully to whom I
am Where then would I be? I stopped the
wonder I stopped to ponder I got an answer
Without being here in KIBUCO I would have
been nowhere.

LIZZ ATIENO



THE ALMOST BREAKTHROUGH

While I was in High school, I used not to be very good in Maths. My score in all the Maths tests done usually ranged between 01% - 09%. One day the Maths teacher came with the scripts for the last Maths test we did and as his way of issuing them back he would start from the person with the least score all the way to the person who carried the day with the highest score. So, on he started, "James Kotare, 12%, David Lugogo, 13%, Mercy Kimani 16%, Joe Juma 20%". As he continued reading the names and the scores I couldn't help but notice



that we were moving from 10's to 20's to 30's and so on and my name had not been called out. He continued until he had reached the 70's range. I started wondering whether I was amongst the top cream of the class and by the time he was at the 80's range he only had three scripts left. "Teresa Kaman, 84%, Benson Otieno 89%". Now he had with him only one script left. Everyone had received their scripts except me and they started looking at me with amazement wondering how I had made it in carrying the day. Then the shocking news came from the teacher, "Kuna ng'ombe moja hapa haikuandika jina imepata sufuri sufuri (00%)". I could not believe the way it came but I believed the score.

Police: Hey, we ni nani ebu leta gibande na i.d ifuate kama hakuna ulete title deed ya kutumia barabara wakati watu wamelala

Priest: I am a priest, I am from a mass.

Police: Sawa sawa, Leta baptism card tujue kama ni wewe.

Priest: [Giving him the card] here.

Police: [Inspecting the car and sees no mistake] Yani, hii gari yako haina magosa hatha gitogo ya gufanya utoe kachai???

Priest: I am a man of God and I know all traffic rules.

Police: [after a while]

Hauwesi gosa makosa. Kwa nini unaendesha gari peke yako usiku bila passenger yeyote ndani?? Ukipata ajali ukufe unataka nani apige simu police station ama nyumbani ama mortuary?? Nawega wewe ndani.

Priest: But in this car am with; God, Angel Gabriel, Angel Michael, St. Patrick, Hail Mary, St. Peter and St. Joseph. They will help me.

Police: Hiyo ndio major offense. That's overloading a small car with passengers at night with unknown malicious intentions!!

By: Stanley Mwanzia
(VonstarInc)

MPENZI WANGU

TAUSI

Tausi kipenzi Tausi,
Lako jina lenyewe Tausi,
Kisha wewe mwenyewe Tausi,
Bahari ya huba nimezama.

Kileleni mahabuba najihisi,
Nywele zako za mbega nazihihi,
Zinavyopepea mpenzi nahisi,
Tausi mpenzi nakuhisi,
Bahari ya huba nimezama.

Uso wako kipenzi laini,
Niuonapo mwenzio huamini,
Na hatimaye kubaini,
Kwamba mahabuba wanithamini,
Bahari ya huba nimezama.

Maozi yako uyapepesapo
natawaliwa,
Na mapenzi ya wangu mpendwa,
Mwenzio mahabuba naumwa,
Na uchungu mtamu wa
kupendwa,
Bahari ya huba nimezama.

Umbo lako mpenzi lanitatiza,
Nilionapo kalimia lanikatiza,
Maanake mapenzi ladokeza,
Katika hali ya kupendeza,
Bahari ya huba nimezama.

Hulka zako zavutia,
Tabasamu lako lavutia,
Umbo lako lavutia,
Kila kitu kwako chavutia,
Bahari ya huba nimezama.

ANONYMOUS

Emancipate

Emancipate me

O emancipate me o my soul sojourner
of truth The journey is long
The life is short Yet how we keep complaining for
our love, lot, loss Set me free
Sever, my soul Let me get on board on the broadest
wings of the grandest majestic
golden bald eagle Scanning the valley
Flying the shore Below the blue lay Above the blue
spread as a sea-shell safeguarding
whatever sacred sacrosanct Secret that
conceal secret Love that love liquidate
Like a blanket with star-lore thinly and
finely stretched against the elastic breasts of
the ethereal bell Emancipate, emancipate o
my soul out of faith Shade in shade shake to reshape
the sighing silent tears that dew of
the dawn and dusk shed Middle Passage
Slavery Genocidal killings and rapes The
Hutus with machetes chopping all the Tutsis
en masse The same machetes that they
imported from China and were paid by
France! Million were murdered in 100 days
History of humanity is full of hate Conflict,
confrontation Power, pride, Jealous envious
Pace Half of the Earth eat While the other
half starves to death Nobody seems to care about the
mother Earth's debilitating health

Nor they understand that this is only life-bearing
planet of the Milky Way They're too busy in denuding,
polluting, raping and plundering her
beat by beat, breath by breath Emancipate me
O my soul sojourner of truth The fields of tulips cry in
melancholy rain The rainbow bent and blessed is
pressed tightly unto the flesh of the
sky monsoon-wet The lonely songbird is singing in
pain hearing the sad demise of the fair maiden who
sank in the lake Keats died Shelly died
So are Byron and Blake O who'll now compose poems
that I love to read again and again
Nothing last forever Universe abhors emptiness
Each of our atom and molecule get recycled to some
other form and fate Emancipate me, o emancipate me
O my soul sojourner of faith
What is lie And what is truth Farther we fall Nearer
we land The fathers of my forefathers art all gone and
their bones are transforming into petroleum, coal,
diamond Emancipate, emancipate Do not rule Do not
subjugate Beyond the boundary of light rest the relic
of the lost dead suns and race Endless faiths and faces
Endless cultures, civilizations came and went None
could stay or remain Universe must recycle You and I
are just stellar dust particles Partaking in the play that
has no beginning or end

@NdundaTheo

WHY ALWAYS THE CINDERELLA!

Almost every girl's dream is to become a Cinderella,
I once did too but not anymore,
Maybe it's time to have the Tomerellas, Dickerellas and Harryerellas,
Besides we have a choice to decide who we want to be,
Otherwise why would God give us brains for?
I want to need no magic to look all gleam and pretty,
I want to own and wear pretty gowns every day and not just the day of the dance,
I want to have my own carriage that will only vanish under my command,
I want to be able to dance past midnight if I feel like it,
I just want to be in control of everything that happens around me.
I want to look all cool and composed all through the dance,
I want to need not look at my watch time after time,
I want to be able to tell the prince every tiny detail about me,
When it's time to leave I want to bid my prince a proper goodbye,
I do not want to live a double life where am a princess at night and a commoner during the day.
I want things done at the snap of my fingers and not to be snapped at,
I want to walk out the dance as gracefully as I entered and not to dash out like a mad woman, I want to be sort out
among palaces and not slums,
And when my prince finally meets me,
I want him to recognize me by my face and not using a pair of shoes.
I want to have the resources to help the prince find me,
I want to be all perfect and important, In short, I do not want to be a Cinderella,
I want to be a fairy tale princess.



10 Years Ago

On a Saturday evening, strolling along the Kibabii market. On my way, I encounter a group of small Luhya boys playing football. In a spur of a moment, my brain delves into the incident more critically. Immediately, I begin to see the irony in the picture and the mental mappings coded in my mind. This leads me to think ten years ago... Yes, ten years ago. Exactly ten years ago, Mc Mur was ten years old. Just like the small boys icking and chasing after the ragged nylon paper ball, we used to do so but ours was characterized by peculiar regulations which were specifically weaved to maintain the status quo. Now the game started when a group of lazy and disobedient boys who had been sent by their parents to fetch water, or firewood or buy something from the shop decided to sit somewhere under a tree and catch up on a few stories here and there. Before long, the group would grow and it would only require one boy to tease the others to show their skills on the ball before everyone took to the playing ground. Often, but not entirely, the teams would be named team A and team B or team red (for those who wore red) and team blue for those who wore blue garments. Funny enough, the owner of the ball would decide who played for which team and who did not play at all. As search, we would strive to impress the ball owner, usually, a big boy so that we gained favor on the playing ground. The big boy dictated the rules of play and we would all desist from challenging or tackling him lest he gave you a red card! As if that's not enough, a penalty would only be awarded if someone was seriously injured, otherwise the ball owner could use his hands to even control the ball but no one dared complain. Satirically, the game would end if the ball owner was angered either by his side conceding defeat or after

someone spoke nastily to him. Before we would know it, it would be dusk. At that time, Mc Mur would then remember he hadn't gone to "kwa kina Kawira" to fetch the wheelbarrow. Then Njoroge would remember he had forgot what he had been sent to buy. At that instant, everyone would leave the playing the ground hastily, a myriad of thoughts trespassing our brains, perhaps expecting the worse, but hoping for the best anyway. They say a drowning dog will clutch at a straw.



That was my ten years ago, and ten years later; a confident, proud, outspoken, brilliant varsity student I am. I can only describe the far we have come in one word: EXHILARATING. We all have stood the test of time to be where we are, we hold the keys to a bright future for Kenya and the world at large.

Lets stay true to the dream of the founding fathers of our nation, constant in prayer and hardwork; quick in respecting one another, whether young or old, poor or rich, first, second, third or fourth year, lady or gent, lecturer or support staff. For as long as we do that, Kibabii University will be the dream University for every Kenyan student. May you all have a successful academic year and semester ahead.

By: Ian Murithi

QUOTES, WRITERS COLUMN

The skill of writing is to create a context in which other people can think – Bernard Shaw.

Writers don't give prescriptions, they give headaches – Chinualumogu (Chinua) Achebe.

WHEN?

For a significant part of my life I have guarded myself,
From everyone including my own self,
'If not God trust yourself only' has always been my motto,
My mission in life has always been to protect me at any cost.

Like a soldier I have worn lots of protective clothes,
They have become part of me now,
They are my every time clothes,
I have forgotten how light it feels without them.
For a moment I want to know how normal feels like,
I want to find out whether there is a trustworthy soul out there,
How weightless it feels without the layers of metal,
And most importantly,

I want to live without fear.

Will I ever stop being the soldier I have always been? Will I ever forget all the battles in my life? Exactly when will I be able to lay down my shield and amour without the fear that someone will stab me in the back? Probably, NEVER!



Imagine Life

Imagine life is a game in which you are juggling five balls in the air. You name them **work, health, friends** and **family**. If you drop one of these, they will be shattered and never be the same again. I'm not sure how much my "signage" plays into my desire to live a balanced life, but I do know that the more balanced I feel, the more I feel free. In my interaction with friends I am often reminded that what works for some people does not necessarily work for others; and that one person's idea of balance may not constitute anything remotely from other person's perspective. So it means that you have a handle on the various elements in your life and don't feel that your heart or

mind is being pulled too hard in any direction. More often than not, you feel calm, grounded, clear-headed and motivated. Some of us focus more on the external things like relationships and pay very little attention on what is going inside our heart and mind. Others spend much time being self reflective that sometimes miss out on the experience of living. Others may be fairly balanced between the two but might want to balance out some specific elements. It's therefore helpful to check in within yourself to see if you feel balanced.



MERCELLINE A OMOLLOH



**I CALL IT LIKE
I SEE IT AND
SO SHOULD YOU**

How I see it

The moment one decides to enter into a relationship he or she has some expectations. According to my own opinion, the best love is the kind that awakens the soul and makes us reach for more, that plants a fire in our hearts and brings peace to our minds. Love is something more beautiful than a red rose. Once in love, I can't ask for the heavens or the shooting stars. I can't ask for gemstones or gold. All I would ask for is a steady hand. A kind soul. I would like to fall asleep, and wake, knowing my heart is safe. I would want to love, and be loved. Anyone would do anything for love. If music be the food of love, play on. Give me excess of it; that surfeiting, the appetite may sicken, and so die. But remember there are so many challenges in a relationship. Both of you must be big enough to admit your mistakes, smart enough to profit from them, and strong enough to correct them. Being happy doesn't mean that everything is perfect. It means you've decided to look beyond the imperfections. Watch out my colleagues. Just a word of thought.

By Prince Alfred Nzioki (kabuda).

BE YOUR OWN DRIVER

It is a matter of being your self driver and drive yourself to the right direction. Many students will want to drive you to their own directions which seem right to them. Life is good inside here and we enjoy it, but have your own considerations because everything have its own consequences! To my fellow freshers take care, and know that this is where prostitution, kidnappers, robbery and the rest are found. One word is enough for a clever person: Be yourself driver! welcome to Kibabii University.

By ODONGO VICTOR.

The key to Life

Education
the light of our life
A gift of academic rife
Education
the key to a bright and rewarding future
A glue that joins our dreams like a suture
Education
gives our thinking a different appearance
And helps away all our ignorance
Education

It leads us to the path of prosperity
And gives our tomorrow a sounding
security.
Education
the process of teaching and learning
which will help us in our future earning
Education
Shaping our true character is the motto
Lea.....

Moses Simiyu

LIES THAT ARE BASIC!

I quite agree with the Holy Bible that 'say the truth and it will set you free' however, it is now a point in time that we should look at both sides of the coin much more analytically. It is a common wisdom that sometimes truth cannot just work; it can actually be more of trouble than of solution! Religious fanatics may strongly oppose this statement and it can obviously turn out to be a bitter pill to swallow especially for married couples. This jogs my memory about Shaggy's song 'Wasn't me' which typifies men, or so women believe...even in the face of the court would call credible evidence, Shaggy insisted that he was not the one caught with his girlfriend pants down even under cameras. He incorrigibly stuck to his statement that it was not him. Men like Shaggy have learnt a vital lesson that there are times when truth cannot lead you anywhere more than just to hot boiling soup! Am not really being a proponent for lies, say whether men are Shaggy-like or not but I strongly believe that lies, just like Oxygen is a universal phenomenon. Lies cannot be isolated from either men or women but it finds refuge in either party though the frequency is much more in one than the other. It is also an observation that lies carry in them some good intentions albeit not always. I could dare say that most relationships and homes are relatively calm because there exist lies at some given point, call them what you wish; white lies, deception or malicious lies. There are those that come in form of subtle distortion of the truth that is more palatable than the hard cold facts. A lady ask for comments on her dressing with one obvious positive answer, whether or not she is smart, and men are quick to complement approvingly, not objectively. This is partly because words actually fail us. How do you really downgrade her wear when she has spent her great deal of time and money on it, solely to please you? Try lies at some appropriate point, it works miracles! Men lie for two noble reasons; to make a score or gain and to avoid sudden romantic sunset. According to me, women may be tempted to argue that men lie more, devoid of any proven scientific research to that effect but in my opinion lies find better refuge in either sex. Not wanting to hurt, women find themselves along these lie ends, just to please, which is exactly why they say you are smart even when one plus one might be an issue. Just like a drowning man, a man will clutch at a straw to foreclose any avenues for losing her newly-found love, this reveals why he will flatter his new catch to make really befit the status of queen even

when she can come as the second runners-up in a monkey beauty contest in an array of aspects, but key among them, sex. According to Human Personality Statistics, sex is a primary need and it is heavenly regardless of the time of the day, the place and person. When a man says it was lousy with his ex, that is a white lie! I call it a 'winning game' Attack is the best defense when caught cheating on his love. Men will be quick enough to bring things to normalcy and still own the two selfies. They will even hurl abuses towards the suspected new catch in a seemingly convincing and appealing way that will probably survive the scrutiny of the once embittered party. Luckily enough, ladies can be just too good in believing, almost always, a scoring point for smart men. The man is keen enough not to engage in any conversation with the girl in presence of the other, and changing the contact name his phone proves more than healthy at such a time, and he manages to manage the two fairly easily. The marvels of lies!

By J.N Nyambati,

TOO HARSH!

This is not a complain, It's a plea from deep within me, That thou shall reconsider my sentence, I know I sound selfish, But I still insist, I am a delicate creature, Please be soft with me.

I am not in denial, I accept to be dealt with accordingly, Besides I deserve it anyway, But for the sake of your kingdom, If thou shall correct me, Please be kind and merciful, Because as stubborn as I might be, Deep within me, My heart beats to the rhythm of your name, And my soul is always singing your praise.

I do not want to seem like the Pharisee, Who considered himself worthy than the tax collector, A sinner I accept I am, But if thou shall teach me a lesson, Please provide another opportunity, For me to prove to you, That I learnt a thing or two. Thou shall not deny me a second chance at things that matter to me!

Anonymous





As it always goes to signify the start of an interesting story the African way, 'Hayawi Hayawi huwa', the election date finally came. You could obviously tell it was a big day to some individuals. Many ties and suits which under normal circumstances were hard to spot could be seen loitering all over, as my favorite lecturer could have said, "Men and women in black" were all over the University boundary. People walked in quick, well mastered strides busy rushing to nowhere in particular. I guess it just felt right to walk that way in a suit because just a day after the event, the same individuals could be seen dragging their legs along the pavements as they headed to wherever they were going, just as usual. There were three lots of aspirants; the confident lot who were convinced they had already won but awaited a confirmation, the anxious lot who were not sure of the outcome and finally the hopeless lot who had already foreseen their fall and were strategizing their comeback in the next coming elections. True as it has always been during any other elections anxiety was the order of the day. Others anticipated a clash between the two giant alliances 'PAMOJA' and 'UMOJA'. Most of the people especially the ladies kept on packing their belongings before voting, good for us who had not but a little disappointing to them the process ended without a hitch, in fact people kept on shouting "PEACE! PEACE! PEACE!" which had become the slogan of the event. Different aspirant's agents were at their level best welcoming the voters to the voting venue obviously whispering a list of their preferred aspirants in their ears, others went a step ahead and even went one rum after the other to escort the voters. I mean what other perfect way to convince someone the last minute. People turned out in numbers and voted, then it came to the counting process which almost lasted an eternity. I wonder what will happen come next elections when the numbers would have increased, unless we automate the voting

system we might end up waiting forever for the votes to be manually counted. Anyway, as the results were being processed numerous 'kamukunjis' as the small gatherings are famously called, could be seen all around the voting venue obviously rumor mongering about this or that some of which I admit was right.

Finally it came to the much awaited part of the process; the results were announced from the lowest seat all the way to the top. From the look of things the previous alliance in power, UMOJA had been overturned by the newly formed PAMOJA alliance which managed to scoop most of the seats including the top most one. As expected the winners started off their celebrations singing and whistling all around the institution but for the losers, well what was there to celebrate about, they vanished to their secret hideouts probably to contemplate on a thing or two.

In my view the election process was fair and peaceful, keeping in mind even the freshas were well represented in the student's council. Otherwise, congrats! to the PAMOJA alliance and a word of advice to those who didn't make it this time, 'politics is a game of trials and errors and those who own it are the ones with the will to fight on without ever giving up'. You never know maybe tomorrow is your time.

@Nyongesa

Don't Mind Me, but what I say!!!

Life is like riding a bicycle .To keep your balance, you must keep moving.

Yesterday=Experience ~ Today=

Tomorrow=Experiment ~ Tomorrow=Expectations.

Use your Experience in your Experiment to achieve your Expectations.

So you can learn from yesterday, live for today and hope for tomorrow.



Prof .B.M.M

**By :
Mikaye
Benard**

*Did you expect
this?*



Life, an assignment!



Charles Otieno

Why I am alive? Why was I born in this tribe and not that other one? And why was I born in Kenya and yet there are so many other nations that I could have still been born in?

These are the questions that I have been asking myself for quite a long time without anyone to give me the answer. But I recently came to understand that I am for a divine purpose. All of us has a special assignment that God has entrusted us. And just as our normal education system is structured, any

given assignment should be submitted for marking and marks awarded according to the work done, similarly, all of us will submit our assignment before the Lord for evaluation. God has entrusted us-young or old, rich or poor, learned or unlearned-with special and unique gifts and abilities which we are supposed to use to fulfill this assignment. We've all been given time and chance to offer solutions to the challenges our current generation is facing in terms of spiritual, economic, social and political. The fact is that all of us has been given equal time and chance, what makes the difference is how we utilize it. It is so sad to note that some people have not realized this fact and therefore end up living a life void of purpose and something worth dying for, they end up wasting their lives in things that end up breaking them instead of making them. Such involvements include immorality, drugs and drug abuse, crime, corruption and other vices that are both biblically and socially unacceptable. The most unfortunate part is that majority of the people that does this are youths both learned and some unlearned but with the capability to work and bring a difference in our society and also offer sound and sober leadership in the new future. Another assignment is to serve **God and humanity**. Man was created to serve God and others but this to many has not been taken with seriousness as it ought to be taken. Everybody 'minds their own business' as they put it and concern for others and the fear of God is no longer a priority, for people have turned to worship the created instead of the creator-money, fame and pride of their achievements. It's the desire of my heart that people will come back to their senses like the

prodigal son and seek the forgiveness of the Lord and embark on the actual assignment given. **The fear of the Lord and holiness are a must for anyone who wish to fulfill the assignment.** For without holiness no one will see God. **Understanding ourselves and our identity** is also important to fulfill our God given assignment. In the Bible, we meet Moses who despite having lived in the kings palace for 40 years that didn't change his identity of being a Hebrew and that's why he stood to defend his fellow Hebrew when he was being mistreated by an Egyptian, therefore despite our achievements in life we should not forget serving the Lord. In order to serve other men and promote unity and harmony among us, it is important to **embrace diversity and appreciate our Uniqueness** irrespective of our social, political, economic and religious backgrounds. Christ died on the cross to take the sin of the all world-everybody without discrimination. This is the kind of love and example we ought to emulate. **We should be ready to gently correct** one another in love whenever one errs. We should use our different abilities to share and build one another. Just as an iron sharpen another iron so should one person to another. In conclusion, let us live our lives such that at the end we won't regret. Remember that we all shall one day present our assignment-stand before the Lord and give an account of how we have lived our lives and used the gifts and talents entrusted to us. There is reward for every labourer, work in such a way that you won't miss the reward. Like Jesus and Apostle Paul, let us do the God given assignment to completion without grumbling and leave no chances for regrets that "I wasted my life". To live un-wasted life starts by giving your life to Jesus to be your savior and to live according to the Holy Scriptures. Working hard in academics and grasping relevant skills in our area of study is important in offering the solutions to the challenges our society is going through globally. God bless you as you choose to do the assignment for which there is a reward and that is the everlasting life.

THE KIBUCO REVISED ALPHABETICAL CHART.

A for Amarula
B for Bluemoon
C for caprice
D for Dragon
E for Empire
F for Furaha
G for Gilbiss
H for Heinken
I for ike drip
J for John walker
K for Kingfisher

L for legend
M for Magic
N for Napoleon
O for opium
P for pilsner
Q for.....
R for Richort
S for Smirnoff ice
T for Tusker
U for

V for viceroy
W for
X for
Y for Yokozuna
Z for

-just as the liquor brands don't fill the alphabetical chart.....it will never fill your life.....take charge and drink responsibly...

**Drinking Alcohol
Damages Your
Developing
Brain**

By :**LUKALO MOSES**
EDA/0653/13



THE WAY FORWARD FOR OUR SPORTS

Sports can be defined as physical activities in which people compete against each other to win. However sports has changed over time, at one point sports was all about "rough-and-tumble" fighting or a very long foot race, now we have football, hockey, basketball, tennis; the list is endless. Sports share the common value of honouring boundaries, playing by a set of rules, working together for a common goal and submitting to authority. Actually sports acts as a mirror of who we are. Sports plays a major role in the world we live in today, it now serves unlimited amount of benefit to each individual and different institutions. Today we have professional athletes and players that make millions of shillings playing certain sports as their carriers. We also have multi-billion companies and agencies earning billions of shillings through sports i.e Nike, Puma, FIFA e.t.c. Why not us?. As a fast growing University, Kibabii should model itself in a way that its students can benefit to the maximum from the giant sports industry. We need to develop our sports department to give our students the chance to be among the next generation of elite athletes. We should prioritise development of sports hand in hand with our studies to allow our students evolve into world champions in their respective fields. I am of the opinion that we should follow few reachable steps to move to that stage. First we must developed an effective sports policy that will offer a formal, holistic and systemic framework for the development of sports in our University. The sport policy will address essential aspects of running sports in the University, it will ensure the safety and well being of athletes. It will also ensure fairness and order especially when it comes to team selection and recognition. The policy will also define the procedure to be followed by athletes and teams in the University on how to participate in tournaments and friendlies. Most important the policy will have clear guidelines on the use of sporting equipment and infrastructure. Sports equipment are very expensive hence the need to take good care of them. The policy must also address the aspect of athletes behaviour, mode of dressing, penalties for misuse of equipment, allowance payments, and many more aspects that may relate to sports. A policy is a must. Secondly, we should very fast invest in our sports infrastructure.

"True sportsmanship is...
Knowing that you need your opponent because without him or her, there is no game.
Acknowledging that your opponent holds the same deep-rooted aspirations and expectations as you.
Knowing that, win or lose, you will walk off the course with pride.
Always taking the high road.
And always, always, always being a good sport."

Different sports may require different infrastructure i.e fields for football, hockey, rugby and handball. Indoor arenas for sports like judo, taekwondo, karate and table tennis while swimming pools for swimming. Sporting equipment are very expensive hence the need to identify where to start investing in first. It will be prudent and wise to invest in a field that will accommodate more game than investing in a swimming pool that may end up serving a few students. When and which sporting facility to build in our University will greatly influence our ability to move to the next stage. Passionate to me is for us to have a fully functional gym within the University. A University is a centre for excellence thus we must provide the best for our students, so the argument that having a gym is punching far above our weight is pure nonsense. Having been an athlete I know for certain the importance of a gym in sports development. The conditioning that comes with a gym will give our players an added advantage over other athletes. Thirdly, we must set up a fully fledged sports department headed by a director of sport supported by qualified coaches. The talent we get at University level

is at most raw, hence the need to coach them to realize their potential. A coach, a trainer or a manager will inevitably teach an athlete on technical skills and work on their physical agility. A sports coach will also assist athletes develop to their full potential. They will be responsible for training athletes in a certain sport by analysing their performances, instructing on relevant skills and by providing encouragement, they will also assist the athletes to prepare training programme, assist to develop new skills and use evaluating test to monitor progress and predict performance. Finally we must build mental toughness of our players and athletes. Mental toughness is a quality that is highly valued in sport, it is considered essential to those athletes who aspire to succeed in world class sport. This can be developed through well motivation of players, well preparation and giving them the appropriate competitive experience. With all this set and done, the only way for Kibabii University in sports will be up.

Salasya Rashid



Teams getting ready for a match during cultural week, 2014



Kibabii University handball team



NBA KIBABII



KIBABII 7



OUR LIVES CAN ALSO DO IT



Tafakari ya babu



Madondo as culture



Mr. Flexx



ESA students plant 700 trees in the University



Kalenjin Culture



The game of numbers at its best!!!



The Big meeting with CUE



Celebrating after the KIBUCOSO elections



Group Photo after evaluation for charter award

KIBUCO Staff outside the University library



Ambulance driver set for emergency



The Gigantic Academia Complex under construction



Eng.Vonstarinc, Odu, Judy, Joel, Kahohi



KIBUCO FESS Staff



Masai Culture



The Gusii Culture



This was the solution to the big debate wrangles



The SGC handing over process



Aligned contestants for Mr. KIBUCO post



What was Muisyo Communicating to his team?



Congress persons meet Dr Willy Mutunga



The Kambas serve the Principal their staple food during the cultural week



Ni promo ya Mumias, Siasa ama culture



Prof receiving tutorials on how to eat fish



The Meru dance Featuring Elsie Ngugi



The Big Debate in waiting



Kung'aria Cultural week



True Culture indeed



Our own; Scooby also attended the cultural week



Sema kukatika chini kwa chini



The Public Demand Crew



Sema Kuzubaishwa na Charter



Katikia Cultural week with Public Demand



The Pointer~2014-2015

KIBABII UNIVERSITY COLLEGE

Constituent College of Masinde Muliro University of Science and Technology



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1. Master of Business Administration
2. Master of Education (Curriculum & Instruction Technology)
3. Master of Education (Management and Policy Studies)
4. Master of Education (Guidance & Counseling)
5. Master of Arts in Religion
6. Master of Arts in History
7. Post Graduate Diploma in Education
8. Bachelor of Education (Arts)
9. Bachelor of Education in (Early Childhood)
10. Bachelor of Education (Science)
11. Bachelor of Commerce (B.Com)
12. Bachelor of Social Work
13. Bachelor of Criminology
14. Diploma in Business Management
15. Diploma in Criminology and Criminal Justice
16. Diploma in Social Work and Community Development
17. Bridging Course in English
18. Certificate in Business Studies
19. Certificate in Social Work and Community Development
20. Certificate in Criminology and Criminal Justice

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2. Master of Science (Applied Mathematics)
3. Master of Science (Pure Mathematics)
4. Master of Science (Theoretical Physics)
5. Bachelor of Science (Mathematics)
6. Bachelor of Science (Biology)
7. Bachelor of Science (Chemistry)
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7. Certificate in Information Technology



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KIBABII UNIVERSITY COLLEGE

Constituent College of Masinde Muliro University of Science and Technology



*Knowledge
for
Development*

Philosophy

Kibabii University College embodies the view that Science, Technology and Innovation are critical for sustainable utilization of material and human resources for the posterity of the universe.

Vision

To be a global and dynamic University of excellence in Science, Technology and Innovation.

Mission

To achieve excellence in generation, transmission and enhancement of new knowledge in Science, Technology and Innovation through quality Teaching, Research, Training, Scholarship, Consultancy and Outreach programmes.

Values

Productivity
Professionalism
Excellence
Accountability
Transparency
Equity
Integrity
Academic freedom
Social responsibility
Innovation



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