THE POINTER MAGAZINE THE STH ISSUE

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We Have Come Of Age"-VICE CHANCELLOR

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KIBABII UNIVERSITY

ADMINISTRATION ACADEMICS 4 EPARTMENTS JBS AND SOCIETIES ASHION

JOURNALISM GULTURAL WEEK CHNOLOGY



MOTTO **KNOWLEDGE FOR DEVELOPMENT**

TO BE A GLOBAL AND DYNAMIC UNIVERSITY OF EXCELLENCE IN SCIENCE, TECHNOLOGY AND INNOVATION.

MISSION TO ACHIEVE EXCELLENCE IN GENERATION, TRANSMISSION AND ENHANCEMENT OF KNEW KNOWL-EDGE IN SCIENCE TECHNOLOGY AND INNOVATION THROUGH QUALITY TEACHING, TRAINING SCHOLARSHIP, CONSULTATANCY AND OUTREACH

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EDITOR IN CHIEF

his is another golden opportunity of the KIBU POINTER magazine that has been published not only to stir up your interest for other publications to come but also to orient you to the University. The magazine has extensively covered the Kibabii University activities as well as activities around Bungoma County and the Country at large. The content of this magazine ranges from news and educative articles, entertainment, sports, modeling and fashion among others.

The articles have been authored by students from all faculties and grammatically edited substantiating the University's motio: KNOWLEDGE FOR DEVELOPMENT. The well situated images are journalistic in nature and will therefore enable you, the reader, to visualize and structure the ideas being communicated in this outlet.

The editorial board believes that this magazine will help you discover ideas that you have always overlooked in life.

However on behalf of the editorial team I would wish to state that the views of the authors in this outlet are their own personal opinions and not those of the editors.

> FELIX AHENDA OCHIENG' EDITOR IN CHIEF

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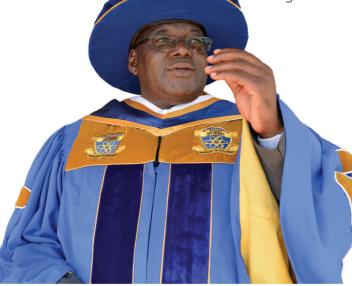
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Jannifer Katila Sub Editor

WE SHOULD HOLD OUR HEADS HIGH AS WE HAVE COME OF AGE.

Message from the Vice Chancellor



ibabii University is now five years old. Throughout this period the Institution has strived to put in place strategies to ensure we provide quality education to the youth as stipulated in the Kenya Constitution 2010 and the mandate of the University.

To this end, the Institution has since 2012 put in place measures to enhance the knowledge, competencies, skills, attitudes and values imparted to those who go through it. Foremost has been the review of the curricula to ensure it is updated, competitive and meets accreditation requirements of the Commission for University Education (CUE).

The second is the revamping of the Quality Assurance function to offer continuous evaluation and monitoring of programmes as well as teaching and

learning. Thirdly, the University now boasts of Internet bandwidth of 110 Mbs. Last but not least, the completion of Tuition Block Phase II will guarantee a conducive learning environment that will provide confidence and peace of mind to Comrades to pursue and achieve highest intellectual capacity.

This last semester was one of the most exciting that we have ever had. It was packed with activities ranging from cultural and careers week, constitution making, referendum, games and sports. We were also able to host a very successful international conference. Another conference, the first International Kiswahili conference on the empowerment of Kiswahili as a vehicle of transmitting scientific knowledge was hosted at the University. It is during this semester that we experienced the most dramatic event; the rejection of the Students Organization of Kibabii University (SOKU) constitution over bizarre allegations such as expulsion of pregnant students!

The growing complexity and dynamism of the higher education sector calls for transformation in the way of doing business. It is for this reason that we are giving centrality to automation through the Enterprise Resource Plan so that learners can register for course, access results and monitor fees status from the comfort of their rooms. It is also anticipated that this will provide a platform for access to electronic learning materials. A number of policies including academic integrity have been put in place to guard against misuse of this mode of knowledge transmission.

The population currently stands at 7000 students drawn from all corners of the republic. I wish to toast the students' body for living in harmony regardless of diverse ethnic backgrounds. Due to the tranquillity, we have registered huge milestones along the way. Ours was among the only 12 Universities that were listed by the CUE for adhering to admission requirements. With regard to games, Kibabii are the reigning Tae Kwando Kings and Queens in East Africa. Another milestone is recently concluded peaceful elections for Interim Kibabii University Students Organization. It is on record that our institution was the second to host live televised debate for candidates for position of County Governor.

Comrades, the most memorable time in one's life is the first degree phase at the University. Equipped with the vibrancy of youth, curious eye, adventurous spirit one can live their life to total fulfilment. There is an element of caution though. That to fully enjoy campus life, one should avoid reckless leaving, unproductive activities, early parenthood, alcoholism, truancy, hooliganism, activism and extremism. Students with such tendencies either destroy themselves or fall prey to radicalization groups.

I wish to appreciate the many talents you students have and to encourage you to make maximum use of the facilities and environment to realise optimum potential of the same. It is not possible to avoid challenges. I advise that we exploit dialogue to solve them instead of engaging in the militancy that we see elsewhere.

Kibabii University has accomplished a lot to assume her current character and stature. We are now a force to reckon with on the landscape of higher learning institutions. Hold your heads high. We have come of age!!!

Prof. Isaac Ipara Odeo Vice Chancellor.



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MESSAGE FROM D.V.C A.S.A

(Deputy Vice-Chancellor Academics and Students affairs)

he Division of Academic and Student Affairs (ASA) started as Academic, Research and Extension (AR&E) in march 2012 when the first lot of 333(three hundred and thirty three) students reported at Kibabii University College (A constituent College of Masinde Muliro University of Science and Technology). By then it was headed by Professor Isaac Ipara Odeo who was the then principal. It started with two faculties; the faculty of Education and social Sciences and faculty of Sciences. Six programs were started within these faculties.

In July 2013, the Division recruited its first Deputy Principal Professor Solomon Igosagwa Shibairo to head the Division. Under his helm, the division started growing tremendously.

The number of Faculties/Schools grew up to 5, this include; Faculty of Education and Social sciences (FESS), Faculty of Science (FS), School of Computing and informatics (SCAI), School of Business and Economics (SOBE) and School of Graduate Studies (SGS).

The number of departments also increased to 18 at present. The University College obtained its chatter on 14th November 2015. The number of students' population at Kibabii University has increased to above 7000 while the number of teaching staff has also increased to a record of 90 staffs. The number of programs has increased from the original 6 to the present 45 all scattered from certificate, diploma, undergraduate, degree and masters. The division of (AR and E) whose mandate include Research appointed a director of Research Dr. Paul Obino. The division has since developed the Research policy and Research Strategies. Thematic areas of Research include Information Communication Technology (ICT), Computer Science, Energy, Agriculture, Food Science and Technology, Pedagogy and Business Studies.

In order to carry out its functions effectively, Kibabii University created another division of planning partnership, Research and Innovation (PPRI) now headed by Prof. Dr.-Ing. Benedict M. Mutua, PhD,Rer. Nat. and hence taking over the function of Research and outreach. The functions of Academic and student affairs will remain in the newly created Academics and Student Affairs Division. It is hoped and believed that this will render efficient services in academics and handling of student Affairs.



The DVC ASA (Right) with the DVC AFD



The VC, DVC's, The Dean FESS and other Members of staff, in a brief meeting to welcome NMG Managing Director Mr. Linus Kaikai

Prof Solomon Shibairo, (Academics and Students' Affairs)

TABASAMU UJIPE RAHA

Kwa jina lake jalili,Rabana wetu jalia Jina lako la awali,ewe wetu maridhia Sifa zisizo kalili.sote tunakusifia Tabasamu we swadiki,furaha ujipatie

Tabasamu ewe ndugu,moyo wako utulie Moyo wako uwe sugu, magumu uvumilie Lolote lile la vugu,imara upitilie Tabasamu we swadiki ,furaha ujipatie

Tabasamu ni muhimu,kwa yeyote insia Kila ukitabasamu, mwili unanawiria Tena kiasi kitamu,nzuri asilimia Tabasamu we swadiki,furaha ujipatie

Furaha ujipatie,uondoe mushkeli Na afya ujitilie,maradhi utupe mbali Ya siri ufichilie, si juwe hata kwa mali Tabasamu we swadiki furaha ujipatie

Tabasamu bei poa,ni rahisi na si ghali Pesa nyingi huto toa,kwani liko kwenye mwili Urembo mwingi huzoa,fulusi nyingi na mali Tabasamu we swadiki, furaha ujipatie

Do I get tired of missing you? No I don't! You understand me as if you were me, You are my secret book, Your pages are my day to night diary.

You always put a smile in my ugly face, You showed me the meaning of us against the world, You loved me unconditionally- how I am today and how I was yesterday,

To be honest, I have never found someone like you since I met you, You are original my smile maker, You are original.

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Hakuna pambo hakika,la fikia tabasamu Ujirembe, kupendeka, ungezea tabasamu Utapendeza hakika, watu takuwa na hamu Tabasamu we swadiki,furaha ujipatie

Hata ukakasirika,na kusihi tabasamu Maudhi yataondoka, nakutulia wazimu Kwa watu utasifika,takuwa mtu muhimu Tabasamu we swadiki,furaha ujipatie

Langu hili tabasamu,la bashasha na furaha Moyoni la nipa hamu,na huondosha karaha Basi nawe tabasamu,hunu ndo mda fasaha Tabasamu we swadiki,furaha ujipatie

MY SMILE MAKER

BY OCHIENG' WIKIE





MESSAGE FROM THE D.V.C P.P.R.I

(Deputy Vice-Chancellor (Planning, Partnerships, Research and Innovation)

et me take this opportunity to welcome you all to the Division of Planning, Partnerships, Research and Innovation (PPRI).

I wish to welcome all our new students who are joining this great University to start their wonderful academic journey. Let me inform the new students and remind those who have been at the University that the academic journey is like running a marathon where one is required to observe the strict rules of the game. The journey requires self determination and sacrifice. I know you will realise your goal if you remain focused throughout the tough but very exciting academic journey.

I wish to congratulate the new students' leadership that has been elected through a free, fair, transparent, democratic and competitive process. I am confident that the new leadership will offer their services to the "comrades" efficiently and effectively. I encourage all students to aspire to complete their academic programmes on time. Let us consult where we need help and avoid acting out of emotions and /or reacting on rumours.

The Division of Planning, Partnerships, Research and Innovation (PPRI) is one of the three (3) Divisions of Kibabii University in charge of all matters related to Research, Consultancy, Innovation, Partnerships, Community Outreach, Linkages, Shows, Exhibitions and Trade Fairs. In addition, the Division is in charge of formulating MoUs with other partners working together with Kibabii University.

The Division is tasked with the responsibility to develop policies in the above mentioned areas and general oversight of the University's research activities, marketing, resources mobilization, industry liaison, intellectual property and commercialization.

The Division of PPRI works with staff and students in many areas to:

•Promote learning, research, innovation and extension services;

•Coordinate research activities, student attachment and linkages with the industry;

•Implement Intellectual Property Policy as well as oversee linkages and partnerships with other national and interna tional institutions;

•Organize training for research proposal writing for funding;

•Organize all University Conferences, Open days, Exhibitions and Shows;

 Assist staff and students to register their inventions and/or Innovations with Kenva Industrial Property Institute (KIPI):

•Allocate research, consultancy and innovation funds to staff and students;

Facilitate staff and students to attend and present papers at International Conferences;

•Organize training of staff and students in research management in terms of resources management; •Plan and mobilize resources for teaching, innovation and extension services; and

•Co-ordinate all academic collaborations and linkages with other local/international partners initiating programmes in research, scholarships, student and staff exchange.

In realizing the Vision and Mission of Kibabii University, the Division of PPRI is built on three (3) Pillars namely; People, Processes and Products.

The Division of PPRI is committed to work with all staff and students of Kibabii University to make our University a leading Institution not only in Kenya but globally.

I therefore welcome all staff and students to consult with the Division of PPRI on any the issues listed above or any other matters that could make Kibabii University a University of choice.

> Let us all work together as a united team and one family of Kibabii University. God bless you all.

> > Prof. Dr.-Ing. Benedict M. Mutua, PhD, Rer. Nat. Deputy Vice-Chancellor (Planning, Partnerships, Research and Innovation)



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THE HOCKEY CLUB

We are one of the largest, proudest, and most socially active clubs in the University, We train every Evening. Whilst you may not be spending every day of your week playing hockey, the club will make you feel like your university career is defined by your participation in this society. We're looking for hockey lovers who are looking to be a part of the KIBABII UNIVERSITY HOCKEY CLUB (KUHC) on and off the field. We train hard, we play hard, and we aim to make your time at KIBABII UNIVERSITY HOCkCLUB (KUHC) unforgettable. joining the club couldn't be easier, whether you're a top player or just a learner, looking for pitch time or the chance to be part of the team, you'll find a place in here. With the club joining the Kenya hockey league (KHL), every voice, every cheer, every fan counts - vou can be the difference behind team's success in their journey to becoming Champions.

By Collo (Coach)



THE KPL (KIBABII PREMIER LEAGUE). Bu Kelvin Kioni

his league started way back in 2014 when The league is still growing with next the two known teams by then Eastern season anticipated to be even more tight and students association (ESA) and kogallo competitive than the just concluded one. With FC played a friendly match which brought to the involvement of the school administration in the light that there were indeed many players running and organizing of the league it's expectaround the campus who could play football. Afed more seriousness and maturity in terms of ter the friendly many players joined this teams football will go up. The institution wants to nurdue to the entertaining and lovely football ture the talents so that the students can have they were playing. As many joined, the teams something else to do apart from their academic purposes. This will help the students discovcouldn't sustain so many players due to limited playing time which led to players starting to er their other hidden potential apart from studform other small teams in an effort to get playies. The teams will also be making new signings ing time. This formation of other small teams to strengthen for the incoming season. This will bore an idea of starting a local league for playbe aided by availability of first years who joins ers in the campus andthat's how kibabii premier on September and the market shall be a busy league was started. one trying to get that one best player to your The league has since then grown drasteam. The other players who also want to transfer from one team to another are given a chance

tically and with the professionalism put into it the league now comprises of 10 well known to do so during this period. teams who compete in the competition. This To prepare for the new season, teams teams are; Santos, red stars, unity, rangers, homeshall participate and compete in a pre-season boys,zoo,Catalans,tigres,bluerays and Street tournament namely the" amwanzo cup" who soccer FC. The league is played as any other is the sports director of kibabii university. This league out there with the teams playing both will be a serious tournament as it will also help on home and away basis which mainly takes in scouting the players who will represent kibplace on the weekends. Going by last season's abii on the wekusa games that shall follow on records, Santos are the defending champions a latter date that semester. It's therefore a big while red stars trailed in second and unity took awaited event which all players and students at the 3rd place. The league was very competitive large are looking forward to. with each team coming out strongly than the





the



previous seasons.



he Division of Administration, Finance and Development is pleased to welcome you to Kibabii University. Our vision is to provide an enabling environment that fosters excellence in academics, safety of students and staff and create value to all our stakeholders. Infrastructure

One of our objectives is to provide adequate learning space. In this regard the University has constructed state of the art infrastructure. This includes a modern library, Dining hall, hostels, and administration block. We have also completed the Academia Block Phase one and two. Phase one consists of classrooms. lecture halls and offices. Phase two consists of laboratories workshops and offices. We are now procuring furniture, computers and equipment. This will help boost the areas of Sciences and technology. We shall also have a radio and T.V. studio. These will be used by students of Journalism and Education.

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Sports

The Sport Complex has a basketball court, rugby/soccer pitch, handball pitch, volley pitch, tennis court and a pavilion. The University encourages students to participate in both indoor and outdoor games. Kibabii University Tae Kwondo team is the best in the region. We also participate in drama and choir competitions.

Finance

Our finance department is using ise Resource Planning (ERP) system. Fees can be paid at any major bank in the county. The statement is uploaded to the student's portal for information. Parents and guardians are

MESSAGE FROM THE D.V.C AFD

(ADMINSTRATION, FINANCE AND DEVELOPMENT)

encouraged to pay in advance to avoid inconveniences to their children. We have also embraced the concept of smart cards which is being used by HELB. Please every student is encouraged to apply for his/her smart card at Kenya Commercial Bank, Bungoma Branch.

Catering

Our Catering department offers quality meals at affordable prices. Please visit the kitchen to sample the menu. Parents and guardians can deposit money for meals with the University.

Hostels

The University has four (4) hostels with a capacity of about 1300 students. Half of the hostels cater for female students. The others are for male students. We encourage students to stay within the compound. Rooms are available at first come first served basis.

Currently the University has awarded tender for construction of a 1,000 bed female hostel. This hostel will be completed within the next two (2) years. This will help alleviate the demand for accommodation for female students. The University has a committee that works with the landlords to maintain standards of hostels outside the University. Basic amenities like water, electricity and security are implemented by the landlords.

Health

Health services are offered to students on the compound. Students are encouraged to come to the clinic whenever they feel unwell. Incase of major cases, they are referred to Bungoma County Hospital. Students are encouraged to come with their NHIF cards. Please also carry a mosquito net.

ICT

The University WI-FI connection is continually improving its bandwidth. We also have our website. Please visit this website for gener-

al information on activities in the University. Each student has been provided with a portal.

Environment

The green scenery at Kibabii makes our University conducive for learning. There are well maintained flowers and trees. The grass lawns are well maintained. Please keep the compound clean by dropping rubbish in bins. The student centre has tables and chairs where students can relax during break time.

Water

The University has a reliable water source by NZOWASCO Company. Water is pumped in a reservoir to be distributed to hostels and academia blocks. We have also initiated a project of recycling waste water for use in toilets and for cleaning. We have underground tanks for storing rain water.

Electricity

The University has reliable supply of electricity. We also have two (2) generators to serve as a back-up in case of black-out. We have plans to develop solar panels tor electricity supply.

I take this opportunity to welcome all students, parents and guardians to Kibabii University. Our motto is "Knowledge for Development". God bless you



Prof. Aywa explaining to the former CS Education during a show

Prof. Shem Aywa DVC (AFD) and Professor of **Mathematics**

salute all KIBU comrades. Let me first register my profound gratitude to all comrades who participated in the last elections and in particular, the Faculty of Science fellows who saw my potential and elected me as their Male Representative.

Being the Games and Sports Congress person. It's with due pleasure to welcome you to Kibabii University hub of sports and games. That it goes without saying that KIBU has been performing exemplary good in it's sporting activities both in organised inter-murals and competition level at inter-universities games. Therefore I would like to encourage our dear comrades, especially the first years who have just joined us, to feel free in participating in any game or sporting activity of their choice as matter of their talent exposure as well as representing KIBU in various competitions with other universities.

Through sports, KIBU has gained a positive reputation both in National, Africa and International competitions at large due to it's best performance that has led to it being awarded trophies, medals amongst other valuable awards including certificates, for instance the Tae-kwo-ndo cohort which represented KIBU in South Korea, the most recent Tae-kwo-ndo International Professor's Cup Open Championship that KIBU hosted and African Universities Athletic Championship that took place in Nigeria besides other championships.

KIBU has a variety of sports and games ranging from the Athletics, Ball games like football, volleyball, handball, basketball, rugby, tennis (among others) to Martial arts like Tae-kwo-ndo and karate. KIBU participates in a twosome organized competitive games i.e Kenya Universities Sports Association (KUSA) and WEKUSA which forms the western branch universities. Besides these there is Kibabii University League, comprising of 10 teams i.e Red stars, Santos, Homeboys, Unity, Blue rays, Catalans, Tigers, Street soccer, Zoo and Rangers F.C (s). These teams organize themselves through their captains and compete for trophies and other awards for the best performers besides, all participants also get awarded certificates of participation. This league has actually contributed to producing competent and able players that form Kibabii University team, that represents KIBU in KUSA and WEKUSA aames.

That it brings to our attention that, in sports, for success, there must exist a able Coach who will guide all the activities and provide amicable guidance, that KIBU has a competent Coach Mr. Eliakim Otieno and Games Tutor Mr.Tom Amwanzo who have facilitated the best performance of KIBU sports. Let me assure you that my docket will work closely with the office of Secretary General, Games department and

all relevant departments to ensure matters games and sports are well articulated and acted upon. Lastly, having been elected as Male Representative, let me assure you all services that stand at my capacity and promise to work for the tasks at hand. By, Owino Michael Omondi

THE PLIGHT OF ENLISH TEAMS IN CHAMPIONS

he Premier League may undeniably be the wealthiest and most watched domestic league in the world but those numbers still aren't carrying into European competition. Once again, only one English club in the Champions League made to the last eight. That makes a mere five in the last six seasons.

The Premier League may have belatedly started to accumulate all the best managers in the world, but they're still not really managing the best players in the world. Rather, they're managing the second tier of players. The blunt fact is that the true elite still go to the top two in Spain, with some siphoned off to Bayern Munich.

There are a number of examples that illustrate this. Look at Pep Guardiola. The Bayern squad he was in charge of last season still has a depth - and a striker like Robert Lewandowski - beyond anyone in England, to the point a comparison with the Arsenal side they humiliated seemed a gross mismatch even before the game. Now at Manchester City, and despite their resources, Guardiola doesn't have anything like that level of player, especially in terms of game intelligence.

That is not to excuse the problem that the Catalan's side couldn't do the elementary thing of defending a set-piece against a relatively more humble team in Monaco, but it's still the general truth. It's similar with the side across town. United have famously started to copy the Real Madrid model of bringing in individual stars, but they're effectively a less powerful, less talented and less intelligent version of the Spanish giants.

Because, while a growing Paul Pogba is pinging the ball to Zlatan Ibrahimovic at Old Trafford, a prime Luka Modric is doing the same to Cristiano Ronaldo at the Bernabeu. Likewise, the league leader Chelsea's star playmaker in Eden Hazard - good as he is - is not Leo Messi, or even Neymar. It makes a big difference, and that has a big impact when hype-distorted perceptions of the Premier League's quali-By KEVIN NYARIKI MORANG'A ty are disrupted midweek.





FACULTIES AND SCHOOLS

MESSAGE FROM THE DEAN FESS (Faculty of Education and Social Science)

elcome to the Faculty of Education and Social Sciences (FESS), the largest and most comprehensive faculty at Kibabii University.

The Faculty of Education and Social Sciences, whose motto DIVERSITY FOR INOVATION, is the leading Faculty at Kibabii University, advancing educational research and understanding of teaching and learning in a way that celebrates diversity, equity, social justice and innovation, and welcomes international collaboration.

We offer high-quality research opportunities with some of the top-raking educational researchers in the world. Our research-oriented graduate programs comprise a diversity of disciplinary, theoretical, and methodological approaches; in contributing to excellence in Education, we provide leading-edge in Teacher Education and Social Sciences at certificate, diploma, undergraduate and graduate levels to diverse clientele.

Currently, the Faculty has Eight [8] departments each under the guidance of a chairperson. Each depart-

ment has established strong linkages with the relevant community agencies for school practice, industrial attachment and research.

The Faculty runs six [6] undergraduate, five [5] masters and four [4] PhD programmes with a total student population of over five thousand [5000].

I invite you to further explore our Faculty either by touring our website http//www.fess.kibabiiuniversity.ac.ke or by visiting us in person.

> Dr. Rispah Wepukhulu-Namasaka, Dean FESS.





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MESSAGE FROM THE CHAIRPERSON Department of English, Literature, Journalism θ

Mass Communication (ELJMC)

 he Department of English, Literature, Journalism and Mass Communication (ELJMC) at Kibabii University is located

in the Academic Block Room 117. This department is among the largest and well-orchestrated departments in the premier Faculty of Education and Social Sciences (FESS).

The Department of English, Literature, Journalism and Mass Communication was established in the 2014 when Kibabii University was still a constituent college of Masinde Muliro University and Technology (MMUST). The department is managed by eight (8) full-time and twenty (20) part-time dons whose areas of specialty are: English, Linguistics, Literature, French, Communication, Journalism and Media Studies, and Creative Writing.

ELJMC department runs the following academic programmes: Bachelor of Journalism and Mass Communication, and, Master of Arts in Comparative Literature. In addition, we offer English and Literature courses for the Bachelor of Education (Arts) and Diploma in Education (Arts), as well as Communication Skills for all undergraduate programmes. The Bachelor of Journalism and Mass Communication is a market-oriented programme that prepares students for future careers in a wide range of including: broadcast and print media, the publishing industry, corporate communication and advocacy, diplomatic missions, NGOs, government ministries and departments, private practice, and the academia. In order to train well-grounded journalists, ELJMC department (in collaboration with FESS), has put in place state-of-the art media studios. However, the University is in the process of equipping the media labs.

The Bachelor of Education (English and Literature) basically prepares students for careers in teaching. However, our well-trained graduates can venture into other career paths in the media and publishing industries, the academia, corporate communication, private practice, creative writing, government ministries and departments among others. The pioneer English and Literature graduates have already been employed and are doing pretty well in the field.

We also offer high-end research opportunities for students undertaking MA in Comparative Literature. Currently, the department prides itself of having a sizeable number of graduate students. Our competent members of staff have equally been keen on undertaking research works and getting published both locally and internationally. Mr. Zakayo I. Amayi

Morde of Miedom

In hife, some may walk, others may run, but remember the Lord gave the tortoise and the horse the same number of days to reach Noah's ark. Your journey might be rough and tough but you will definitely get to your destination.

Jacob looked at Joseph and saw a good son! The ten brothers looked at Joseph and saw a useless dreamer! The travelers looked at Joseph and saw a slave!! Potiphar looked at Joseph and saw a fine servant!! Potiphar's wife looked at Joseph and saw a potential boyfriend! The prison officers saw in Joseph a prisoner! How wrong were all of them! God looked at Joseph and saw a Prime Minister of Egypt in waiting!!

Don't be discouraged by what people see in you!! Be encouraged by what God sees in you!! Never underrate the person next to you because you never know what the Lord has deposited in that person. Your maid may be a Chief Executive

Officer in waiting for a company which shall employ your child. Your garden-boy may be a president in waiting. (Remember David got the anointing of becoming a King while he was a simple child herding sheep. Esther was a simple orphaned girl yet she was a Queen in waiting). Let's share God's love and make the world a better place to live. Show that love by sharing this message with those you love. **By Phanuel Situma**

NEVER SAY, I QUIT.

oosing hope is the worst thing you can ever do,yesterday is a past tense,today is a present tense and tomorrow will remain a brand new day. It will never be the same as today or yesterday expect new and better things.

Life may seem complicated but you should remember that neither are you the first person to live nor the only person facing challenges. Learn to hide your tears with a smile. Do not cry when the sun goes down ,the tears may prevent you from seeing the beautiful stars.

At the lowest moment of life,let God be the pillar. God has his own special ways of answering prayers,maybe the best the best gift he can give you at the moment is denying you what you want because he has something better in store.

Therefore, always find a reason to smile ,keep your heart warm and happy even if it means laughing at your own problems or troubles coz there is one thing you should know, God is watching and everything is under control.

Chepchumba Barno

OVERCOME THE FRUSTRATION BARRIER.

When is the last time you went ballroom dancing, made a speech, learned a new language, took up karate or even cooked a new exotic food? When was the last time you did something out of your comfort zone? The experience was probably frustrating, depending on the difficulty of the task and how far outside of your comfort zone it was. You may have felt insecure, uncomfortable or ridiculous. If the task was difficult you may have been frustrated at attempting to gain progress. Due to this feeling, chances are you rarely participate in events out of your comfort zone.

I am going to call this phenomenon the Frustration Barrier. This is the barrier that keeps you from trying new things and going out of your comfort zone. It is also the same feature that allows you to quit far too early when you don't immediately "get it". The problem with the Frustration Barrier is that it is usually temporary. Once you break through the barrier, you can actually start enjoying the learning process and have some fun. More importantly, breaking through this barrier gives you access to a huge amount of personal growth that occurs whenever we do things that are out of our normal frame of mind.

If I have found one thing that separates successful people from unsuccessful people it is the ability to get pass this barrier. Unsuccessful people give up on it too soon, successful people manage to break through the barrier and as a result can enjoy the process of learning new things and gaining the benefits that come with being skilled in that area. Also, these people are generally much more "developed" as human beings as they have had a much richer variety of experiences from which they can use in their life.

To the freshmen/ ladies and the continuing students you need to get out of your comfort zones overcame the frustration barriers so that you can achieve the best out of campus life and become successful in life.

By Teresia Mwendwa Katunge An idle mind is a Devils workshop.

Studying regularly gives people of all age groups something substantial and challenging to do. It helps people to engage their minds, doing something productive and worthwhile. Reading is not necessarily academics and may include reading for leisure or a passion for literature, philosophy, art, politics, economics or even scientific research. There is no limit to all that you can teach yourself, only if you take the interest to learn and grow as an individual. However, those who treat knowledge as trash, eventually find themselves getting absorbed with thoughts of violence and jealousy against those who are better off than them. It is people such as these who turn towards drug addiction, unnecessary rebellion, crime and plain inactivity. Such people lack the self-esteem that good education often provides to its followers.

Education plays its continuous role in all spheres of life. The reason being, that if we are aware of the drawbacks of a decision and we know about the possible contingencies and collateral damage, our consequent actions will be wiser, which would help us to keep danger at bay at all times.

BY Mukite Sharon



MESSAGE FROM THE CHAIRPERSON

Department of Criminology and Social-work (CRSW)

elcome to the Department of Social Work and Criminology one of the eight (8) departments in the Faculty of Education and Social Sciences (FESS). The department has a student population of over 600 students and is among the largest and vibrant departments in FESS, with a vision of becoming a leading department that produces world class social scientists in the field of Social Work and Criminology

The Department's core mandate is to generate and disseminate Knowledge and Skills through research and extension for development and believes in the philosophy that all human beings have equal and inherent rights and potential given the opportunity and the right environment.

We offer high quality programmes supported by an able team of twenty five (25) members of staff both regular and part time who are well grounded in their respective areas of expertise. A total of six (6) program are offered in the department which include two (2) Certificate courses (A certificate in

Criminology and Criminal Justice and a Certificate in Social Work and Community Development, two (2) Diploma Courses and two (A diploma in Criminology and Criminal Justice and a Diploma in Social Work and Community Development, (2) Undergraduate Course (Bachelor of Social Work and Bachelor of Criminology.

Our programs are research and practice based and seek to build student's competences in the area of research and consultancy. Over the years we have established and developed linkages with the private and public sector to mentor our students and prepare them in their areas of practice. Our students get the opportunity to interact with service organizations who are their future employers in their respective fields through a period of field attachment.

The department also has vibrant associations that exposes students to an array of not only academic resources but also contributed immensely to their social development, these associations include Criminology Students Association and Social Work

THE DEPARTMENT OF CURRICULUM AND INSTRUCTIONAL TECHNOLOGY

he department of Curriculum and Instructional Technology offers quality teacher training programmes at diploma, undergraduate and post graduate levels. The department has the core mandate of producing quality professional teachers who are innovative, interactive and reflective in the provision of quality teaching services globally. The department has a total of four academic staff namely; Prof. Stanley Ngome Mutsotso, Dr. Edwin Masibo, Ms. Carolyne Simiyu and Ms. Carolyn Dayo Kivihya. We also boast of having the very

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able and agile technician Mr. Peter Mmbaya Kadimba who is actually the backbone of our success in conducting Media practicals for all our students.

The department has since the inception of the university had three student attachments referred to as School Practice. Our trainee teachers have demonstrated outstanding competence in teaching and student mentorship in their School Practice stations. A part from the undergraduate programme, the department also hosts the Master of Education in Curriculum and Instruction and

the Doctor of Philosophy in Curriculum and Instruction Programmes. Three students out of eight from first batch of the masters students graduated during the university's first graduation ceremony in 2016 and many more will be graduating this year. The first batch of the doctoral students is set to graduate in the year 2018. The department has had all this success because of the team spirit that the members uphold and the support and encouragement from the university management. Welcome to the CIT department.

Dr. Edwin Masibo

THE DEPARTMENT OF EDUCATIONAL FOUNDATIONS. PLANNING AND MANAGEMENT.

he Department of Educational Foundations, Planning and Management is housed in the Faculty of Education and Social Sciences. It offers foundations, Planning and Management Courses from Diploma to Post Graduate Level. It has four full time members namely Prof. Julius Maiyio, Ms Jane Barasa, Ms Sarah Likoko and I. Her Courses are designed to prepare public and private school educators, administrators, and policymakers to meet the specialized educational demands of diverse social, political, and cultural contexts. It seeks to develop in students from all disciplines an understanding of the relationship between education and Management, as well as tools of inquiry and democratic interaction applicable throughout their educational experiences and in other contexts.

The Department upholds mastery of critical, creative, and independent thinking and a deep understanding of the role of educational institutions in society crucial to the success of a democratic society.

The Post Graduate Courses include, Master of Education in Educational Management & Policy Studies, Master of Education in Educational Planning & Management, Master of Education (Economics and Management of Education), Doctor of Philosophy in Educational Management & Policy, Doctor of Philosophy in Educational Planning and Management and Doctor of Philosophy in Economics & Management of Education.

Dr Injendi Juma.

CANDID TALK: HOW TO START AND END AN ARGUMENT THE RIGHTWAY rqument are a fact of relationship life but they don't all have to end in tears, screaming matches or worse, learning how to fight right can save you lots of time, energy and nights where someone ends up sleeping on the couch.

Hear each other out

Even when things are heated and you're losing your mind from frustration of whatever it is you're fighting about is important that you both get a chance to air your grievances. At the beginning of an argument make sure each of you is able to state a case that means no talking over the other person or refusing to listen to their point of view you can't resolve an argument if you don't know how other person feels or why they feel that way. Don't vell

Talking louder in an effort to get your point across is a popular technique when it comes to arguments, but it doesn't really work. The more you yell, the more upset the person is going get, which means the fight just drags out even longer. Make an effort to keep your voice even and stay calm so you don't make the situation worse. Take a break

Feeling extra frustrated if either of you starts to get really heated or can no longer think clearly, it might be a good idea to take time out from the argument so you don't blow your top. Maybe its five minutes or maybe it is a full day, but If need be call a truce so you can both regroup. Apologise

If the situation calls for it apologise that means if the argument was about something that turned out to her your fault, or if you were wrong and he/she was right, own up to your part in what went wrong. You don't have to grovel or By: Matsi Josiah. be extra sweet, but to be clear, honest and genuine when you say you're sorry.

A WALK WITH

HIV hat would you do if you contracted HIV ?" a question I had to answer several times. my answer varied each time. I was age nine and our teachers had told us about the deadly disease. What I didn't know was that, this question would be the starting point of a long term relationship I was going to have with HIV/AIDS. After a period of psychological preparation my mother told me that she was HIV+.

11 years down the line, I can say it's been quite a journey. It hasn't been a walk in the park. HIV to me is no longer the scary monster that took away my baby brother when I was in class 4, nor the beast that made my dad walk out on us, when he probably thought that mum was going to die.

I have a whole new understanding of the syndrome. For me it is a household joke and my mom and I talk about it like it is no big deal. AIDS is that guy my mum signed a contract to live with all her life. It is no longer a barrier for anyone to achieve their dreams. Unless you let it, it is no longer a reason for people who love each other to shy away from each other.

Ever since then I have never gone back, I do my best to play my part in the eradication of HIV and all HIV related deaths. Having lost my baby brother to AIDS, I cannot express how grateful I am to know that through PMTCT & EMTCT it is possible for a HIV mother to give birth to a totally negative child.

Having had my father walk out on my mother and I under the impression that she was going to die, it is with much pride that I can tell you all that it is currently very possible for discordant couples to stay together for years while each of them maintaining their status.

request that:

 Pregnant ladies to start their ANC (Antenatal clinics) early enough in order to protect their young ones for HIV. If you're already infected adhere to your medication and attend your CCC as you're

supposed to.

•If you are negative it is your responsibility to ensure that you do your best to live negatively. In case of rape ensure you get to the hospital as fast as you can.

> Story as told to **OUEENTER MUGWERU**

It's therefore my ample

BOULEVARD OF THE

EROKEN By Roselyn Mungai. The 21st Century, where technology is really advancing. The 21st Century, where we can get almost anything we want from the Internet regardless of where you are. The world is improving but are you? I'm not referring to physical improvement, but psychological improvement. We're all broken in our own ways and no matter what medical advancements are made in the world, we're the only ones who can save ourselves. You are both your best friend and your worst enemy, only you can choose what you will be to yourself. You have the power within you to either self-destruct or self-construct. YOLO- You Only Live

Once, one of the most popular metaphors of this century. However, we choose to undermine it and look at the promiscuous meaning. Look at it as a warning, that you only have one life, one chance to overcome your pitfalls, one chance to discover who we are . Façades, how we choose to survive, ignoring our broken souls, killing all the deep and real feelings inside. Instead, we should embrace our brokenness, heal ourselves, create beautiful art from the broken pieces of our souls.

Every single day, create a happy memory. Smile more at life. Choose your happiness over that of the masses. Change the world from a boulevard of the broken, to a boulevard of the happy.... Change starts with you.



MESSAGE FROM SOBE ACADEMIC NOMINEE

ne School of Business and Economics (SOBE) offers students the opportunity to shape their skills in both financial and economic matters in order to become competent in the job market. The school has skilled stuff that ensures students gain quality training in their different areas of specification.

The school supports the representatives elected in every academic year, who acts as communication channels between the lecturers and the students. This ensures the smooth running of the school's activities. It is a great opportunity to serve you comrades as SOBE academic nominee. I look forward to working with all students to ensure we propel our school to greater heights in order to produce excellent, skillful and competent grandaunts in the job market. Thank you

BONIFACE ODHIAMBO

SCAI FEMALE REP.

reetings to you all SCAI members. First I would like to express my heartfelt gratitude to you for voting me in as your female representative.

I am determined to work handy with the male representative, academic nominee and the School of Computing and Informatics at large in order to ensure SCAI students reap the best in terms of quality training, technological innovations and research.

Please, don't die with your problems; speak them out so that we address them to the relevant authorities for suitable action to be taken. Serving you is my duty. Always at your service.

Racheal Anyango, SCAI FEMALE REP.





FACULTY OF FESS REPORT

cademic excellence is not achieved by mere decree but rather through quality teaching, innovation / And research.

I would like to take this precious opportunity to welcome the fresh students into our great faculty of excellence. Choose a course that you love and have a passion in it, because passion and satisfaction equals to quality.

I appreciate and recognize the good work our faculty has been doing so far. Kudos to FESS comrades and staff. THANK YOU.

Nyongesa Anthony FESS MALE NOMINEE

THE FUTURE BELONGS TO THOSE WHO DARE TO

bout a decade ago, I read a story that in one village, there lived one fastidious farmer. One day he decided to do something out of ordinary, he hatched a young eagle with his chicks. Initially, life seemed unbearable for the young eagle as it struggled to keep pace with its 'colleagues' because of its short legs it was disadvantaged. Progressively; it started to adapt to the chicks way of life. The mother hen treated them equally because she had hatched them all. As time passed, their wings grew full and strong. The young eagle now became flamboyant and exuberant. But something was amiss with the eagle. It begun to feel incomplete and realized that he was missing something very crucial. This drained the eagle so much, fatigue turned into worry and worry into desperation.

One beautiful morning after basking on the sun with 'friends', the eagle took a long stare in the sky and said to itself "why can't I fly up to the sky?". Immediately he said that, a deep desire came in the heart. The eagle was craving to enjoy the flight to the sky. So it tried to fly to the roof, he did it with much ease. He flew back to the ground to join the chicks 'colleagues'. He tried to pursue them to fly with to the sky and come back before dusk, but the friends were too adamant to be shaken. They disheartened the eagle that none of them could manage it, the eagle flew and vanished into sky leaving the astonished 'friends' mouths wide open, flew far away and never came back. I learned a precious lesson from this story.

To go beyond limits you must first believe in yourself, dream the impossible dream and follow the unreachable star. Within you lies a power that if properly inspired, will catapult your life to a higher level and in the process you will leap-frog all the challenges you are facing in life. The possibilities that lie all around our lives and which are within our reach become part and parcel of our lives provided we take the risk to disrupt the status quo, challenge convention wisdom and step into the unknown.

Dreaming is good but dreaming alone will not get you where you are going. You've got to get up and get out there and if they tell you that you can't, tell them that you can, and if they ask you why, ask them why not? You need to be around people who are going where you are going. There are people who will hold you back because of their own fears about what will happen to them if you succeed. The company you keep will dictate the conversation you have. Those conversation will become what you see and what you see is what you'll do.

If you talk negativity, that is what you'll see there is really no room to notice that the glass half full if you've filled your head with those noises. What you want to happen in your life, how you think and act must speak the same language. The less you associate with some people, the more your life will improve, Anytime you tolerate mediocrity in others, it increases your mediocrity.

As you grow, your associate will change. Some of your friends will not want to go on. They will want you to stay where they are. Friends that don't help you climb will want you to crawl. Your friends will stretch your vision or choke your dream. Those that don't increase you will eventually decrease you.

Never receive counsel from unproductive people. Never discuss your problem with someone incapable of contributing to the solution. Not everyone has a right to speak in your life. You're certain to get the worst of the bargain when you exchange ideas with the wrong person. Don't follow anyone who is not going anywhere. With some people you spend an evening, with others you invest in it. Be careful where you stop to inquire along the road of your life. My core message here is to inspire individuals to go beyond the self-imposed limitation and self-inflicted miseries and to believe in the transformation power of possibilities and opportunities that lie dormant in our minds. Then we can dare to dream and live bigger, better and more fulfilling lives, contrary to our earlier beliefs and societal expectation.

I read somewhere in TOUGH TIMES NEVER LASTS, BUT TOUGH PEOPLLE DO (motivational book; by Dr. Schuler) that,' there are no great people in this world, we are all ordinary individuals, but the difference between us is that some people have got bigger dreams than others'. I challenge you to shoot to the moon, even if you miss it, you will land among the stars. Don't forget this, SPEAK SOFTLY AND CARRY YOURSELF A BIG STICK, YOU'LL GO FAR.



ave you ever had that feeling that the whole world is Such moments are necessary for our growth. As it is a curving down on you? It fills like everything in your measure of our faith and determination and endurance life falling apart, your friends are turning their backs in life. Don't give in, instead fight like a soldier, don't on you, your enemies are celebrating at your downfall, surrender like a coward, only retreat and change tactics those you trusted with your life masterminded your and put on more force and smart fight like never before. Nature has a way of hiding success in between difdownfall and God is like nowhere in the vicinity. That ficulties and challenges, only those who are smart and is when you feel like throwing a white towel and calling everything you had worked for to guit. The darkest strong enough will access it. Success is never far, it is moment in life. only invisible. Before giving up, always give the last fig

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DREAM BIG.

BY KHAEMBA M EMMANUEL

By Abuta Vicky.



MESSAGE FROM STU-DENTS'

AFFAIRS OFFICE.

nstitutions of higher learning are complex and dynamic systems .Since its inception as the university college, Kibabii University has had the privilege of having in its existence the Students Affairs Department that pursues its assigned tasks and departmental mission with great zeal and passion.

Students Leadership has set the tradition of releasing this publication every academic year to inform, educate and entertain comrades. am elated that the editorial board in KIBABI UNIVERSITY has managed to live up to its mandate in 2017/2018. It has been a demanding task ensuring that this magazine goes to the publisher. Kudos to the entire team. The students' Affairs Department will continue to support student initiatives of this nature to ensure that students get informed about the or

goings in their university. The department's mission is to foster a conducive environment to enable holistic development through provision or facilitation of quality students' welfare service in the University.

The department is currently headed by the Deputy Dean of Students. It has grown in terms of personel over time and is now able to offer services in the area of residence life, counselling, career development, students conduct, co-curriculum activities, orientation and chaplaincy.

The Students Affairs practitioners focus on the holistic development of the students as they work to provide services and support students at Kibabii University, it also works hand in hand with various departments including catering, hostels, health services, games, sports and entertainment and security to ensure students' welfare By Noel Malanda



Some of these challenges resulted to us as a country not to achieve the famous millennium development goals (MDGs) hence the development of sustainable development goals (SDGs), 17 in total hence worth students in higher learning institutions knowing and internalizing them to generate healthy and complete graduates who have an idea of what the world looks like out there.

THE SUSTAINABLE DEVELOPMENT GOALS (GLOBAL GOALS)

- Poverty eradication Hunger eradication •Good health and wellbeing Quality education Gender equality Clean water and sanitation Affordable and clean energy
- Descent work and economic growth
- Industry innovation and infrastructure

KIBABII HEALTH CHECK DIGEST

With this background, globalization, political instability and V the emerging regional and national macroeconomic challenges, not forgetting climatic changes, have had an adverse pact on health for Kenyan citizens.

In addition, there is increased cross- border movement of goods, services, people as well as international regulations and institutions. This has a considerable influence on the national health risk hence apriority factor at Kibabii University health unit. To respond to these challenges, the university health unit endeavors to deliver evidence based medical services to its entire population with students being a priority not to forget the staffs in the midst myriad of challenges locally and internationally.

 Responsible consumption and Climate action Life below water •Life on land Peace justice and strong •Partnerships or the goals



Did you know?

That the ideal way for hydrating your body is by taking frequent small sips of water throughout the day, during and after meals. It is simple yet so difficult for both the rich and the poor (The writer is a clinician, health system manager and policy developer at Kibabii University health unit)

Michael Osundwa

CRIME AND SOCIETY

he state of security in Kenya and particularly public universities has being improved and heightened after the unfortunate and regrettable Garissa University College attack on 2nd April 2015; which claimed 148 students and leaving others injured .All these initiatives are attributed to the leadership of the astute, great, diplomatic, visionary General Joseph Nkaissery, as students of criminology we pay our tribute to his security strategies and vision that has made peace achievable in our Kenyan universities and country as a whole. Its imperative to categorically state that though the late General initiatives deployment of soldiers that's police have dispacted in each and every university a move that has helped counter terrorism in our universities of which Kibabii is not an exception.

Furthermore, screening of students at entry an exit points is another applaudable security counter terrorism technique thanks to the measures being collaborated by the university security department in conjunction with government regulations. This is not enough, basically because we need to inculcate automated cameras and sirens in the institution and in that regard train personnel to man this equipments if this is done Kibabii will be a references and benchmark of security not only in Kenya, East Africa or Africa but globally. If these mechanisms are put in place i believe it will go along way in making Kibabii a safe and reputable institution in the country reason being Kenyans will feel secure to bring brothers, sisters, friends and relatives to the institution. I end by quoting late General Nkaissery,"That security is not all about Nkaissery but a responsibility of each and every Kenyan". By Mathew Kiptoo Kiprop TRIBALISM IS A VI-

KUDOS TO THE NEW **ELECTION SYSTEM IN** CAMPUSES

any thanks to the ministry of education for introducing new election system in the varsities. With the new election system, universities have been able to participate in peaceful campaigns and election for the first time in history of public universities in Kenya and ensured smooth transition of Dowers

Campus politics in Kenyan history has been a recipe for chaos and strikes which has been leading to destruction of propertie activities. Thefore the universities worth millions of shillings by supporters of should prudently craft ways that the losing side claiming unfair campaigns will make sure the students and and elections due to the universities' top management interference. This led MPs to This shall be effected well if all debate on the new University Act which the security agencies cooperate passed and was effected by the Education with one another that is the nation-CS Dr. Fred Matiang'i and took effects ir al government and internal security the Academic year 2016/2017. in the institutions to ensure good

The Act brought about numerous changes in the elections system hence the introduction of the elector al colleges in which the students are to elect the representatives which in This system has tamed triba

working relationship and rapport in There should be an open door poli cy in the security agencies working in the universities to enable students turn elect the varsity President. consult free without fear or intimidation. This policy will be vital for it politics which were the order of the day in the last election systems. and effective for it will make them Moreover, the Electoral College system has ensured the third majority rule effected in that some elective po sitions are set aside for ladies hence increasing their representation in the S.C.

By Samuel Oyondi.

our institutions By Biwott Edicus.

will make the security accessible

receive intelligence reports and

feedback from students averting

any impending attack or security

threat. All these mechanisms

are ingredients for enhanced,

better and quality security in

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Whoever profits by crime is

Anonymous.

GUILTY of it"-

ecurity is a sensitive

Juniversities.A pillar that

all systems rely on to run their

the properties are safe.

their line of duties

concern and priority of all

he big question is, why are we allowing ourselves to be vessels of transmitting and spreading this disease? Why are you we dominated by the notion of "ONE OF OUR OWN"?

Have you ever entered a public office and you find the entire staff speaking mother tongue? And the first thing they do is to ask you your name and where you come from? Honestly that's common in our offices and different institutions. It is high time that you and I have to join hands in fighting this monster.

There is this other scenario where you find yourself in a group of peers who suddenly isolate you by the language they use, you feel offended right?

Now think about the opposite where by you are part of the group that isolates an individual, do you feel guilty about it? Of cause you won't but I want you to start feeling guilty after reading this YOU NEED ME! I NEED YOU! WE NEED EACH OTHER! ON! WE NEED UNITY! Yes we can bring change just you and I having in mind that change is inevitable.

By Mudachi Allan.



STUDENTS' COUNCIL.



i.Listen to your voice of reasoning.

University Handbook.

your conscience.

matters

ii.Observe the rule of law and adhere to

all the written laws, including the Kibabii

iii.Recognize and follow the hierarchy

of authority in handling all the emerging

iv.Do all and any other activity that is

right according to the written laws and to

When you incorporate all the above

individual in Kibabii University, but as an

Always learn to know, to do and to

live together. Minimize on all your weak-

nesses and constantly develop on your

strengths. Always work on your Con-

tinuous Personal Development (CPD)

phenomenon. Keep the optimistic fire of

success burning in you and subsequent-

God bless your stay in Kibabii Univer-

sity.

ly you will grow emotionally, physically,

socially, spiritually and economically.

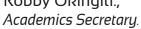
tapestry, I have no doubt you will be

holistically developed not just as an

acceptable global citizen.







University

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Pauline Mbithe, Special Interest







WORD FROM THE CHAIR STUDENT COUNCIL. NAIBU MWENYE KITI matter, I urge all of you to operate from

Nachukua wakti huu kumshukuru Rabana kwa kunijalia wadhifa wa naibu mwenyekiti Wa chuo cha KIBABII shukrani kwa wanachuo kwa iumla kwa kutuunga mkono.Vilevile nawapongeza wanafunzi wa mwaka wa kwanza

Bogita N. Lydia

Vice-Chairperson.

kwa kuchagua kujiunga na chuo chetu, karibuni Katika nyadhifa yangu nawaahaidi kuwa nitashirikiana na viongozi wengine kuhakikisha kuwa Maslahi yenu chuoni yana shughulikiwa kiukamilifu. Kila mwanachuo atahudumiwa bila ubaguzi wa rangi, ukabila au jinsia. Nawaomba

miihisi nyumbani, na katika changamoto zozote tuko pamoja, tutashirikiana kwa udi na uvumba. Namuomba Maulana aniialie niwaongoze

wanachuo bila ubaguzi, mapendeleo au chuki. Mola awajalie kwa sana.

TREASURER'S ARTICLE

By confirming your trust and confidence through voting me in, I assure you that am going to serve you equally and ensure Kibabii university finance department service delivery becomes the best

We are going to work as a team and ensure the ERP system is up to standard, plan to devolve finance department to faculty level hence avoiding long queues in student finance office. The iourney of change we were yearning for has started and we are the change. Let's believe in ourselves and always work as a team.

"ACHIEVING STARTS WITH BELIEVING" By Barua Jeff, Treasurer. Mboku Peter is the founder of protégé photography, a freelance photography house based in bungoma, August 2017 his photography house celebrated one year in the industry, He speaks to campus vibe about the journey. Writes Janeffer M. Katila

Tell us about yourself?

My name is Mboku peter Harris. I was born and raised in a humble family as a second born. My family has always been keen on upholding Christian virtues and so I got into the system. There is really no much about me yet.

Did you study photography

No, I have never had any formal photography training. For how long have you been a photograph

I started photography a year ago, but not as a photographer. I was so much interested in photography equipment and so, I prayed and tabled my plea of starting a photography business. Three months down the line, Protégé was born, I bought my first camera and a studio lighting kit. Having this equipment, I later developed interest in being a photographer; that's like august last year. So, I have been a photographer for almost a year.

Q. It's been a year in the business, how would you describe the iournev so far?

The first year has been as interesting as it has been challenging, being a newbie in the industry i had a lot to do, first i had to put up a team together, (i have a wonderful team by the way, you should check them out......laughs). With a team set up and our house in order we dived into the real thing, Shoots; club photography, get togethers', birthday parties, pool parties, graduations name them. The journey has been with a lot of lessons, there are things we have had to learn first-hand in the field, but nothing is hard when you have a hardworking team like mine, I tell people am as good as my team. On academic life, nothing comes easy. Balancing books with hustle is quite a challenge. Lots' of hurdles but all in all, one has to find a way out.

Q: So much accomplishment in a short span, what inspires you and keeps you going?

What inspires me is the life of Pepe Minambo, a motivational speaker and Business man who had his Gold trading Business suffer losses a couple of times but he never gave up. What keeps me going is my future family.

: What kind of photography are you into?

I'm into model photography and portrait photography.

Q: You being in this biz, is it an investment or for fun? I'm into photography both for fun and as an investment. Q: How much have you invested in this hustle?

I've invested quite a lot. Honestly, almost 80% of the money I get, gets its' way into photography.

Q: Quite an amount there, take us through Shoot preparation and

As long as one has the shoot locations, the rest is quite simple. Get the batteries charged, pack all gears i.e. Speedlight's, reflectors and communicate to the team on what might be needed. O: How do you find shoot locations

Clients direct me to locations most of the times, I also have an adventurous eye too.

CANON OF NIKON ? Q: What is that one thing you like about (One thing I love about photography it's law of (breaking rules). Break one rule in photography in a creative way and come up with a unique shot. Q: What are your charges, for those who want to get your service? My charges are guite low for outdoor shoots, 500/= per head.

For indoor shoots, 1000/= per head, and the package comes with ten of best shots, edited

ear comrades .Feel greatly the highest levels of your conscience. velcomed to the new higher To have a smooth ride while on camlearning environment, Kibabii pus, do the following:

Your presence in this campus is not only a fundamental opportunity to explore but also an amiable privilege. Stringent measures were put in place in last year's KCSE examinations that deterred the whopping 453,000 candidates from accessing the doors of all universities. Your genuine hard work and unwavering struggle gave you a coveted university entry space that only 88,000 of all the Kenyan candidates managed to acquire. In this regard, I send my warm felicitations to you and overwhelmingly say "Congratulations". We greatly feel honored and humbled to have you in this magnificent institution of choice.

Kibabii University, like any other internationally acclaimed institution of higher learning, offers the full required training for growth, development, research and innovation. I hasten to say this; University training is the great ordinary means to a great but ordinary end. It aims at raising the intellectual tone of the society. It enables us to disentangle a skein of thought, to discard what is sophistical and to adopt what is relevant. For that

REARRANGED.indd 17-18

what advice do you have for somebody who wants to pursue hotography?

For anyone who wants to pursue photography, it's a rough road, like you're in the sea and waves are hitting you. Only your determination and strength can pull you through. Q: Where can people fin

You can get protégé photography on Instagram; protégé photography. Facebook, protégé photography. Someday in the future we

have

office.

(smiles

an

THE CONGRESS.



Speaker.



Dep. Speaker.

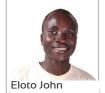


Academic nominee. EDA



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Male Rep. EDS



Academic Nominee, SCAI.



Male Rep, SOBE.



Male Rep. FS. MESSAGE FROM TOWN CEN-

TRE REP.

would like to take this golden opportunity to thank the Almighty God for this far he has brought us as Kibabii University Town Learning Centre and Kibabii University as a whole. I want to thank the town learning Centre fraternity for allowing me to repre-



Naomi Delphi

Kahindi Masha

^ETown Lerning Centre rep.

Peter Wanga

Part-time Rep.

Female, EDA,

Sarah Karimi,

SPEAKER OF

CONGRESS.

God. It is a great honor to

the students' parliament.

I hereby promise to cham-

your side and to speak for

you in a louder and a more

As we all know we still

don't have our own consti-

tuition to guide and protect

our interests and rights as

comrades. It is my agenda

to work hand in hand with

not forgetting the comrades

l would also like to take

this opportunity to welcome

all the fresh students to this

great institution of ours.

Thank you, God Bless the

Kisoo Ndambuki

Speaker Congress

to ensure we get our own

sober voice.

Kutoto Geoffrey, my colleagues in the con-

Academic Nominee, EDS gress and students council

constitution.

Comrades!!

pion for the rights of the

serve you as the speaker of

Clerk.

Male Rep. EDA



Female Rep. EDS

Rachael Anyango Female Rep, SCAI.





Amadi Kennedy. Academic Nominee. SOBE ost Graduate Rep

sent them in the Congress.I am devoted to work hard so as to propel Kibabii University Town Learning Centre to greater heights.

The challenges that we have been experiencing before will now be a thing of the past for I will ensure that all the problems are directed to the relevant authorities for appropriate action.

OFFICE OF THE SECRE-TARY GENERAL

llow me thank God for this far He Ahas brought us, and most especially granting us an opportunity to receive our young stars in the University. We welcome you all to the comrade's family and look forward to working together in achieving our goals especially our academic goals.

As the Secretary General, am responsible for various dockets namely; Entertainment, sports and also doubling up as the spokesperson of comrades. Am working hard to ensure that every resource in my disposal is used appropriately to transform the University entertainment from what we have today, to that which is interactive, up to date and more so entertaining to comrades. In the area of sports, am making proposals that aim at involving all stakeholders in sports. This is by first recognizing all the games and sports in the University and the impact they have on students and the wider university fraternity, after which we will support their visions and make their area of comrades, to always fight by specialization transform in a positive dimension.

> Am optimistic that if there is adequate budgetary allocation to sports, of which am going to advocate for, then the challenges we have today will be alleviated. Am also hopeful that if we put our little efforts together, however small they may seem, we can transform the area of sports by ourselves, for it's said that a long journey starts by a step

In conclusion, I promise to be the voice of reason as the spokesperson. You as my clientele, are going to be updated on all issues that happen within and out of the university that concern you. Let's join hands and make KIBABII the best place to be through the Lord who gives us strength, for a house united can never be defeated.

EVANS .M. KARANJA. SECRETARY GENERAL

I request for your support as we work together to make Kibabii University a successful and prosperous institution of higher learning.

May God grant T. L. C success for the betterment of Kibabii University as a whole so that it can meet its philosophy, vision, objectives and values.

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CROP TOPS

WA classy crop top will never get old in your wardrobe. But why would one still have those tops with a knot at the belly in 2017? Do yourself a favor and trash it girl.

SWEAT PANTS

Trendy sweat pants didn't last a week. Every path way was marked rich gang, *straight outtas* and all... aaargh shred those sweat pants if you still fancy them.

ANKARA HOODIES

I don't even want to talk about this. These hoodies are very annoying; stop buying them if you didn't do that when they were a thing.

BANDAGE SKIRTS

Okay girls, straight up! The way you do this look will either make you look good or ugly. If you don't have a thong or you can't do commando, throw this skirt away bun. DIRTY JEANS

A friend refers to them as central jeans. They are dull with brown patches. I think they are made in central because dudes from there can't get enough of them. They look shady in campus. Someone tell a friend to keep it till it finds its way back to the market.

COMBAT

Combat pants! They were sexy and they still are if you can really hack fashion. Anyway get over it and forget you even have one.

SHADY SHADES

A campus dude or chic in colored weird shady shades!! Don't do shades if you can't get yourself a simple sexy pair. Simple is classy.

CHANNEL DRESSES/ TOPS

Honestly I don't know if this piece of cloth is a dress or a top. How did it even become a trend? *FXTFNDD

You don't look like beiber... I'd rather you keep being a beleiber. You are nothing close to Chris brown too. This one SHRED IT!

CHOKERS

If you are a choker lover, keep up with the trends. If you still put on those 1st trending plastic *x* pieces, stop doing jewels.



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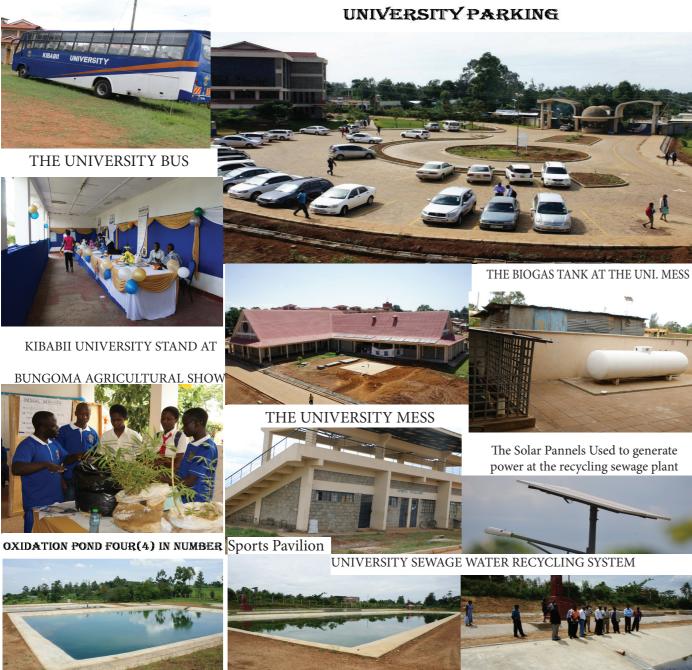
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THE UNIVERSITY, ITS ENVIRONMENT AND PROJECTS

CONSERVANCY TANK

EASTERN WING OF TUITION BLOCK PHASE 1





SUCCESS REMAINS PROPORTIONATE TO RELENTLESS EFFORTS.

success can be summed up as follows:

First off, the richness of thoughts, eloquence in articulating issues and striking confidence equal to executive foundation basis to forge prosperity. Campus life is tricky! Get it right and for once...actually I don't mean comrades should not enjoy but rather they should conspire dynamic load balancing to observe the difference between what seems right and wrong then act accordingly.

Consequently, in as far as University education aims precisely to equip you with academic regalia cause it's indispensable part and parcel of life, strive also to be shaped morally so that you can stand to be responsible and honest citizen fit to serve society. Which is why you will not miss to be of sound mind, high profile of integrity and non-partisan alongside political discourse. Anticipate to consolidate your frantic efforts to have your primary focus be a move to upgrade your conviction to match you destiny. Never at any point in time should you be tempted to downgrade your dreams to fit the world's view.

In a nutshell, be yourself and don't change to be whom you aren't to be who others want you to. Work with own hands, mind your business and keep your circle of loyal friends small. I wish you overwhelming amount of immense joy and happiness with God's flourishing love and blessings.

LOVE IS ...

Love is the greatest feeling, Love is like a play, Love is what I feel for you, Each and every day, Love is like a smile, Love is like a song, Love is a great emotion, That keeps us going strong, l love you with my heart, My body and my soul, I love the way I keep loving, Like a love I can't control, So remember when your eyes meet mine, I love you with all my heart, And I have poured my entire soul into you, Right from the very start

I Love You I love you with a permanence That endures the passing years. I love you with a joyfulness That subdues all doubts and fears. I love you with an honesty That was born within my heart. I see he's gasping for air.....out of breath I love you with the calm belief That we will never part. l love you with a confidence No earthly force can sever.

By Oyondi Samuel

If i try to write while i think, Its hard to start, So i throw awaythe paper and bic, To write from the heart, So this is an involuntary action like when i blink, forget the art, So this is pure heartbeats and blood as my ink, before i dearly depart

> This aint from my gutt I barely eat i'm the worst This is from when i'm hurt And rolling deep in the dirt

This is from the thirst When deserts are playing darts, Using me as a target The subject's Blood on my shirt

Flat line, Dead pulses to pass time, I see the angel of death, Right at the step sign So he wants mine The nurse already recording the time of death Half past nine.

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The same people who doubt you will be the first to congratulate you when you succeed. This is the tragedy of life and you can L take that to the bank or keep it somewhere safe in your mind. Well, life is regarded as journey only that it doesn't come with a map so irrespective of the route you take, the matter of interest is arriving at the destination. My few ingredients in matters

KIPRONO ROTICH SUPERVICX

HONOURED

Winnie Easter Maria

AN EYEING FATHER.

Felt of a bit groggy for couples of days, I thought of extricating my own problems, Went to the knees seeking Almighty, But the strobes of a father were on my

sight.

But the strobes of a father were on my sight,

Actually it was mandatory to take a step,

Not witchcraft but it was an enigma, Knocked at the chosen gate, the answer came.

Knocked at the chosen gate, the answer came, I expressed the valedictorian in me, Words full of unvarnished speech, But still I felt to have battery of lawyers.

But still I felt to have battery of lawyers, My doubt feelings were driven off, And glassful of hopes were drove in, Authentically our Lord is not a sleep.

Authentically our Lord is not a sleep, Big up full of dignity to my new father, Indeed you wiped my colorless tears, You care, truly An Eying Father.



he catering department in the year 2012 during the start of the university. Food is everyone's best friend as in this catering depa ment work to sure that we se meals on time.

THE CATI



We ha one main objec which is to prov meals to our

the years, has been determined by the budget given to us. We can proudly say that we have adequately provided a balanced diet to all the students and we observe hygiene.

The department has thirty eight staff members, who are united to provide quality food service. We have big ideas and dreams to bring a whole new era to the catering department. First and foremost, we hope that we will have a big bakery where baked products will be sold. Secondly an outlet to bespecific a coffe shop.this will ensure that our students lacknothing as faras meals are concerned.

To the tudents we call for a sense of responsibity .in handling the the equipments in the MES .as adepaertment, it is our wish to offer the best and in turn ,to have the same response from our clients. "food is very common ground ,a universal experience ",bearing his in mind ,we promise to be well skillful in this sensitive part of our lives.

We need to raise all round students, with dinning etiquette. This is all we desire as a department. By ELFFRIDA CHEPK



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THE TWIST TO A GOOD LIFE

he importance of physical fitness cannot be emphasized enough. In today's society that is moving towards a more sedentary lifestyle, there is a greater need than ever to increase the daily activity level to maintain both cardiovascular fitness and body weight. The benefits of fitness though,

cannot be underestimated. Staying active means keeping your body functioning at a high level. Regular exercise will maintain the performance of your lungs and heart to most efficiently burn off excess calories and keep vour weight under control. Exercise will also improve muscle strength, increase joint flexibility and improve endurance.

Another main benefit of physical activity is that it decreases the risk of heart disease, the leading cause of deaths all over the world. Additionally, it can decrease your risk of stroke, colon cancer, diabetes and high blood pressure.

Exercising does not have to be something boring and dreaded. It can be something that you enjoy that helps to increase the overall happiness in your life, as well as relieve symptoms of stress, depression and anxiety.

It is not what you are doing, as much as it is whether or not you are doing something. Any type of moderate activity like walking, swimming, biking or organized sports can contribute to your physical fitness.

To get the most benefit, you should begin by warming up for 5 to 10 minutes to increase your blood flow and prepare your body for activity. Follow the warm up with several minutes of stretches to increase your flexibility and lower your risk for injury. Complete your selected exercise or activity for 20 to 30 minutes and conclude the workout with 5 to 10 minutes of cool down and stretching.

Throughout adulthood is one of the most important times to maintain an exercise regimen. This is the ideal time to maintain your weight, build strong bones and prevent many chronic health problems like high blood pressure, heart disease and diabetes.

Experts recommend working out several times over the course of a week with varying exercises for the most benefit to your health.



3. The Talentless Type- They will think they are talented we the BIGGEST KATS: but frankly, they are better off doing data entry jobs for civil servant jobs. They will attempt to look like their THE WORLD IS WET snobbier friends above but it's so clear who is playing two line roles here. to our touch 4. The Silent Types- These silent ones have the real talent. The BIG KAT is the biggest cat in this jungle of theatre Their only problem is that they don't say anything and L that we have in the school. Some might say that it is that is why nobody sees them. To be honest, they have something to bring to the table but they either don't have the guts or they just don't want to be embarrassed by the other types. 5.Writers- You will never even know who we are but we like to think of ourselves as the puppeteers who control the puppets (the actors). So when you are there on stage thinking yourself the star, remember that you are saying exactly what I want you to say and how to say it. It's a zoo basically. There are other typos like the funny ones, the ones who think they are funny, the pretty but dumb actresses and the guys that hit on you relentlessly. I will not mention them all but here is a run down. As much as I would like to give personal profiles, I am constrained by space and time, just come meet everyone. I promise you we are great. Our drama club is great and I totally think you should join it. With plans to make a television series that will star some new faces and a well written script from yours truly, I am sure that you came at the right time to find us at our peak undertaking some of our biggest projects that are geared towards helping us get our faces and names out

1. The Director Types- These ones will include the direc-

the only KAT we have around and like the predator that it embodies, this cat preens and growls louder than any other KAT that you will find around. I had the pleasure of watching one really good rehearsal that was performed by my fellow members, I was not in it but I must admit it was pretty good. I will not take an analysis of our performances from a critic's point of view because I will find holes and rip them apart so bad this will look like a scene from a bad horror movie. Let's say that when they performed, I was just using the edge of the seat and I paid for the whole damn thing. Yes, they are that good. The props were well painted, they made the costumes themselves and apart from the occasional unnecessary pause, I felt like I was in Carnegie Hall* watching the Royal Opera. Here is a rundown of the personality types so you don't get surprised: tors themselves. Most of them will be very snobbish and even though they can hear you talking to them, they will pretend not to. Don't worry, they are inconsequential but

they will take you through multiple takes if they feel you are not being them. You see, they want you to become them so...they suck. They have their virtues but I am a vindictive writer and I chose not to mention good stuff. 2. The Talented Ones- They have been around and have played lead roles and they own the whole damn show. They will look at you like you're pond scum if you come in new but if you impress them and kiss a××, they might graciously allow you to kiss their feet too.

DANCE

ance is the language that body speaks. Dance is but also a great workout regime. Nothing burns calories when you express yourself through body movelike powerful dance. Salsa is a popular form of social ments. Dance is when you lose yourself for the dance that originated in the Caribbean. music and enjoy yourself. It's not just an art of expression

The movements of salsa have origins in Cuban son, cha-cha, Mambo, Puerto Rican bomba, plena and other dance forms. The dance along with the salsa music, originated in the mid-1970s in New York. Salchata

Apart from salsa, we also do other fun and stylish various places like hotels, other universities, TV shows dances like bachata, kizomba, cha-cha-cha, merengue, just to mention a few. A revolution without dance is a Semba and Rueda. We hold as well as attend events in revolution not worth having.

REARRANGED.indd 23-24

there. Wanna go to Hollywood, why don't you come and run with the BIG KAT?

Wycliffe Onchiri (Writer for The BIG KAT)

is a club in Kibabii University formed by Paul in the year 2014.We have grown since t into a one big family brought together by the dance.

By Paul Muthama



LIBRARY DEPARTMENT.

ibabii University Library, Supports Teaching, Learning and Research with an extensive range of information resources to enhance academic work. The Library functions includes of acquiring, processing, organizing and disseminating of information resources in-line with the mission of the University. Library staff are devoted to deliver world class quality information services to the users based on core values, focusing on customer's integrity, innovation, professionalism and teamwork.

The library comprises of the following sections: Circulation and Customer Care Section

This Section establishes direct contact with Library users. It takes custody of materials that have been processed in the Technical Services Division and makes them available to users in an organized and controlled system. It not only serves the students and staff of the University but also visiting researchers and the general public, in their guest to use the Library's resources and services.in addition This section handles the flow of materials to users by checking materials out, receiving returned materials, and administering fines and This section is responsible of maintaining, updating, and procedures for late or lost materials.

Technical Services Section

This section is responsible for selection, acquisition and processing of information materials and availing them to other sections of the library. The section is also charged with automating the library collections using the KOHA



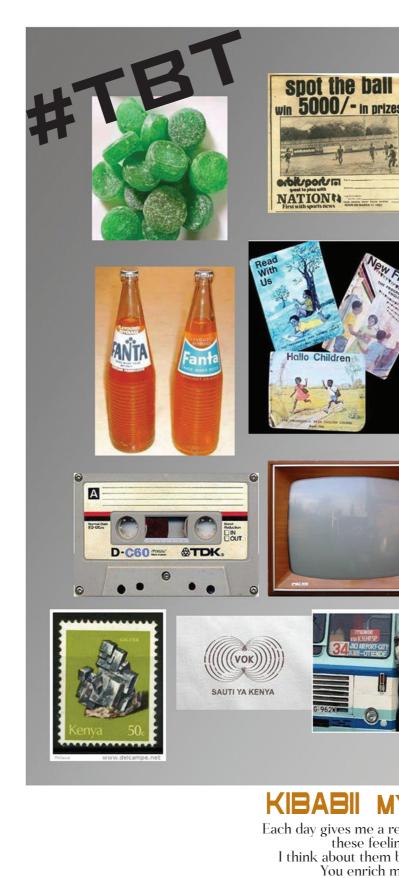
Library Management System and maintaining an efficient Open Public Access Catalogue (OPAC) System. The section also offers photocopying and Bindery services.

Library ICT and Innovation section providing back-ups for the KOHA Library Management system. The section also deals with maintaining computers and networking issues within the library premises. It provides all the university publications through the Digital Repository

Information Retrieval Research and Africana Section Services offered in this section include Information Literacy, dissemination of current information, User Education, Research Guidance and Online searches. The section deals all visitors of the library.

Mr. Joshua Ilavonga





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KIBABII MY BAE.

Each day gives me a reason to express these feelings. I think about them but don't sav You enrich my life In a unique and meaningful way You are so special When I think of you, my thoughts are the warmest. Am filled with admiration, I feel blessed and privileged to know and have you. May your years be filled with the love and respect you deserve? I love YOU BAE I LOVE YOU KIBABII UNIVERSITY. BY Ruth & Winnie.

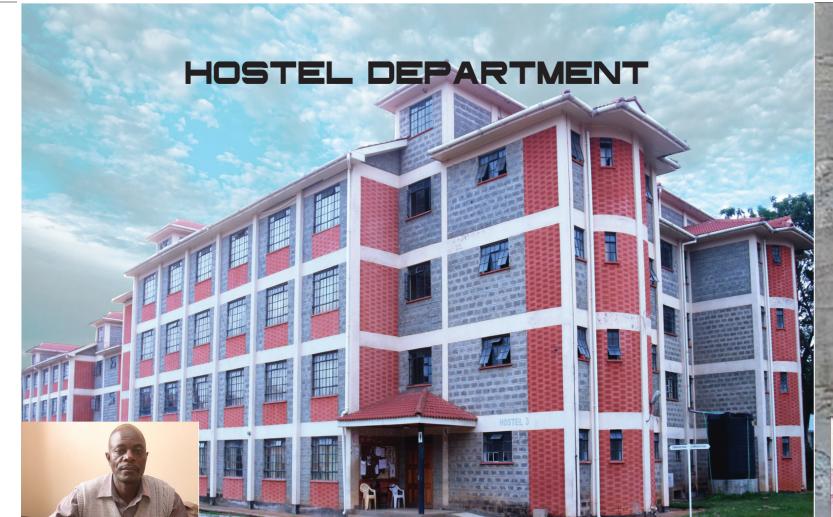
TRADITION VS MORDERNITY

radition! Tradition! Where is our tradition that our great grandparents left for us. That which was to be passed from generations to generations? Or, are we not that generation that was being referred to? Or, are we our own generation? Yes, maybe. I am talking of that our own very tradition that would define us, bring us together and would show who we are and what we are made of as a community. Oh, modernity has given it a blow.

Where is the unity that we had! Communities have been turned into towns today and the communal unity has died and shall be buried soon. In 2007, it died and we buried it...

Uniqueness of a man and a lady and a man have changed. Today a man is defined with how many six packs he has, broad chest, talk of muscles, and then seal it with the weight of the wallet. That is what a lady of today shall follow in the name of love. Oh modernity! Original love has gone and China one is on board. Today, we fall in love instead of growing in love. Let the earth re-rotate please. **BY Wyclife Ochieng**

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MrSimiyu, "Babayao" House Keeper

ibabii University understands that accommodation plays an important part in building a solid foundation to academic success for students.

At Kibabii, students can enjoy the benefits of access to affordable and quality accommodation services. The University- managed accommodation brings like-minded students together, in a residential environment, where they can form new friendships and share the experience of transition into University life.

The facilities are staffed 24 hours a day, seven days per week and provides a safe residential environment with a focus on enhancing the learning experience and fostering a strong sense of student community. The facility is protected

The learning experience of residents is enhanced through delivery of environments conducive to academic success, cross cultural learning exchange the opportunity to live and learn with students from other cultures, access to Universi-

Accommodation rates are K.sh 3000 for KUCCPS students and K.sh 5000 for PSSP students.

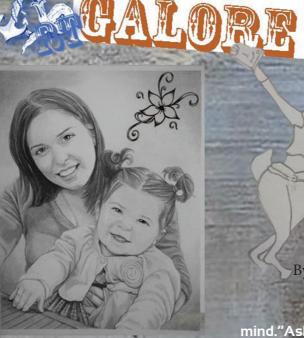
The hostel department is committed to providing high quality extension services to its residents. It has a capacity of over 1500 residents and there are plans to increase the bed capacity by the end of the year. The rooms are quadruple, mattress, chairs, reading tables, wardrobes and laundry areas are provided.

and monitored by security personnel. Residents can enjoy the safety and the convenience as the facilities are located within the University compound.

ty student support services like counselling and supported learning environments where residents have access to other students to provide study support and share ideas in a safe and comfortable residential community.

Seek assistance from the University Accommodation services Or visit our offices located in every hostel facility for enquiries.

> Contact Details: Hostels officer Cellphone: 0718081411 Email: mwaithaka@kibu.ac.ke





Art will remain the MOST as-By Rosey tonishing activity of mankind born out of struggle between WISDOM and MADNESS, between DREAM and REALITY in our mind."Ask ANY artist you meet the reason why they are fun of certain movies.The brain of an artist is UNSTOPPABLE- it races. We have our in-ner drive. Our artistic work picks up where nature ends, and yet, drawing is a skill, talent has little to do with it's a skill, it is something anyone can learn to do and do it well. All that is required is the DESIRE to learn and the DILIGENCE to practice. Everyone starts at the same place.Nobody was born with the skill to draw - We learn through practice. That's why we have some schools teaching art .I have NEVER stepped into an art class but I have achieved much, why? Because art flows in my bloodstream. Time and commitment will lead you to where your art tonishing activity of mankind born my bloodstream. Time and commitment will lead you to where your art work is meant to be. Strive for excellence with every step you take. To my colleagues; Your work is going to fill a large part of your life and the only way to be truly satisfied is to do what you BELIEVE is great workhand the only way to do GREAT work is to love what you do. If you haven't found it yet, KEEP LOOKING, DON'T SETTLE. As with all matters of the heart, you'll know when you find it. #Son of Israel.

By Rock-son Israel









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CLUBS & SOCIETIES.

AIDS CONTROL UNIT (ACU)

ibabii University, being a study place presents a scenario of competing tasks (academic and social) for students. Being young and energetic, students are naturally impatient, have sexual and reproductive health concerns, they need quick and fast services. To try and meet these needs the University AIDS Control Unit (ACU) located within the Academic Block (ABB 010), provides a sort of one-stop shop service provision center, which acts as a drop-in-center for students to and from lecture halls. Here, students can freely access information and counseling services by the HIV and AIDS Peer Educators and one specific HIV/ AIDS Counselor. VISION

To create an AIDS-free Kibabii University community of well informed and educated people with a clear view of the realities and impacts of HIV and AIDS. MISSION

To apply and promote a multi-disciplinary and multi-sector approach in dealing with a wide spectrum of HIV / AIDS-related issues by effectively developing and facilitating the correct responses for successful fight against HIV / AIDS within and around Kibabii University.

STRATEGIC OBJECTIVES

1. Promotion of VCT and treatment services for HIV and AIDS 2. Promotion of HIV and AIDS prevention education 3.To enhance HIV and AIDS Research 4.Strengthening coordination of HIV Activities

ACU PROGRAM ACTIVITIES:

To achieve these objectives the AIDS Control Unit has three broad program activities

1.Prevention and Advocacy

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a)Education and awareness activities to ensure in-depth information to both students ,staff, their spouses, and their families on HIV/AIDS, STI's and related topics. b)Easily available and accessible male and female condoms to all students, staff their spouses and other family members.

c)Recruitment and training of staff, student HIV and AIDS peer educators (for information dissemination and sustainability).

2)Establishing pre- and post- test support groups (both

within Kibabii University and in the external community) to effectively deal with issues of stigma and

discrimination. 3)Provision of information on safe sex practices to staff and students.

12 STREET INITIATIVES (B.S.I)

BEST

he Best twelve Street Initiative commonly known as BSI is an initiative formed by twelve students from Kibabii University who came up with one objective, "help paint a smile on

street families and kids"

It's always good if we try our best to give back to the community by sharing the little we have with the needy. Charity work makes one feel good and fulfils the desires of the heart.

In conjunction with James Ryken, we held the first chapatti festival on Saturday 20th May 2017 which offered us an opportunity to touch the lives of street children in Bungoma town .We spend the day with the kids, cooking chapati and had performances from top local artistes.

"We have a group of young professionals from Kibabii University who have a drive to extend a helping hand, finding satisfaction in giving back to the society through love and care.

DR.Robert Wafula (Christian union patron) who is also the Children Welfare Chair Bungoma County and Madam Ann (director of James Ryken Foundation) have shown extensive support to the club.

We welcome you to join us in this initiative. Help paint a smile on street families and kids!!!

KIBABII UNIVERSITY INFOR-MATICS CLUB.

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There is a whole large world out there that many of us know nothing about. It's the world of information technology and computer science, a growing interest for many people who think computing and technology is fun and interesting. Well, if you are a fan of computer science and information technology, then you should rejoice.

This is because Kibabii University Informatics club (KUI), provides a platform for both computer science (CS) and information technology (IT) students to be able to grasp the upcoming technology that is the s digital world. Members of the club are service-minded students, interested in helping others, making the school and society be a better place to live. This technology is in many aspects which are; programming, web design, mobile application, and desktop application among others

The club's concern is creating a platform for members' exposure to the industries which may lead to job opportunities and industrial attachment, one among the many club's objectives. KUI thus caters not only for the present but also for the future of its member's .Leaders play a very vital role in the club and this is seen by the KUI leadership, who deliver their vision into reality.

As we are living in a society which is exquisitely dependent on computing and technology, KUI helps in advancing technology. Remember, Philip Green stated that "Good, bad or indifferent if you are not investing in new technology today, then you will be left All that said and done, those of you who would love to walk this path of computing and innovating in technology, KUI has an opportunity.

For more information. contact 0700253644

> By ESTHER GICHANGA. Organising secretary

behind."

TECH TALK ID Devices Comrades Need.

hings have changed since I came to university. Back in the day-and I'm aging myself here, common am in my final year- comrades basically needed only a mere phone, books and a ruler. Today, everything is high-tech, the student technology needs have increased.

Here are the latest and greatest devices that will make school a breeze, number 1 is a must.

Laptop

A basic laptop doesn't have to be really heavy or expensive, I won't dive into the long debate of HP,Dell,Mac or Lenovo? (at least not in this article). That's not to say I can't guide you, l recommend you go portable (11-14 inch), get a Core i CPU, at least an 8 GB RAM and also consider an 8 hour battery life though 6 is the

reauired.

Bottom line is, find yourself a laptop that will fit your small budget and give you value for your money at the same time.



Laptop lock: If you own a laptop, then

this is a must have. No one wants to be afraid to leave your laptop unattended while making a guick trip to the library bathroom or shuffling through the book shelves upstairs.

A laptop lock solves this problem. You can get one for as low as a thousand bob , F&K Technology offers a wide range of these products at affordable prices even for as low as a thousand bob.

External hard Drive I can't stress this enough, Backing up your computer is a necessity because every hard drive will eventually fail, including the one holding all those term papers and research notes, photos and videos can be lost If your computer hard drive

fails. Getting a portable external hard drive like the Transcend, StoreJet25M3 with ITB of storage will give you some peace of mind. Invest in one, you won't regret



A smartphone.

Yes, this is a must have device for every Uni student, (OK, not every student, at least those who don't want to miss out on anything, which makes it all of us) A decent smartphone will help you communicate, it will entertain you, help you keep notes, contemplating assignments, the list is endless.

You need something like 1.2 GHz dual or quad core processor, at least 1GB RAM, 2000mAH battery, 8MP camera and of course mobile connectivy, now go get one if you don't have if you didn't have.



USB flash drive: Remember floppy disk drives? Well, USB memory sticks serve the same purpose. They allow for the easy transport of a few files from one computer to another, or they can merely offer a simple way to back up a file so you won't think up a lame excuse for not handing in your assignment in time: "My laptop crashed"

A 16GB flash drive should do just fine.



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Inquiries 0713321500 / 0704995675 **BENSON NDUTA.**

GUIDANCE AND COUNSELING ASSOCIATION (KUGACSA)

t is indeed a great honour to serve humanity. "READ-INESS IN SERVICE TO HUMANITY" that's our motto and for sure the association is directed by the motto. The personnel rendering their services to the society is a trained team that is ever ready at any time to take care of the young nation. We not only deal with Kibabii University comrades but also the wider community. With the support of our able patron madam Makila, we are privileged to reach different schools across the nation. Among the areas of concern in the guidance process are:

> Technology and its effects to young minds •Career choices •Alcohol and drug abuse •Cults and occults Sexuality •HIV/AIDS Relationships among others.

Note that the entire process does not concern only student counselors but also doctors and trained professors within the institution. We therefore encourage all students to feel free in interacting with the team through the executive.

Since its birth, the association has maintained a clean record and has succeeded in conducting various activities within and outside the university among the activities done include; spearheading the peace walk campaign before the university elections, carried out a guidance and counseling programme in the institution, the team has also visited different high schools all in offering guidance services and

Kibabii University. As the chairperson of the association I would therefore like to thank the Almighty God for taking care of our health, our patron madam Makila, the executive team, the association's members and last but not least the Kibabii university comrades who have been more than willing to share opportunity to encourage as many guidance and counseling students to join the team and strengthen it serving humanity.

KIBABII UNIVERSITY **RED CROSS** CHAPTER.

Our purpose as HINIVUU is to provide assistance and human-itarian service to the vulnerable .Over the past four years we have quietly championed the needs of the most vulnerable. Together, our framework of social services - Community-Led Action for Resilience, Food Aid, Red Cross Home and Day Activity Centre for the Disabled and Community First Aid - collectively serve some of the most complex and underserved communities in the society. We live in an affluent, modern and cosmopolitan Kenya. However, beneath this veneer, there are many individuals or families who struggle with vulnerabilities and unmet needs. We have been partnering with Kenya Red Cross Bungoma Branch in serving them for vears now.

Going forward, in the face of an aging population, new emerging diseases, and an increasingly volatile global environment, we need to build a more coherent and resilient Kenya. We all know that any individual, family or community, can be easily torn apart, because of its vulnerable points. Hence, we must strengthen all sectors of our society, including the vulnerable, to ensure that we remain a stable and robust nation.

We need your support goodwill and funding to continue this work of alleviating human suffering and to bring aid to more people. You can choose to share your love to our fellows .And we warmly welcome you to join us. Kib-It is my hope that we join our hand and do so with abii

greater involvement in our mission, and many university more friends from the Red Cross family. mathematics

Thank you, Aloyce Odoyo Otieno

he club was started in the year 2011 and has

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held different activities both in and outside the campus. These activities includes projects, carrying out mathematics

contests, symposia or/and motivational speeches to high school students. The club aims at greater

heights through cooperation with other mathematics clubs nationally and internationally.

spreading the positive culture of I take this chance to appreciate the great support from the university by supporting it through registration and other financial support.

> Similarly my entire gratitude goes to our dear patron Mr. Mulambula Andaye for his great continued support.

Thank you and May God bless you. Shalom.

By; Victor U. Alambe Mathematics club Chairperson.

their problems and ideas. I therefore take this THE EQUITY LEADERS PROGRAM, KIBABII CHAPTER

elcome to the equity leaders program, Kibabii University chapter. The club is made up former Wings to Fly and the E.L.P programs beneficiary students. The club aims at cul-MUDACHI ALLAN tivating scholarly habits and turning the students into all rounded

CHAIRPERSON (KUGACSA) individuals who will benefit themselves and the society.

- The main objectives of the club are:-
- •To foster social and fraternal network among Equity Scholars and fellows.
- •To mentor young people on responsible leadership for socio-economic transformation.
- To participate in environmental conservation efforts.
- To network for relevant attachment experiences for club members in institutions of higher learning.
- To mentor members through organizing self-development talks, career advice and much related activities.
- •To voluntarily participate in community outreach projects and corporate social responsibility that is organized by the bank or the club.

By: ROCZER WANJIRU (Secretary).



For comrades, a portable phone charger is an invaluable gadget that will keep you on tow, you will have days when you have packed classes from Sin-

goro's IRD in the A.m.'s to Ben Nyongesa's Communication skills in the P.m.'s and another core unit in the evening. When running around these classes, there's no time to access power outlets to charge phones.

A portable charger will keep you covered no matter how busy your day gets, you can grab 1000 mAH portable charger.



The point is, neither exist. That said, you need to get yourself a Bluetooth speaker, small enough to carry around and powerful enough to pack a real punch. Simply pair it with a phone or computer via Bluetooth and play away, but don't be too loud Simiyu (Hostel keeper) will be

A selfie stick

on your ears oooh sorry neck)

С

Hey wannabes, I have something for you, make fun of them if you want to, but nothing captures quality group photos the way a selfie stick can. If want that sassy edge and classy touch on your picture you know what to buy.



External mouse: Typing and scrolling around on a laptop's mouse pad can bring about wrist pain. A small external mouse will make those long hours much more bearable, and your wrists will thank you. You can choose between wireless and cabled mouse.

awash in virtual reality and 360 video content. But unless you're a hardore gamer, it's probably not worth investing in a high-end VR headset just yet.Instead, dip your toes (or, uh, eyes) in the water with a Samsung Gear VR or Google Daydream View , both of which are affordable alternatives powered by your smartphone.

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Tech Facts

Technology is an interesting and it grows daily, resulting into new technological innovations and inventions that you may not know easily. Here are some technological facts that probably you didn't know:

Did you that Facebook does not allow one to comment on somebody photo, "the most beautiful woman in the world" try it today and find out for yourself.

Did you know an average computer user blinks seven times a minute, the normal rate is twenty times per minute.

Did you know on an average work a day, typist's fingers travel about 12.6 miles

Did you know if you was to have your picture taken by the very first camera, you needed to stay still for eight hours.

Ninety one percent of all adults have their mobile phones within arm's reach every hour every hour.

It has been 40 years since the world's first mobile phone call successfully took place. Google handles 1 billion search queries each and every day, releasing almost 200tons of co2 per day.

Alasaka is the only state that can be typed on one row of keys on a QWERTY keyboard.

By the year 2012 there was approximately 17 billion devices connected to the internet.

Facebook has more than 1.3 billion

BY Derrick Ingara

A cheap VR viewer P-Biz fanatics, here is something Stevo isn't telling you: the world is suddenly



REEIGIONS MUSLIM STUDENTS ASSOCIATION OF KIBABII UNIVERSITY,

(MSAKIBU)

ssalam aleikum warahmatullahi wabarakat. The Muslim Student Association of Kibabii University (MSAKIBU) humbly welcomes you to Kibabii University. We congratulate you for this great achievement you have made in your life.

Dear brother or Sister this is another step you have made in life; Campus. As the Deen says a Muslim should be his brothers keeper, I wish to inform you that your choice will greatly influence your life in Kibabii. Good choices will make you prosper, live a good and easy life in Kibabii.

I would really encourage you to practice

Islam and its teachings in order to prosper as Allah says Indeed the righteous have prospered .We the Muslims in Kibabii we will be always ready to help you and we hope to get your corporation for our own betterment.

Here is a word of advice from our Chairman Abdulrahman Zubeir " Assalam aleikum welcome to our university where we live in a friendly environment with non-muslims, we expect maximum corporation from you in promotion the deen of Allah. Please stick in your prayers and always obey Allah. Work hard in your studies and avoid bad friends who will destroy your life. Wabillahi Tawfiq."

KHAMIS OMAR KHAMIS



CHRISTIAN LINION.

raise Jesus, It's my pleasure to welcome you to Kibabii University Christian Union (KIBUCU) a society that is after making an all-round Christian fit in the society. It looks after your physical, spiritual, social and academic life to make you successful in all areas of your life. Our aims are Discipleship, Evangelism, Mission and Leadership Development. It also has 13 able leaders lead by Musebe Nathan as the chairperson and 11 departments that look after your Christian life and ensures that, through coordination, all Christian union activities run smoothly. Come and let's all grow in our Lord Jesus Christ.

> By Nathan Oqutu For more information visit our social media platform: Web: www.kibucu.org Twitter: @KIBUCU Email: info@kibucu.org kibabiiuniversitycu@gmail.com Facebook: Kibabii university Christian union Contacts: +254 712 796450; +254 714 103148

...THE LAST 24 HOURS

So the lecturer walks in and starts off with some story that he is going to connect with some point later on. So he says 'Australopithecus was never fully erect...' I don't hear the rest because I have drifted off thinking 'Australopithecus must have been nervous'. That aside, I don't get the whole sponsor thing, I mean, I try to wrap my head around it but my head is too small. One thing about sponsor type girls is that they are more beauty than brains. My friend, let's call him Kevin, goes out with these kinds of girls and he came complaining about how his girl is too boring. So, I asked him if he had tried drinking and he said yes, it did not work. 'I want someone I can talk to, s** is not enough' he says. And then it hits me, drinking won't help so I give him my best piece of advice.

'Maybe you should go out with girls who use their heads for more than just a resting place for their ankles' I say. He looks offended but frankly, I am right. Speaking of bad decisions, I saw my neighbor walking today, no exactly walking but waddling almost in a rickets-like manner. You should have heard the grunting. I am guessing, she made a big decision. Someone mentioned that she was tighter than a camel's ass in a sandstorm and someone else who is hung like a Lebanese horse picked up on that. After a few drinks, she went home with him. I will repeat, she made a big mistake. Underline 'BIG'.

Also, I just discovered that I don't know how to talk dirty because last night, my girlfriend was so horny she grabbed me by the collars and said 'talk dirty to me...come on'. She was pressuring me to say something so I said 'vulva'. She looked at me puzzled and I said 'I am sorry I panicked'. She promised to give me lessons on that later.

Didn't get much sleep last night and yet I feel rested...rested but spent...not so much spent as happily depleted...joyously bereft.

WHEN TO SAY ITS OVER...

reaking up with someone you once shared a Dbeautiful, loving and a passionate relationship is

radition! Tradition! Where is our tradition that our never easy. But then there are certain relationships great grandparents left for us. That which was to that need to be ended so as everyone involved in the be passed from generations to generations? Or, relationship gets a chance to start life afresh. However, if you are confused and in double are we not that generation that was being referred to? minds whether to continue fighting for a relationship Or, are we our own generation? Yes, maybe. I am talking or part ways for a better future, then I have listed down of that our own very tradition that would define us, bring few points that will help you make a better decision. us together and would show who we are and what we You are fighting over everything: Suddenly things that are made of as a community. Oh, modernity has given it seemed cute at the beginning of your relationship a blow. now annoy you like hell. Picking up fights over trivial Where is the unity that we had! Communities issues has become your second nature. Not only picking up fights has become a common scene at home, have been turned into towns today and the communal this behavior is also affecting you at work place. unity has died and shall be buried soon. In 2007, it died Your partner's habits annoy you: Once there and we buried it...

was a time when their slightest change in the behavior was the center of your world and you took keen attention in knowing the reasons for the sudden change, while now if that same reason is the root cause for your mood swings and every small habit of theirs annoys you, then it is time to re-analyze your equation with them.

Strained or superficial communication: where once striking a conversation and communicating over matters under the sun seemed to be fun filled with passion is taken over by forced communication and long silence what is also referred to as 'internally divorced' then it's time to re-think about the sustainability of the relationship.

BY KHAEMBA N. CYPRIAN

By Wyclief Onjiri

TRADITION VS MORDER-NITY

Uniqueness of a man and a lady and a man have changed. Today a man is defined with how many six packs he has, broad chest, talk of muscles, and then seal it with the weight of the wallet. That is what a lady of today shall follow in the name of love. Oh modernity! Original love has gone and China one is on board. Today, we fall in love instead of growing in love. Let the earth re-rotate please.

BY Wyclife Ochieng





POETRY MEDIA | TECH | SEX & **RELATIONSHIPS**

FASHION

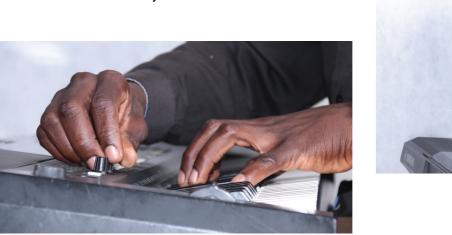
#THROWBACK CULTURAL WEEK

KIBABII UNIVERSITY CHOIR

ello comrades, let's talk about choir. The club started in the year 2012 and it has been growing gradually. This is clearly seen by the increased members from time to time. This is due to the achievements made in 2016 National Music Festival held at Kasarani, Nairobi in August 2016. We managed to win two trophies and certificates were awarded to the participants.We appreciate the administration for their support for hiring trainers, buying of costumes and recognizing us in each function that is held in the school. We perform during graduation ceremonies, career and cultural week.

Our objectives in this year's national competition are as follow;n•To obtain 5 trophies by the end of the competition compared to 2 trophies last year.

•To acquire skills and learn froWm other Universities for betterment of our group. •To recruit a large number of member in the club. By Executive



THE HOMEGROWN BIKE TRAINING CRAZE.

The Bukusu sub tribe is made up of several tribes, one of which is Tribe A*. This tribe has again split its clan into other sub-clans for reasons better known to the clan itself. What was just one clan is now Clan A (B), Clan A (C), Clan A (D) and finally Clan A (E).

As years went by, the people in this sub-clans started inter-marrying neighboring clans. But Clan A hit back with this statement "any man who wants to know how to ride a bicycle must start with the one in his home". The Clan A members also made a vow to beat up any non-Clan A member who would want to marry a Clan A woman. If the victim/suitor was brave enough to come back, he would lecture on how to handle that "bicycle" he just paid for from his new in laws.

A few months back while with a local crowd in the village, this story was brought back to life. And one young man was more than proud to tell us that he belonged to the Clan A, and particularly Clan A(C). His mother belonged to Clan A(B) and his sister is just about to get married to a Clan A(B) family. A certain gentleman remarked that such a scenario was just a step closer to the Biblical Lot and his daughters.

And a series of sarcastic remarks ensued: 1)"Now that my back has already been damaged from the beating from my in laws, I guess I will be told not pedal so hard as the bicycle would make it worse". 2)Better a broken backbone. Imagine both arms broken, when you know that a bicycle must be pushed hard in the first strokes of pedaling by the hands before it gains momentum". 3)"I would ask the in laws how the saddle felt while they were training: soft, hard, wiggly or sometimes both of the above?" or none of the above?" 4)"The sweetness of any bicycle lies in its engine. It should be properly greased up to avoid friction. The rider must only struggle with it with only gears number one and two. After that it should be the task of the bicycle to take the rider to cloud nine even when the rider's eyes closed.

Well anybody who is aware of this story can add anything else relevant after this line..... By AGGREY ACHIMOTA WAMALWA,

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8/30/2017 2:12:23 PM

eauty pageant contest is a competition that has traditionally focused on identifying and ranking of contestants based on their physical attributes through rating their personality, talents and intelligence Kibabii university gives a platform for both the normal and plus size models to contest for Miss Kibabii and Miss lumbo respectively.

Beauty pageantry comes along with pros inclusive of stronger discipline, Character building, Confidence building-one of the best things a beauty pageant can gain from experiences-and Great benefit for the winners through awards received. As the reigning miss Kibabii 2017/2018 I work with the slogan, "beauty with a purpose crown." I'm looking forward to being more than just a beauty pageant. My main aim is to look at how best I can use this platform to bring about transformation, championing causes that can bring positive changes to the Kibabii society at large. This is through a free medical camp that I shall steer to see this through. Thanks for your support and prayers- the Kibabii fraternity.

> VERONICA AKINYI, Miss Kibabii.

s many may know, the pathway to success is not as simple as it may seem. One has to sweat and tire out in order to get to the top. This is the same way fashion and trends are viewed. From time to time, fashion has always proven itself to be that important aspect in the modern life. As said," Never under estimate the power of your mind and heart. What you believe and think is possible is truly possible if you want it bad enough." This tends to explain the need to ensuring that the zeal behind fashion has to be from the heart.

In order to impress the crowd while on the runway, one has to ensure that his or her level of confidence is on point. This is what will not only keep the crowd but also the judges bamboozled and in the long run, gaining some marks on your way up to the title. A good model always has a creative aspect of life with which once brought out, the stakes keep raising high to victory. But with all these said and done, modelling is the best thing to engage in.

> Juma Allan, Mr Kibabii.

MAMA ALISEMA

Mwanangu nasema nawe, Wosia huu kaupokee, Keshove tauhitaii. Utumie kwa makini. Mama alisema, leo hii natafakari.

Maadili mema zingatia, Siwe mwana jeuri, Sheria ino makali, Takutia pinguni, Mama alisema, akilini meyaweka

Maisha haya ni zawadi. Tulopewa na ALLAH Simtupe Mungu wako, Mungu si utumwa, kumcha Mama alisema, wosia huu nimekiri

THE TEACHER

It's our way of doing it, It's our form of survival, No matter the peanuts, Come rain come sunshine, Dedicating our lives, For a better life. Of our dear country.

I would be doomed. If I had no guts to morning boom, The cold wind spelling doom, I breathe, battle, let alone scare away, Microbes in my way, Each rain drop on my head,

];{{FV;{94X}]}4X}]

Pieces of broken glass, No Pieces of broken heart, Promised not to be in love, And never in love.

Every night was our lovely kisses, Every kiss strengthen our bond, Suddenly, "Never interested in you," Was your good morning message to me.

I gave you my total concentration, Thinking of you every second, Couldn't fall asleep without saying good night, Sunny or rainy, I had to see your face.

Uwe huru sitegemee,

Dunia mtu mkavu,

nationa

kaondolewa

timiza

Kiegemea taanguka,

Natekeleza livvosema,

Japo Mungu kakutwaa,

Kati tamati metimia,

Kalamu naweka chini,

life.

it all,

dence?

Should follow.

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If I try to write while I think, It's hard to start, So I throw away the paper and bic, Jifunze kutembea mwana, To write from the heart, So this is an involuntary action like when I blink, forget the So this is pure heartbeats and blood as my ink, before I dearly depart Mama alisema, usemi wake This aren't from my gutt I barely eat I'm the worst This is from when I'm hurt Asante mama kwa wosia, And rolling deep in the dirt This is from the thirst When deserts are playing darts, Mafunzo yako meniachia Using me as a target Mama alisema, dunia yeye The subject's Blood on my shirt Flat line, Dead pulses to pass time, I see the angel of death, Right at the step sign Kumbukumbu za mamangu, I see he's gasping for air.....out of breath So he wants mine Naweka wazi kwa umma The nurse already recording the time of death Mama alisema, leo hii me-Half past nine. By Winnie Maria Nelly W Waweru Every chilly morning, Just merciless on my miserable

My coal is faded, My shirt is hardly soaped, The hole under my shave explains

Toes battle for breathing space, What taste are we on this laud, When shall we attain indepen-

Sometimes I ponder hard on if I,

BY NELSON CHITECHI

I went on knees to seek forgiveness, I said sorry without knowing my fault, Thought was a joke yet I was wrong, I valued myself and said goodbye too.

Indeed can't go without you, But I fall in love with God, Love is a candle on and off, AGAIN IN LOVE.

By:Bonny Jeremiah Nyandori



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Queens & Kings

eauty is about imagining where you may be in the future," said Brooke Erin Duffy, an assistant professor at Cornell University who specializes in feminist media studies and consumer culture. "Imagining yourself looking like a celebrity or model. That promise of , future reward creates need."

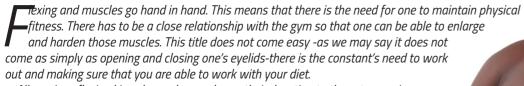
Dr. Duffy points out that this idealized, aspirational woman will usually look one way — patrician features, tall, typically white and thin. This fashionable ideal was born out of the classism and racism of the 1920s, she says, when American consumer culture and the modeling industry burgeoned simultaneously. While some elements of that ideal shifted over time, the body standard remains.

"People often cite the 1950s as a time when curviness was in, but that's not entirely true," said Elizabeth Wissinger, author of "This Year's Model" and a professor of fashion studies at the City University of New York's Graduate Center. "Yes, curvy bodies were popular, but the people had those achievable, accessible physiques, represented by movie stars like Marilyn Monroe. Fashion was still very separate and models were thin."

Fashion companies may garner publicity and good will when they feature curvy models. Ostensibly, beauty companies would not get that same bottom-line boost, because bodies aren't involved in their advertising imagery.

Brands are slowly starting to embrace diversity, but there is still much progress to be made before women of all colors, sizes and gender and sexual identities are equally represented. I am able to do this is because I am doing this on my own terms.

ABIGAEL SITUMA, Miss Jumbo.



All previous flexing kings have always shown their devotion to these two major things, the gym and good food, both of which help in a major deal to increase one's mass and the body structure.

In order to be able to tackle the runway, there is usually that push to have the confidence well enough. This ensures that the act that gets pulled up on the stage is the best. I manage to emphasise on the confidence because in the contesting of this title, it requires one to walk to the podium almost in a birthday suit. This is the only way you can show well your muscles when flexing.

> PHILEMON OLIECH, Mr Flex Kibabii.

DRUG & **SUBSTANCE** ABUSE

related.

counsellors.

drugs.

should impose heavy fines and jail term to drug offenders to serve as a lesson to those intending to do the same Curiosity as they say curiosity killed the cat, if we don't sit our youths and tell them these effects it will slowly swallow them helplessly watch wishing we had saved early. So let's take the lead and save these generation for the sake of the future....

PARTYING & **STUDYING**

REARRANGED.indd 39-40

drug can be defined as any chemical substance which when taken, may modify the normal functions of the human body.

Misuse of drugs has become a very common phenomenon among the youths. There are several reports of deaths and other problems that are drug

The most abused drugs in Kenya include: Bhang, Heroine, Morphine, Miraa and Cigarettes. Have we ever taken time to know why our brothers and sisters,(youths) generally abuse drugs? Is the society and parents involved in contributing to drug abuse? Okay, these are some of the reasons pushing our young youths to do this include:

Idleness let's keep our youths busy, keep them in school and work anywhere even if it's in Mjengo let them work.

Giving too much money Let's give our youths slightly less than enough to keep them on toes that they should work to earn their own.

Peer Pressure The society through various stakeholders should do a lot of peer counselling in schools and other institutions to help them a lot from

Frustrations parents should try to talk to their children and understand the challenges they face and try to be close to them. If they watch from far then they may be strangers to them and their only friends and solace will be in the

Light Prison Sentences to drug victims and traffickers our legal system

By Cherono Betsy

Can you be top of your class and still be a party animal? Friday night, and you've been invited to dinner with your girlfriends or your buddies for a night that has been promised to be chaotic, mental and wild. Its payday or maybe HELB money has checked into your account and you're looking to get messy, so you get a round of shots for the group

> Maybe it's a beautiful Wednesday afternoon and you're stuck inside a lecture room listening to a lecturer who is putting you to sleep, then suddenly a cute classmate taps your shoulder and invites you to a ladies night party that evening. Right away you're eager to attend, but then you remember that you have an exam the next morning. Automatically you feel the need to choose between an A

or an ice cold beer or whiskey -very complicated choice, trust me. Tell you what, you can find that happy medium between the Dean's list and social success. Here's how:

Pace yourself- think about how your head may feel in the morning if you drink enough to dance on the pool table. It's okay to let loose and have a few, but don't overdo it! Ensure you have a clear head during your exam that will help you focus.

Give yourself a curfew - we all know one of the best parts about College is being free from strict rules and curfews. Stay out as late as you want but be realistic. You know you have that exam at 9 in the morning, so allow yourself ample time for a good night's sleep. Breeze through the important parts of the chapters- before you even think about putting those high heels or that cool shirt, open up your book and seriously skim through your notes. This will help freshen what you have already touched on in class, so when it comes to the exam you won't need to copy from your neighbor.

Drinking affects students' grades. Students might not be reaching their full potential as a result of the alcohol consumption. Although it's not bad to go out with your friends to have fun, make a point of registering into extracurricular activities that will help you avoid skipping class, blowing off work, or failing assignment and CATs.

> Host of VM Sunday at Vodka Martini Lindah Wanyaga,







he Bachelor of Journalism and Mass Communication is a market-oriented programme that prepares students for future careers in a wide field including: broadcast and print media, the publishing industry, corporate communication and advocacy, diplomatic missions, NGOs, government ministries and departments, private practice, and the academia. In order to train well-grounded journalists, ELJMC department (in collaboration with FESS), has put in place state-of-the art media studios. However, the University is in the process of equipping the media labs ... '

CoD, Mr. Zakayo I. Amayi

THE FOURTH ESTATE ...

tion with EIJC department

last year.

managed to organize a trip to

It is now about two years since The Kibabii University Journalism Club was formed. Much has been done, much more is yet to be done, being one of the most vibrant aca- KBC and KICD in September demic club within the campus, Journalism Club is determined to ensure its members are well connected, mentored, trained and prepared to join the most interesting and competitive career in the world.



Club members with NMG, Managing Director, Mr Linus Kaikai

roadcast journalism is the field of news and journals and other programmes like Utalk shows which are "broadcasted", that is, published by electronic methods instead of the older methods, such as printed newspapers and posters. Broadcast methods include radio (via air, cable, and Internet), television (via air, cable, and Internet) and the World Wide Web. Such media disperse pictures (static and moving),

visual text and sounds. Scripts for broadcast tend to be written differently from text to be read by the public. Radio and television are designed to be seen and heard sooner and more often than a daily or weekly newspaper.

Early realization of yourself in media will also help you fit where you want to be and whatyou

By Keter Steve, (Chair Journalism Club)

want to achieve therefore, as you come have a set target in broadcast since we have different roles played by different individuals to achieve news, shows and

journal broadcast, these roles include; production, dissemination and technological. For those who want to be presenters, have your own unique way of doing things because that's what will sell you. Welcome to Kibabii where your dreams will be actualized.



STATISTICS AND ADDRESS AND ADDRESS ADDR



HER WATER BROKE AND SHE USED IT TO MOP THE FLOOR.

his is the kind of a story that ends with the line "...and then he turned the gun on himself."

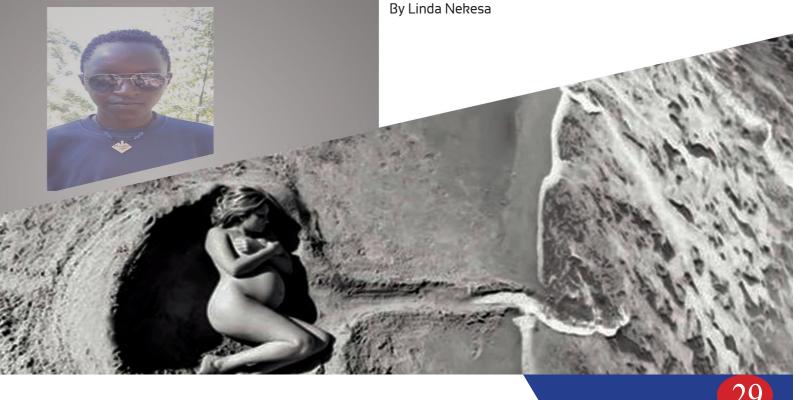
I exaggerate for a fact; she actually sat in her own fluid and gave birth to a boy in her teeny tiny house. Of course the father was not around because she didn't know who was responsible. After relentless counting the months and weeks, she narrowed it down to two people. You must think she is slut, I know I do.

The entire time I was looking at her hold the baby I was thinking 'maybe she would not be in this condition if she spent more time on her knees that on her back'. But then I thought about it again and it seems fairly the same. It would have happened anyway.

I sat there and felt sorry for her because I had not yet made a mess as big as hers. I thought to myself 'she is a prisoner of her own meat and I am not because I am too clever'. She called me herself to come see the baby and so there I was.

Something about the baby unnerved me, maybe because it was so pink with translucent skin and closed eyes. It woke up and that's when she handed it to me. 'Hold him for a second' she said. I did hold him, but not for a second.

'The baby is yours' she said. I took another look at the baby and as soon as those words were out of her outh, it grabbed my finger and I blanched. The first tence was a lie and I am a broke father. **By WYCLIFE ONCHIRI**





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STAY SAFE

typical campus girl gets pregnant and the first thing she thinks of is the consequences. Dealing with peers, parents and even relatives. I do not object to that, because you have to face all those around you. How will everyone feel about the situation? Not forgetting all the responsibilities that come after birth. How will you maintain yourself and your child especially when you don't have a iob?

This is when the option of terminating a pregnancy dominates. There's a common statement that goes "I'd rather contract HIV than get pregnant ". This is due to fear of what might come along with pregnancy. Such decisions arise from negative thoughts about pregnancy. What about the positive thoughts about pregnancy? Real happiness comes after your first child; as it's told by first time mothers. It feels good to be part of God's creation. Imagine holding a tiny baby in your own arms; the innocent smiles and the melodious laughter.

No matter how much people are disappointed by you getting pregnant earlier, once the baby is born, most of them, if not everyone, will always be glad the baby was born because of the joy and bond it brings among people.

My point is; motherhood is sweet, but responsibility is hectic. So if you're not ready, stay safe and take good care of yourself. If a baby comes earlier than expected, take it as a blessing from God. But most of all, everything has its own time, so your life plans should flow systematically not randomly. This way pregnancy will come at its own time.

ublic relations (PR) is a practice of managing the spread of information between an individual or an organization (such as a business, government agency, or a nonprofit organization) and the public. As a journalist one need to be armed to teeth with all the PR skills in order to be effective in his/her work. in an organization or individual gaining exposure to their audiences using topics of public interest and news items that do not require direct payment. Often PR is viewed as an act of lies and propagandas to calm crisis situations. PR, however, is a structured communication that can help you as a student survive campus life. Here are few facts you didn't know about PR:

PR is a lot more work than just earning awesome client swag and taking part in once in a lifetime experiences... although those are big perks. It never ever stops, and checking email in the middle of the night is completely normal. You can try to plan out your day, but you never really know what is in store for you at the office. In PR rejection is part of the game – embrace it. Grow from it. Yeah, Coffee, coffee is not recommended, it's required...and wine? Wine is good too. Most important thing, PR can help you get that "one" that you been crushing on. I mean it, yes, by simply helping you figure out just how to structure you lines well and boom! You're in, I mean Ndaani! ndaani!

Come thank me later. And for your information, I have just played PR.

By Derrick Ingara

SIDE OF PHOT

simple question that you should ask yourself, "why am I taking pictures? What is so special about photography?" I am writing this to give you a glimpse to why I love photography and why it is fun. It is one of the rewarding arts as a form of practice.Pictures are indeed worth a thousand words and the right picture goes along way in generating specific emotions in viewers .Think of an image for example, a soldier kissing his wife upon his return home after the war. Photography is all about capturing the moment .The image can tell a story.



Practicality. Anyone with an image -capturing device can get started with photography that makes it fun and personal for everyone. Photography allows one to imagine as if he or she is seeing the place through the eyes of the photographer. (I hate that cliché, but there is no better phrase.) The gadgets are fun. The technology revolving around photography is highly addictive and the way brands play into people's minds produce both amusing conflicts and inspirational camaraderie. The products are not that different but the comparisons allows photography to be an endless source of debate which by itself is entertaining and attention grabbing.Photography takes you somewhere you have never been . Photography immortalizes the things you care about, that is ; the ability of capturing a moment as it happens with just a single click of a button . You capture what you want to remember right then and there. The ability of photography to connect to our past, associate us in an event and preserve memories without words or interpretation makes it fun for all of By Mary Mbau us.

FIVE WAYS MEN CAN ESCAPE POVERTY.

Leave Naked Women Alone: Yes, those women who dress like they are in the process of undressing but they have not finished. Leave them alone. Most of them are up to no good and will only cost you a whole fortune in one weekend. Instead, get yourself a real woman: There is strength in a real woman... Not these fake chicks that my colleague Mwaba Mutale calls 'Bandits'. Get a woman who will not only support your vision but will also push you to achieve more. A woman who will inspire you to work hard and not a woman who just makes your life hard. He who finds a real woman finds a good thing and obtains favor and power to create wealth.

If you drink, Stop Drinking Cheap Beer: I have no problem with having a drink over the weekend for social interaction and networking. However, when you drink cheap beer, you hang out with cheap people who have cheap ideas and a cheap future. Big business opportunities are found in places where the drinks are expensive. In fact, in places where they sale cheap beer, the only people you will find there are people who will be asking you for money. They even clap when you come knowing 'big buyer' has come...

Stop being Lazy: "Man ooh Man, why art thou Lazy?" You are too lazy for your own good. You sleep the whole day and blame the government for your poverty. "A Little Sleep, a Little Slumber, poverty shall overtake you like a political cadre in overalls". A lot of men are just lazy when it comes to making money. They have enough energy to give a woman five orgasms, but have no energy to start one organization.... that's why it is so easy for men to manufacturer children than it is to make e pegs for putting children's clothes on the line..

Know Productive Things: You know too much about the, UEFA, EPL and LaLiga than you know about the Zimbabwean Stock Exchange and Wall Street... If you keep too much junk in your head, you get a junk life. I know a lot of men who are so sharp when you are talking about girls, about soccer and about street politics, but bring a topic about investment, innovation and business, they start looking at their phone, yawning or saying bye... Useless things, videos and memes go viral fast than constructive things... A man must know how to do at least one productive thing (have one skill) even without having gone to college...

Get Connected to Big Men: A lot of men are failing because they are not mentored. They don't have anyone to whom they can sit down and listen, with obedience. In the old days, old men would sit young men down and show them how to hunt and kill animals... and no man was considered a man enough until he has personally killed an animal... now these men of nowadays are not mentored and can't even kill a bird.. There are men out there who have made it in life, find a way to get mentored by big men who are making waves.... You will thank me later.

Hello Comrades Be the change that you wish to see in future Although it's cool and good to have those we love, remember that time is precious and opportunity is golden Use this precious time to get a golden opportunity in future.

Lovers will never reflect your life in future. Make books your lover and aim beyond the sky because everybody aims at the sky

- L- Lets
- O- Only
- V- Value
- E- Education

Being a comrade apply the formula to enjoy life in KIBU.

Barasa Musee Hezron

looks. person. everything.

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By Joseph Ethan

8 FACTS OF LIFE

1.Nobody is real in this world except your mother.

2.A poor person has no friends, but a group of people with history but no future.

3.People don't like good thoughts, but instead like good

4.People respect money and your possession at large, not the

5. The person you love most will hurt the most.

6.Truth is simple but the moment you start to explain it, it becomes difficult.

7. When you are happy you enjoy the music. But when sad, you enjoy the lyrics.

8.In life, two things defines a person. Patience-when he or she has totally nothing, and attitude-when he or she has now

BY OCHIENG OCHIENG

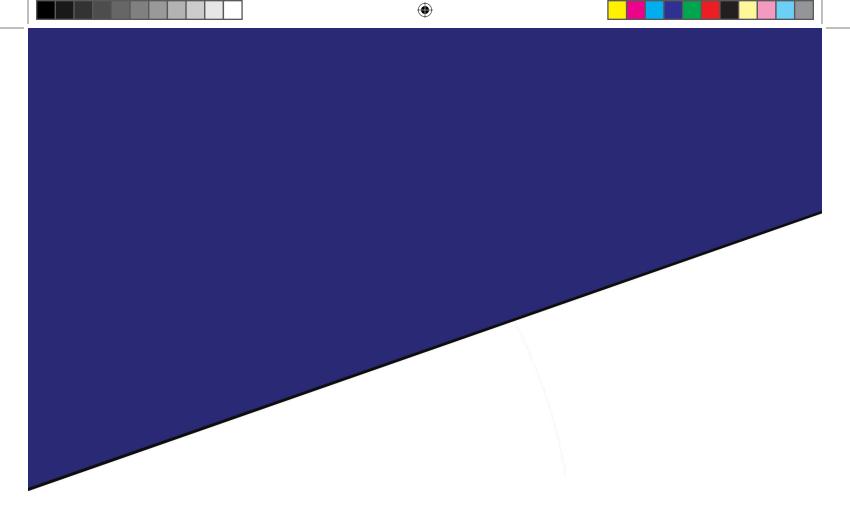


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CULTURAL & CAREER WEEK PICTORIALS.







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